

home
economics
institute
of
australia

ANNUAL REPORT



heia
Home Economics Institute of Australia Inc.

FOREWARD

This year has again been a very different year for the Home Economics Institute of Australia (HEIA). The planning for the year proved rather difficult as rules and regulations changed constantly, and the anxiety over holding events when outbreaks could force closures with a few hours notice meant that many events did not eventuate. Face to face activity ceased, with many professional learning opportunities cancelled or postponed. Divisions went on to host online meetings and professional learning opportunities for members whenever possible. However HEIA persevered and was able to successfully hold its National Conference in September 2021 despite these challenges. The hybrid model was followed which enabled members across Australia to attend either online or in person. The survey following the conference supported this model and is one HEIA will pursue in the future.

HEIA supported the financial affairs and day to day activities of the divisions that became part of the single entity. Three divisions (New South Wales, Queensland and Western Australia) continued to manage their affairs.

This report:

- provides evidence of HEIA's work throughout the year
- identifies initiatives designed to assist members
- demonstrates ways in which HEIA has been recognised as the peak professional body for Australian home economists.

The report has been prepared to serve two purposes. Firstly, by recording HEIA's major activities for the year, members are able to develop a picture of what has happened at national and divisional levels across Australia. Secondly, the Annual Report provides evidence of HEIA's structures and professionalism and is an important document used, for example, when advocating for the profession and when applying to funding authorities for grants to support our work.

Being recognised as an efficient and effective organisation capable of achieving our goals, by both members of HEIA and others in the wider community, is critical to achieving our mission - to enhance the professionalism and political legitimisation of Australian home economists. We welcome your constructive comments about this report and any suggestions you may have to further our work.

I am sure you will enjoy reading the report and will appreciate the achievements of the home economics community.



CHERYL SONTER
PRESIDENT, HEIA INC.

HOME ECONOMICS INSTITUTE OF AUSTRALIA INC.

The mission of the home economics profession in Australia is to educate, inform and act as an advocate to government, industry and the community for families and households, so that individuals can make informed choices in order to enhance their everyday living.

As the peak professional body for home economics professionals in Australia, the Home Economics Institute of Australia Inc. represents the interests of home economists working in education, industry, community services, public health, consumer affairs, and family and household management. The mission of the Institute is to enhance the professionalism and political legitimisation of Australian home economists.

The Institute was established to:

- provide a national focus for home economics and home economists
- promote public recognition of the role of home economists
- set professional standards for the practice of home economics and promote the professional standing of home economists
- encourage and assist home economists with ongoing education and professional development
- encourage, initiate and coordinate research into areas related to home economics
- co-operate and affiliate, at a state, national and international level, with organisations concerned with education and advocacy for families and households in their everyday living.

The mission and focus of the profession are reflected in the Institute's logo. The concentric circles symbolise the family unit within the community and the world as a whole. Through the centre runs the flame of the lamp of learning.



COUNCIL AND THE DIVISIONAL PRESIDENTS

The year 2021 began with the following HEIA Council members:

President

Cheryl Sonter

Immediate Past President

Kay York

Treasurer and Council member, HEIA(V)

Robert Ford

**Executive Officer and Council member,
HEIA(Tas)**

Amanda Sutton

Secretary and Council member, HEIA(NSW)

Susannah Upham

Council member, HEIA(SA)

Sarah Hockey

Council member, HEIA(WA)

Noelene Matthews

Council member, HEIA(ACT)

Janelle Maas

Council member, HEIA(Q)

Ngairé Mayo

The 2021 presidents/chairs of the divisions were as follows:

HEIA(ACT)

Janelle Maas

HEIA(NSW)

Emily Taylor

HEIA(NT)

Tina Sketchley

HEIA(Q)

Rosie Sciacca

HEIA(SA)

Sarah Hockey

HEIA(Tas)

Amanda Sutton

HEIA(V)

Robert Ford

HEIA(WA)

Vacant

Executive

President
Cheryl Sonter
HEIA(V)

Past-President
Kay York
HEIA(Q)

Secretary
Su Upham
HEIA(NSW)

Treasurer
Robert Ford
HEIA(V)

Executive Member
Amanda Sutton
HEIA(Tas)

Janelle Maas
HEIA(ACT)

Su Upham
HEIA(NSW)

Ngaire Mayo
HEIA(Q)

Sarah Hockey
HEIA(SA)

Amanda
Sutton
HEIA(Tas)

Noelene
Matthews
HEIA(WA)

Professional
Development
Su Upham
Convenor

Membership
Kay York
Convenor

Standing Committees

HIGHLIGHTS OF 2021

January - March

- World Home Economics Day, 21 March 2021 - 'Age friendly homes and communities'
- World Home Economics Day celebrations across the country were different this year, including presentation of the King and Amy O'Malley Trust scholars
- HEIA AGM held online for the first time. More members present and involved
- HEIA-McCormick 2021 Flavour Forecast Recipe Challenge launched
- HEIA-McCormick Tertiary Flavour Challenge developed and launched
- VET Fashion Design in Secondary Schools webinar

April - June

- Webinars with members to review Australian Curriculum: Technologies and submit feedback
- HEIA-McCormick 2021 Flavour Forecast Recipe Challenge webinar

July - September

- National Conference held in Brisbane with 170 attending in person and 94 online
- Creative Native Foods webinar

October - December

- Service Award presented to Vicki Potter in Darwin
- World Food Day, October 16. Safe food now for a healthy tomorrow
- Judging of the 2021 HEIA-McCormick Flavour Forecast Recipe Challenge and winners announced
- Judging of the inaugural 2021 HEIA-McCormick Tertiary Flavour Challenge facilitated by Tammie Jakstas, and tertiary winner announced
- Toastie Time for Teachers online networking session
- Term 4 Survival Kit online networking session
- Early release of the 2022 HEIA-McCormick Flavour Forecast Recipe Challenge



EXECUTIVE REPORTS

Presidents' report

2021 was again a very different year for HEIA. With the Australian states going into lockdown, borders closed, and many people working from home throughout the year, face to face meetings and Professional Learning proved troublesome. Members moved to online learning and meetings whenever possible, working from home and teaching classes online for many months. The world of online learning took on a new meaning and importance.

The international theme for the 2021 World Home Economics Day was 'Age friendly homes and communities', which highlighted the accessibility and supportive living environments needed for older people with varying needs and capacities. This theme grew out of the World Health Organisations 'A Decade for Healthy Ageing 2020-2030, and highlighted the need within Australia to consider those in the community who needed the skills of the home economist.

After a tumultuous year, the HEIA National Conference was held in September 2021 using a hybrid model that enabled members across Australia to participate, whether it was online or in person. 170 people were able to attend in person while another 94 joined online. From a financial point of view the commitment of the National Council to invest heavily in the conference was rewarded with only a very small loss of approximately \$2000. We wish to thank the Conference Steering Committee comprising Dr Janet Reynolds, Kay York, Susannah Upham and Marilyn Yates for their dedication and years of work to see this conference come to fruition. Also a big thank you to the various groups and committees who pulled together to host and facilitate the conference. Plans are now underway for the 2024 conference to be held in Adelaide - January 8-10 2024.

The McCormick Flavour Forecast Challenge was extended in 2021 to include universities who offer degrees within the Home Economics field. Despite a difficult year for both students and teachers, the Tertiary winner Liam Gilbert provided a wonderful example with his 'Plants Pushing Boundaries' entry. He was very appreciative of the professional opportunity offered to him as part of the prize. The school national winner was Great Southern Grammar in Western Australia - Congratulations! McCormicks identified that to engage more schools they needed to release the Challenge details before the end of the 2021, which has resulted in the competition details being released in time for teacher planning for 2022.

Significant changes to the membership of the King and Amy O'Malley Trust took place in 2021. Professor Annette Gough stepped down after 15 years on the committee, eleven of them as chairperson. Annette was the community representative and was replaced by Dr Leanne Compton, who had previously held the role of HEIA representative on the Trust. Robert Ford became the HEIA representative and will hold this position on the Trust for the duration of his time on HEIA National Council. Professor Donna Pendergast took on the role of Australian Council of Deans representative on the Trust, replacing Dr Gayle Jenkins who previously held the university role. This means that currently all three members on the Trust's Advisory Committee are HEIA members. Thank you to the King and Amy O'Malley Trust for their support and congratulations to all of the 2021 scholars.

Further congratulations are in order for Vicki Potter on receiving her service award from the Northern Territory Division. Thank you Vicki for your contribution to the organisation.

Throughout 2021, HEIA continued to support the relationship with McCormick and Wool4Schools competitions by presenting learning webinars which were well-received by members. Recordings of these are available on our new YouTube channel. HEIA also worked with ACARA on revising the proposed Technology syllabus. Webinars were held in the various states to discuss and give feedback to ACARA on the proposed syllabus and to contribute a professional voice and represent HEIA's interests in this subject area.

Despite it being another different year for Home Economics Institute of Australia Inc., there was much to celebrate and contribute to the Home Economics profession. I have had the pleasure of being President of HEIA Inc. for this year and have learnt so much. It has been a pleasure working with like-minded individuals to progress the work of HEIA. Our national organisation would not be possible without the dedication of our member volunteers at the national and divisional level and I sincerely thank all members who actively contribute to HEIA.

Cheryl Sonter
President,
HEIA Inc.



Treasurers' report

The Home Economics Institute of Australia Incorporated (HEIA) financial report for 2021 outlines several initiatives undertaken in what was an challenging year for HEIA. The major activities within this portfolio were delivering the National Conference in a hybrid format, production and distribution of Nutrition -The inside Story, and managing funds of the unified divisions.

HEIA National Conference 2021: with the ongoing impact of COVID19 and the postponement of the conference from 2020 to 2021 we received a revised budget outlining saving and additional cost for the technology required to deliver the hybrid program. With a revised program we also had to anticipate the impact on registration number due to the willingness (or otherwise) for members to attend face to face or the online program. All of which anticipated a possibility of a significant deficit. At the conclusion of the event it was pleasing to report that the conference did not return a deficit and almost returned the seed finding provided by National.

Nutrition - The inside story (third edition) printing, storage, and distribution: ongoing cost this year included the final preparation and printing of the text and the storage of the texts. We are now seeing a return on the cost incurred with strong sales to date amounting to \$47,770.

Investment accounts: Isabelle Horne & Beverly Dixon, this year again saw the continuing low returns on our investment accounts with reinvestments receiving little more than 1%. Returns for this year of \$350.46 from the various investment accounts. It is anticipated that we can expect to experience low rates of return on investments for the foreseeable time.

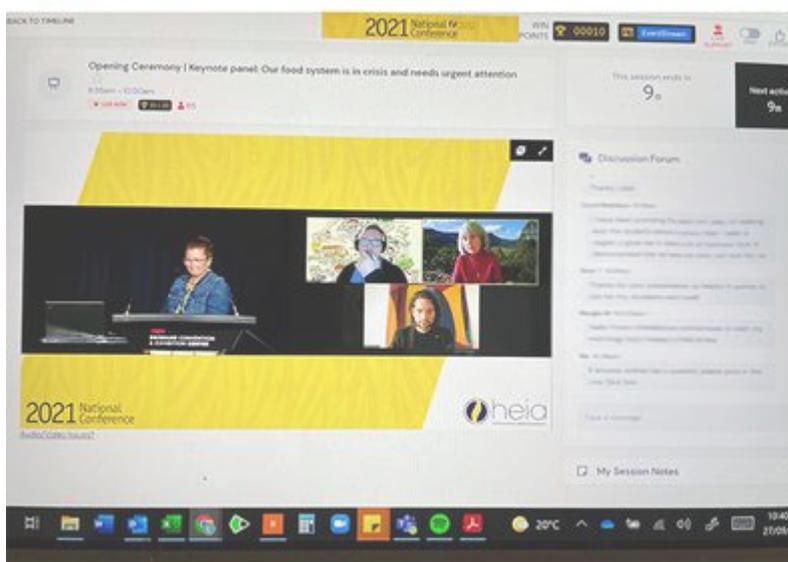
Ongoing costs rose slightly and were associated with the secretarial and membership management services to divisions and additional functions as requested by the unified divisions, employment of an accountant and auditor to support the functions of the treasurer. These services are critical in ensuring support activities at a National and Division level and ensure we are responsive to all our legal obligations.

The allocation of funds to major initiatives and managerial processes combined with a reduction in income from memberships has seen a reduction in the overall net worth of HEIA with total assets for the 2021 year being \$255,185. The two significant contributors to the variation in our position this year are the reduction in memberships and investment in Nutrition - The inside Story and sponsorship opportunities.

The impact of COVID could reasonably be seen as a contributor to the reduction in new and/or renewing membership and we did not see the traditional spike in memberships in a National Conference year. As we move into the post COVID19 'new normal' it will be important to consider what strategies we can employ to reengage with members and find new members.

Details of the balance sheet and financial assets of the organisation are found in the audit report tabled as a separate document. Conducted by: Colleen Hennequin & Associates, PO Box 773, Beaconsfield, Vitoria 3807.

Robert Ford
Treasurer, HEIA Inc.



Profit & Loss statement

	2021 \$	2020 \$
Income		
Membership Fees	83,279	103,199
Non Operating Income		61,657
Copyright fees	5,017	5,117
Copyright fees - NIS second edition	765	1,090
Copyright fees - NIS third edition	41,201	31,997
Merchandise - Sales	1,331	773
Conference Registrations		26,420
Donations received		23,519
Interest received	350	1,269
Other income	9,963	
National Events	183	531
Professional fees - Services	2,129	187
Sponsorship Income		1,500
Total income	144,220	257,258
Expenses		
Accountancy	4,706	3,250
Advertising & promotion		359
Audit fees	1,400	1,200
Bank fees & charges	230	103
Capitation	35,557	56,011
Computer Expenses	2,373	3,429
Conference/Seminar costs	24,079	9,738
Amortisation NPP	2,526	1,165
Gifts & Gratuities	2,349	214
Hire/Rent of plant & equipment	7,778	3,263
Insurance	1,252	1,076
Newsletters	1,150	1,025
Postage, Shipping & Freight	1,292	177
Printing & stationery	1,940	1,567
Professional fees	24,026	95,142
Repairs & maintenance	17	
Subscriptions	3,402	2,394
Subcontractors	57,242	55,386
Telephone	300	273
Travel, accommodation & conference		14
Website Expenses	2,286	934
Total expenses	173,906	236,719
Profit (loss) from ordinary activities before income tax	(29,686)	20,540
Income tax revenue relating to ordinary activities		
Net profit (loss) attributable to the association	(29,686)	20,540
Total changes in equity of the association	(29,686)	20,540
Opening retained profits	379,689	359,149
Net profit (loss) attributable to the association	(29,686)	20,540
Closing retained profits	350,002	379,689

Balance sheet

	2021 \$	2020 \$
Cash Flow From Operating Activities		
Receipts from customers	146,308	250,859
Payments to Suppliers and employees	(181,027)	(206,971)
Interest received	350	1,269
Net cash provided by (used in) operating activities (note 2)	<u>(34,369)</u>	<u>45,157</u>
Cash Flow From Investing Activities		
Payment for:		
Payments for property, plant and equipment	<u></u>	<u>(7,480)</u>
Net cash provided by (used in) investing activities	<u></u>	<u>(7,480)</u>
Net increase (decrease) in cash held	(34,369)	37,677
Cash at the beginning of the year	<u>390,019</u>	<u>352,342</u>
Cash at the end of the year (note 1)	<u><u>355,651</u></u>	<u><u>390,019</u></u>
	2021	2020

Note 1. Reconciliation Of Cash

For the purposes of the statement of cash flows, cash includes cash on hand and in banks and investments in money market instruments, net of outstanding bank overdrafts.

Cash at the end of the year as shown in the statement of cash flows is reconciled to the related items in the balance sheet as follows:

Cash at bank CBA 5260	156,185	177,075
Cash at Bank - CBA 8577	26,991	26,988
Cash at bank - CBA 6224	35,285	48,731
Cash at bank - CBA 8585	53,014	52,987
Short term deposits - CBA 5346	63,522	63,322
Short term deposits - CBA 0545	10,120	10,099
Short term deposits - CBA 9780	10,357	10,283
Paypal	179	535
	<u>355,651</u>	<u>390,019</u>

Note 2. Reconciliation Of Net Cash Provided By/Used In Operating Activities To Operating Profit After Income Tax

Operating profit after income tax	(29,686)	20,540
Amortisation	2,526	1,165
Changes in assets and liabilities net of effects of purchases and disposals of controlled entities:		
(Increase) decrease in trade and term debtors	2,439	(5,130)
Increase (decrease) in trade creditors and accruals	(11,676)	26,142
Increase (decrease) in sundry provisions	2,029	2,440
Net cash provided by (used in) operating activities	<u>(34,369)</u>	<u>45,157</u>

STANDING COMMITTEE REPORTS

Membership Standing Committee

Like most organisations throughout the last two years, the Institute continued to feel the impacts of COVID-19 as people and schools reviewed their costs and tightened their budgets. As such, 2021 saw membership numbers decline for the second year in a row.

Kay York, Convenor

Table 1: Membership summary to December 2021

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	Category %
Associate	0	0	0	2	0	0	0	1	3	0.34%
Full	3	10	5	61	33	6	20	57	195	22.01%
NIPE	3	6	0	8	2	6	3	7	35	3.95%
Overseas	0	0	0	1	0	0	0	0	1	0.11%
SMCP (contact person)	3	3	3	79	29	3	5	25	150	16.93%
SMNCP (non-contact person)	12	8	12	212	103	6	17	97	467	52.71%
Student	0	1	2	6	3	0	10	13	35	3.95%
TOTAL	21	28	22	369	170	21	55	200	886	

Table 2: Membership summary to December 2020

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	Category %
Associate	0	0	0	0	0	0	1	1	2	0.17%
Full	2	12	12	53	45	10	21	53	208	17.81%
NIPE	3	9	1	10	2	5	3	6	39	3.34%
Overseas	0	0	0	1	1	0	0	0	2	0.17%
SMCP (contact person)	4	3	4	94	43	10	7	33	198	16.95%
SMNCP (non-contact person)	14	13	16	331	148	28	25	117	692	59.25%
Student	0	0	0	4	7	0	10	6	27	2.31%
TOTAL	23	37	33	493	246	53	67	216	1168	

Numbers were summarised for the corresponding two-year period as evident in Tables 1 and 2. From 2020 to 2021, there has been a decrease of 300 members in total.

Professional Development Standing Committee (PDSC)

HEIA 2021 National Conference - 'igniting critical agendas'

Wow, what a year! It was wonderful to finally be able to host the National Conference in September 2021. Of course, the most important outcome of the conference is the strengthening of HEIA members and profession and to this end the conference was once again a triumph. In a time when memberships across all organisations are waning, the conference coincided with a boost in HEIA membership numbers and speaks to the high regard in which this event is held. The theme 'igniting critical agendas' seemed to strike the right cord with our membership and profession.

As the conference was postponed from 2020 and there had been considerable work and expense in preparing for the conference Council made a decision for it to become a hybrid conference in 2021. This meant delegates who were unable to travel due to border closures would be able to attend virtually. The hybrid event was a huge success. The final budget for the conference was a loss of \$5,432.33 which was lessened further by a BAS refund of \$2,158.

The program evaluations were very positive for both the in-person and online delegates. Rosemary Stanton, Joel Gilmore and Stacey Rogers rated extremely highly, as did the majority of the concurrent sessions and site visits. The pre- and post-conference tours rated very highly. Credit goes to the academic committee for their excellent sourcing of high-quality presenters and to the many members of HEIA who stepped up to give a presentation. HEIA is grateful that so many members were willing to put in the preparation required to produce these highly quality sessions.

The host committee organised amazing experiences for our delegates and had to work particularly hard during the conference, as many additional helpers who would normally have been there to share the load were unable to attend as the state borders were closed. This left only a few to do the work of many on the ground in Brisbane.

HEIA would like to thank Expert Events, our professional conference organiser for their flexibility into the uncharted territory of hybrid events in the new COVID reality. HEIA has enjoyed working with them as they understand the particular high standards that HEIA have for delegate experiences at HEIA conferences, and their attention to detail makes the conferences so well renowned.

Finally, HEIA owes a great debt of gratitude to Dr Janet Reynolds, who has worked tirelessly on this conference through every twist and turn. Her leadership is an inspiration to all who are fortunate to work with her as she brings vision and wisdom to the conference committees.

Planning also started on the 2024 conference, to be held in Adelaide January 8-10.

HEIA 2021 Webinars

In the year of a National Conference the webinar series was quieter due to members being occupied with planning the conference. HEIA acknowledges the hard work that was put into these events. Some of these webinars were well attended, while others provided a more intimate atmosphere for delegates who ultimately feel more connected to the organisation having attended and interacted with each other.

One trend that in 2021 is the tendency of delegates to sign up for a webinar on the day or day before the event. HEIA has learnt that to go ahead with a webinar even when numbers appear low.

March - World Home Economics Day celebration

March - VET Fashion Design in Secondary Schools was our most attended session of the year

August - You are what you eat... are we really Australian webinar - another very successful session

Oct - Toastie Time for Teachers

Nov - Term 4 Survival Kit -Teacher Wellbeing and better methods for marking

Susannah Upham, Convenor

DIVISIONAL REPORTS

Western Australia (WA)

2021 saw the continuation of the 'WA bubble' where Government policies, public compliance and perhaps good luck saw most West Australians continue to enjoy relatively normal daily lives. Education was able to continue face to face after a short delay to the start of the school year. Mask wearing was required at times and the use of social distancing and the WA safe app seemed to ebb and flow in relation to the perceived risk. After 2020 where conferences and meetings were cancelled, 2021 saw a return to business as usual with the understanding that plans may need to change as and when the need arose.

On March 19th 2021, HEIAWA was able to celebrate World Home Economics Day with a sundowner held at The Rise restaurant overlooking City Beach. In light of the 12 month postponement of WHED celebrations due to COVID 19 restrictions, it was especially pleasing to see so many of our members enjoying the opportunity to catch up with colleagues socially. It was an evening to acknowledge achievements. Certificates were awarded to the recipients of the O'Malley Scholarship, Lisa De Frank, Kayley Fisher, Hannah Baverstock, Beth Robertson and Courtenay Ellett, by the Chair of the WA State Selection Panel, Sandy Smith. This was followed by the presentation by WA Life Member and Fellow of HEIA, Marilyn Yates, of certificates to those people who have been members of HEIA(WA) for 10+ years. Marilyn also presented HEIA National Service Awards to Noelene Matthews and Barbara Woulfe, who have contributed so much to HEIA(WA) over a long period of time.

In 2021 we farewelled the retiring members of the Committee of Management (COM), Liesl DeVries, Ellen Morrow, Jen Rule, Barbara Woulfe and Sandy Smith, who had stepped down as our President. While the number of years they had been on the committee and the roles they filled varied, their voluntary contributions were sincerely acknowledged. While some key roles remained vacant during 2021, we welcomed, Fiona Lang as secretary, Judy Ialacci COM member and Beth Robertson and Hannah Baverstock as student representatives.

Lyn Dymond's ongoing commitment to the HEIAWA committee and members saw her work 'above and beyond' to develop and coordinate a variety of professional development opportunities in 2021. While some activities were a continuation of what had occurred previously, others provided new and different opportunities for members and the wider education community. Professional Development continued to remain a key focus of HEIAWA, not only to update and upskill teachers, but also to provide opportunities for members to collaborate with colleagues and expand their professional networks.

In June, HEIAWA and the WA branch of Design and Technologies Teachers' Association (DATTA) combined forces to present a one day conference for teachers of Materials, Design & Technology. In WA the Year 11 & 12 subject, Materials, Design & Technologies can be studied in the context of Wood, Metal or Textiles with the syllabus document covering the three contexts. The two associations presenting this combined conference, signified an effort to ensure consistencies in this subject area across the contexts. The aim of this one-day conference was to encourage teachers to collaborate within their schools and share their combined resources and expertise to ensure that their students are given every opportunity to achieve their potential. This conference broadened the scope of workshops that were offered and teachers from both DATTA and HEIAWA took the opportunity to attend sessions that traditionally would not have been offered. Thanks was extended to the co-convenors of the conference, Matt Schlueter from DATTA and Lyn Dymond from HEIAWA and The School of Education at Edith Cowan University, who hosted the event.

The theme for Science week 2021 was Food: Different by Design. This provided an opportunity for the Science Teachers' Association of WA (STAWA) and HEIAWA to join forces to present a combined conference during the July school holidays at Penrhos College.

The Keynote speaker for the conference was Dr Michael Robertson, the Deputy Director for Agriculture and Food at the CSIRO. His topic, Consumer trends driving food science innovations, examined how new technology in food processing, safety and formulation generates innovative food products for the domestic and export markets.

Following the Keynote, there were five sessions that delegates could attend. These included sessions such as the functional properties of food, Farm to Fork; a transformational game for lower school students and Fighting Food Waste; How the City of Cockburn has reduced the amount of food waste going to landfill.

Associate Professor Vicky Solah, discussed her research into consumption of foods with different starch and protein composition and the slower release of carbohydrates and the effect this has on postprandial glycaemia and satiety (Feelings of Fullness or Hunger).

Dr Liezhou Zhong presented a fascinating session on 3D food printing as a means to improve the nutrition of older individuals and concurrently reduce food waste.

John Clarke, CEO of STAWA, Lyn Dymond, conference coordinator for HEIAWA and Jen Rule, home economics teacher at Penrhos College were instrumental in coordinating and providing this excellent professional development opportunity.



In November, teachers of Children, Family and the Community attended the annual subject based conference. The Keynote address, Everyone deserves a second chance, was delivered by Jade Lewis. Jade founded the not-for-profit organisation, Yellow Ribbon Project, which advocates for a second chance for female prisoners. A variety of topics, which were developed in response to feedback from members. were covered in the remaining sessions.

The final professional learning session for the year, conducted by Jen Wheatley, Principal Consultant, School Curriculum and Standards Authority, was an assessment task review for teachers of Food Science & Technology, which was held at Perth Modern School.

Although it has been a challenging year for the COM, HEIAWA has communicated with members via email and HEIA newsletters and social media. Thanks are extended to all members who have assisted throughout 2021.

**Noelene Matthews & Lyn Dymond
Committee of Management, HEIA(WA)**



South Australia (SA)

After a tumultuous year in 2020, we returned to our core values in 2021 and focused on creating a supportive network for South Australian teachers. We were fortunate enough to be able to host several professional learning opportunities as well as networking events and support for teachers via social media.

We were able to host our first planned Professional Learning event early in February, which was our annual SACE workshop. The event was well received, with over 50 teachers of senior Home Economics related subjects joining together to hear up to date information from relevant SACE Officers, as well as time to chat and plan for the year ahead.

Our WHED celebrations were a wonderful time of networking and reflection and a great opportunity to recognise our award winners for the year. WHED was held at Lot 100 in the lovely Adelaide Hills. We hosted the award ceremony on the lush lawns overlooking the kitchen garden and surrounding vineyards and then shared a meal and sampled the local wines and gins. Our 2021 award recipients included:

- HEIA SA Award for Excellence: Renee Wood
- Resek Award: Natasha Slee
- King & O'Malley Trust Scholarship: Natasha Slee & Tori Voumard

In the Term 1 break we hosted a practical workshop at Regency TAFE exploring 'Contemporary Plated Desserts'. Participants learnt all sorts of tricks and tips on plating desserts with a focus on chocolate work. Thanks to Paul Herbig and the staff at TAFE for providing this opportunity.

As part of World Teachers Day celebrations in South Australia, and in recognition of their hard work and invaluable input into HEIA(SA), a number of members of our Committee of Management were invited by the Teachers Registration Board of SA at an event at the National Wine Centre. Renee Wood was again recognised for the HEIA SA Award for Excellence.

In November, we held a Curriculum Inspiration Day at Regency TAFE, which was a great chance to touch base with teachers from all over the state to reflect on their year and get excited for the year ahead. Presenters and topics included:

- Hannah Rohrlach & Stephanie Daughtry - Post Dining
- Amanda Kelly - The Root Cause
- Susan Brandt - National Conference Summary and Upcycling in Textiles
- Ruby Page - Icebreaker Ideas
- Natasha Slee - Escape Rooms and PlayWorlds
- Frank Hero and Amelia Daw - TAFE SA

Finally, we finished the year with a casual dinner in the city centre. This was a great opportunity to network, reflect and share. Thank you to Deb Halse for organising a wonderful night and superb venue.

Personally, I would like to take this opportunity to thank everyone who has contributed to HEIA(SA) over the last twelve months, but particularly to the current members of the Committee of Management, who have been so supportive in what has been another unique and challenging year! And to Renee Wilson who works so tirelessly behind the scenes to make sure our events all run smoothly. 2021 is my final year as President/Chairperson of HEIA(SA). It has been an absolute pleasure.

Sarah Hockey
Chairperson
HEIA(SA)



Victoria (V)

2021 was a challenging year - more so than 2020 and the Victorian Committee of Management had planned several events to re-engage with our members, but we were dashed every time with the ongoing rolling lockdowns in Victoria.

To support our members, we undertook the following initiatives:
Maintaining the repository of resources that members had developed and share, and offering a \$100 support (refund) to members attending the HEIA National conference - in person or online.

We also welcomed our new King and Amy O'Malley scholarship recipients for the year - Sarah Mai, Rory Maxwell Nuttall, Evette Fuller and Stefanie Carino. Unfortunately, as we were unable to host an event, we have undertaken to invite this group of Scholars to the 2022 Scholars event.

Robert Ford
Chairperson, HEIA(V)

Northern Territory (NT)

2021 was a busy year for the Northern Territory (NT) Division, especially as we were fortunate to be fairly unscathed by the COVID-19 pandemic. The Committee of Management (COM) who worked hard to provide a diverse range of events this year were Tina Sketchley (Chairperson and Council Member), Simon Barton, Alice Hooper, Bonnie Spry and Jenny Unwin. The COM met face-to-face at least once per school term; and, when required, virtually. Alice Hooper observed two online Council Meetings, which assisted to foster familiarity and learn about HEIA beyond the NT. The main focus for the NT COM was the management of the two professional learning (PL) grants received from the Professional Teachers' Association of the Northern Territory (PTANT). These grants provided many opportunities for members to attend PL events.

Membership fluctuated slightly as the year progressed, generally due to staff changes in schools, teachers retiring and some leaving the NT. Membership included individual and school members, with most being school-based teachers in Darwin. Four members were based in a remote setting – Alice Springs, Katherine and Wadeye. Several members were the recipients of membership recognitions this year, with Penny McIntyre reaching 20 years of HEIA membership. Others who reached time milestones were Mek Venes and myself (15 years respectively); Sue Neal (10 years); and, Wayan Chambers and Natasha Johnston (5 years respectively). Three new members joined - two were added to existing school memberships; and, one student membership: a dietitian undertaking a PhD on food insecurity in remote NT.

The annual 'Meet & Greet' was an impromptu event organised to coincide with two remote members being in Darwin, considering these members often miss out on our networking events. On the evening before teachers commenced the school year in January, a handful of members enjoyed discussing their year ahead during a cool afternoon tea at The Precinct, Darwin Waterfront.

On Saturday 20 March, eight participants (seven members and one non-member) attended a hands-on Bao Workshop at the Darwin Language Centre. Angela Leung, originally from Hong Kong, showed participants how to make and shape the bao dough with meat and vegetarian fillings. Angela explained Chinese traditions as she demonstrated the tricks to perfect the steaming of the dumplings. This workshop preceded the World Home Economics Day celebrations at the Darwin Sailing Club, which included fantastic food and conversation. Two COM members – Jenny Unwin and I - were acknowledged for their significant contribution to ensuring HEIA(NT) deregistered according to the Associations Act 2003 (NT). As the Public Officer for one decade, Jenny submitted the correct paperwork in the timeframes provided and thus prevented HEIA(NT) from ever being fined – an unfortunate outcome that has occurred to other volunteer-run associations in the NT. I was also acknowledged for nurturing new members to the current COM to ensure the longevity of home economics in the NT.

Despite being poorly attended, I hosted a 'Coffee & Curriculum' Community of Practice at the Foreshore Café in Nightcliff on 27 May. A robust sharing of practice, frustrations and resources aimed at the Middle School Years occurred as we enjoyed a coffee with a sea vista. I also attended several meetings and workshops that related to the Australian Curriculum Reviews. As PL event numbers had been low and since HEIA Inc. hosted several online feedback sessions, the COM decided that an event to provide feedback from a local NT perspective was not required.

Long-standing HEIA and past COM member, Vicki Potter, kindly represented HEIA(NT) on the Steering Committee for the PTANT's 2021 Festival of Teaching (FoT): a one-day biennial PL event held on Saturday 28 August 2021 at Palmerston Senior College. Vicki's time, effort and expertise were greatly appreciated by the COM, as it allowed more time to focus on securing several presenters for the day. A PTANT PL grant funded the FoT presenters, plus two remote members were awarded scholarships to attend the event. Overall, fourteen HEIA(NT) members attended the FoT and were able to choose from 58 professional learning sessions spanning the curriculum and all levels of schooling.

HEIA(NT) was represented by three presenters at the FoT. They did a wonderful job of educating, advocating and informing delegates about the very essence home economics education stands for. Lyndal Carbery, from Early Puberty Guidance (EPG) Australia, shared her knowledge and strategies about changing the dialogue around puberty. Penny McIntyre, from GAP Education Services, and a long-standing member and past-President of HEIA(NT), guided delegates through Project Groceries, which they found to be a user-friendly, time-saving and useful product for food ordering. Rena Stanton, a Kungarakan First Nation person and consultant to Childwise, linked her presentation to the Professional Standards for Teachers 1.4 and 2.4 by explaining identity through her family tree and history of her country. Unfortunately, COVID-related lockdowns and restrictions meant interstate presenters, Kay York and past-member of HEIA(NT), Carmel Glasgow, could not present as planned.

A PTANT PL grant enabled eleven NT members to be awarded with a HEIA National Conference Scholarship. These members accessed up to \$1000 for assistance with registration and travel, with eight who had planned to attend Brisbane for the conference. I hosted a virtual 'Meet & Greet' prior to the Conference in an attempt to connect these members; however, only three attended. In the end, only two members actually attended the conference in person due to COVID-19 uncertainties and the rest attended virtually. Overall, the feedback from both formats was highly positive. Being able to access more sessions and listen to them for 28 days after the conference was a definite highlight.

On Thursday 28 October, Vicki Potter hosted a PL workshop on 'Food Styling and Photography Tips' at Darwin High School. Nine participants enjoyed learning the tips and tricks of food styling from Gayle Raymond, a photographer from Up Here Photography. It was a fantastic networking event, especially as we three participants from two different local food and hospitality establishments attended.

On Tuesday 7 December 2021, twelve members farewelled 2021 in style at the Stonehouse Wine Bar & Kitchen. It was also an opportunity to acknowledge, congratulate and celebrate the hard work and dedication of the 2021 COM, several long-term members, and Vicki Potter's contributions to HEIA. Vicki received a well-deserved HEIA Inc. Service Award. She is a highly diligent, professional and committed HEIA member. Vicki has been an active COM member in two divisions - HEIA(QLD) and HEIA(NT) - since joining in 1999. From 2010, Vicki shared her acquired knowledge and experience from Queensland by refining the meeting and governance procedures of HEIA(NT). Vicki has organised regular professional learning events so members could experience a broad range of activities that contributed to their professional knowledge and skills. She has represented HEIA(NT) on the Steering Committees for the biennial FoT coordinated by PTANT since 2014. She also assisted Jan Reynolds with the third edition of Nutrition - The inside story.

On a final note, the administration required to manage PTANT's grants and subsequent scholarships for members is huge. HEIA(NT) was fortunate to benefit from the streamlining processes undertaken by the HEIA Inc. Administration Manager, Renee Wilson. Much gratitude from the NT COM for Renee's commitment to HEIA.

Tina Sketchley
Chairperson
HEIA(NT)



Queensland (Q)

As we ventured into 2021, all hopes were on returning to pre-COVID times filled with a diversity of in-person networking events. Alas, whilst there were some glimmers of 'normalcy', these were often fraught with uncertainty and forced us to respond in alternative ways to meet the needs of our members.

The year commenced with a World Home Economics Day celebration at Brisbane City Hall, with members enjoying a scrumptious high tea at their iconic Shingle Inn before exploring the Bauhaus Now Exhibition at the Museum of Brisbane (located inside City Hall). Whilst only a few members were able to join us, the intimate gathering offered a wonderful opportunity to catch up with old friends, meet new colleagues, and engage in rich discussions about issues in Home Economics education contexts.

2021 saw HEIA(Q) continue with an online Annual General Meeting format. At the AGM, we farewelled committee member Sharyn Laidlaw and welcomed Phoebe Hanau and Bridget Schultz. Returning to their positions were Rosie Sciacca to the role of President, Aileen Lockhart to the role of Vice-President, Nicole Stanway to the role of Secretary, Madeline Fagan to the role of Treasurer and members of the committee Kay York, Bronte Wills, Ngaire Mayo who continued in her role as Council Representative, and Janet Reynolds, who continued in her role as Professional Development coordinator and Newsletter Editor. As with 2021, HEIA(Q) continued to conduct their meetings online through the Zoom platform. The change to the online meeting structure as facilitated not only more efficient time management and meeting times for members, but also supports the participation of members across Queensland as location constraints have been alleviated.

With Queensland's strategic management of COVID outbreaks, it was not feasible to conduct in-person professional development sessions for our members. Instead, HEIA(Q) capitalised on their Zoom account and used the platform to offer communities of practice to network on senior syllabus matters and to provide feedback on the draft Australian Curriculum. It was wonderful to see members from across Australia easily engage with these sessions and it is hoped that we will expand these opportunities in 2022.

This year, contributing to the review of the Australian Curriculum was a key priority for HEIA(Q). HEIA(Q) was involved in reference groups and forums at both a QCAA and ACARA level to contribute to discussions regarding both the Technologies and the Health and Physical Education curriculums.

When the draft documents were released, HEIA(Q) invited its members to provide their feedback in online forums and this informed HEIA(Q)'s response to both curriculums. We wait with anticipation for the final versions to be released so that we can work with our members to support improvements to our collective understanding of our place in both curriculums and how our practice must align with the curriculum intent to not only support effective learning outcomes across P - 12, but also to fortify the relevance and value of our subject areas.

A highlight of the year was hosting the HEIA National Conference held in the September holidays. After many months of not being able to meet in person, it was wonderful to network with colleagues from across Australia during the conference and through the diverse events the Queensland host committee organised, including the Welcome Reception, conference dinner and the pre and post conference tours. Sincere thanks must go to the Queensland delegates who so graciously gave of their time over the past few years to organise (and continue to reorganise in line with COVID changes) these events. Thanks must also go to all of the delegates who contributed to the success of the conference; whether you were presenting, collecting tickets, chairing a session, contributing to the in-person and online discussion, or one of the many other jobs, collectively you were the foundation of the conference.

At the Welcome Reception, it was HEIA(Q) delight to be able to announce the recipients of the Dr Janet Reynolds Award for Service to HEIA(Q) and the HEIA(Q) Teacher Excellence Awards. In 2021, the Dr Janet Reynolds Service Award was awarded to a very deserving Kay York in recognition for the multitude of ways she has served the members of HEIA(Q) including, but not limited to, her leadership of committees, the delivery of professional learning opportunities, contributing to the development of resources and her work to ensure HEIA remains future-focussed. Congratulations must also go to the four recipients of the 2021 HEIA(Q) Teacher Excellence Awards, Catherine Strickland, Jo Wickham, Kate Moretto, and Terasa Wedley. These member epitomise the term 'collegiality' and are exemplary advocates for the Home Economics profession.

Congratulations to the 2021 King and Amy O'Malley Trust undergraduate scholars Candice Bek, Ionia McLay, Sarah McManus and Bronte Wills, and to the postgraduate scholars Lyn McErlean, Holly Savill and Courtney Thompson. It is fantastic to see so many recipients at a Queensland level from diverse Home Economics contexts.

To round off our celebrations, congratulations to One School Global who were the Queensland winners of the 2021 McCormick Flavour Forecast Recipe Challenge. Yet again the budding food technologists developed and refined innovative dishes. Thank you to their teachers who supported them with this challenge and afforded them the opportunity to engage in real-life food design contexts. We look forward to the creative dishes that 2022 will bring!

Whilst 2021 'looked' a little different to how HEIA(Q) usually operates, different brings with it constructive changes and exciting opportunities. Together, the 2021 HEIA(Q) Committee of Management have worked collaborative to navigate the ever-changing landscape and provide opportunities for members to be informed, to advocate for changes and to empower each other to improve our practice. The success of HEIA(Q) and our member opportunities is attributed to the valued contributions of our members and our Committee of Management. Thank you to all who have supported HEIA(Q) and its members in 2021.

Rosie Sciacca
President, HEIA(Q)

Tasmania (Tas)

'Sometimes in the wind of change we find our true direction'

In 2021 the new Committee of Management prioritised e-learning, video-conferencing and online education as well as interesting face to face workshops and events to meet the needs of our members.

HEIA Tas decided to undertake three challenges:

- Setting up an event in March in collaboration with The Cannery at Cygnet providing members with an opportunity to visit their garden and sit down to a lunch with food freshly picked that day. The Cannery is a social enterprise with a purpose, interconnecting food, beverage and agriculture related businesses. The multi species farm is 140 acres of mixed pasture and bush showcasing efficient small scale farm management. The Cannery also offers round table discussions on the Future of Food. Members attended the Regenerative farming talk with strategies for sustainable future in farming in June.

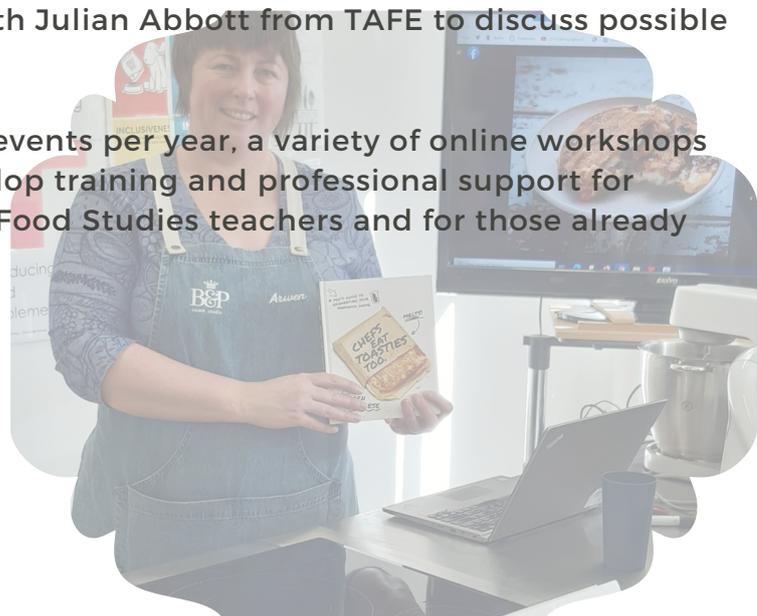
- Setting up professional learning opportunities online. Two workshops were presented. HEIA invited Arwen Genge, a thermomix specialist to present recipes from Darren Purchase's cookbook 'Chefs eat toasties too' with a mouth-watering apple and berry custard jaffle for dessert. Sue Upham collaborated with HEIA TAS for the second workshop 'Term 4 Survival kit'. Both workshops were well attended by members across Australia.
- And finally, investigating what is happening in schools and what the future for Food and Technology teachers might be in Tasmania. In collaboration with the Tasmanian Hospitality Association an email was sent out to teachers late December 2021 asking them about their current teaching situation. The number of fully trained teachers is dwindling in Tasmania as most schools choose to ask teachers with no training to undertake food studies or hospitality and catering programs causing a heavy workload for the trained teacher supporting them and distress to teachers without the knowledge and competence to manage ever increasing class sizes.

For the past three years there have been no graduates either with a Bachelor of Arts (Applied Learning) at UTAS so there were no King and Amy O'Malley recipients this year.

The COM has decided to focus on attracting new members as well as collaborating with all stakeholders in Tasmania to create a clear vocational pathway for teachers who want to teach Food Studies in 2022. Preliminary discussions have been held with Roger O'Meagher from the Tasmanian Hospitality Association which has received grants to set up short courses for students and could now offer courses for teachers currently teaching Food Studies. Discussions will continue with Sandra Marshall Curriculum Lead - Vocational Education and Training from the Department of Education to develop a training program for teachers and facilitate fast tracking of TAFE teachers as well as experienced Hospitality experts to the classroom. A future discussion is being planned with Julian Abbott from TAFE to discuss possible pathways.

The COM is committed to two events per year, a variety of online workshops and pursuing a project to develop training and professional support for teachers who would like to be Food Studies teachers and for those already teaching.

Amanda Sutton
Chairperson
HEIA(Tas)



New South Wales (NSW)

2021 has been an unpredictable year with the pandemic continuing to prevent us from holding our regular face-to-face events. Despite COVID we have managed to advocate and support our members.

We have as an association continued to work with NESAs on the NSW curriculum review to provide feedback on this and advocate for our members. We have provided suggestions for syllabus writers and Technical Advisory groups, and along with the other Technology Associations in New South Wales we have collaboratively participated in advocacy for our common subject areas. Our secretary and immediate past-president Susannah Upham continued to engage with ACARA as a member of the digital technologies and technologies implementation group on the ACARA National Curriculum review.

Committee member Tammie Jakstas has continued to work hard for HEIA by presenting at a local conference on contemporary Nutrition issues. Tammie has also been working hard to start the tertiary McCormick flavour challenge, which was a great success, to do this she was able to collaborate with University partners and McCormick and she should be congratulated on her efforts with this task which brings HEIA into further contact with tertiary students. This work cumulated in HEIA attending the Australian Catholic University's Awards night to present the award and prize to the winner.

We have continued to build our relationship with Australian Catholic University where Tammie Jakstas has worked closely with the university and HEIA(NSW) was able to present an award for the top Food Technology student at their excellent Annual Technology Exhibition. This exhibition provides students the opportunity to present their major projects that they do as a part of their studies in their third year. This provides us with an invaluable opportunity to welcome the students to the profession as well as support and encourage students as they work towards the completion of their degrees

The pandemic and restrictions that go with that has provided opportunities for us to engage with our members more in the online space. We have been able to launch our Communities of Practice program, where we had a focus to start with of effective remote teaching where Susannah Upham gave a presentation about effective strategies for teaching online. The members who came to this community of practice found it a good opportunity to gain support during the difficult time of remote learning, as well as a chance to connect with other teachers and get some new ideas.

At our 2020-21 Annual General meeting we had the opportunity to welcome two new members to our committee, Lissa Carter and Allison Pace.

Emily Taylor
President, HEIA(NSW)

COMPETITIONS

HEIA-McCormick 2021 Flavour Forecast Recipe Challenge

Congratulations to our school winners for 2021;

- National and WA state winner: Great Southern Grammar, WA
- QLD: OneSchool Global, Toowoomba, QLD
- VIC/TAS: Mentone Girls' Grammar School, VIC
- SA/NT: Thomas More College, SA

*Images below are from the Great Southern Grammar winning recipes.



HEIA-McCormick 2021 Tertiary Recipe Challenge

In October 2021, a trial of the HEIA-McCormick Flavour Challenge was extended to tertiary students in a selection of Universities' across NSW and Victoria for the first Tertiary Flavour Challenge.

The challenge is hoped to inspire tertiary students across the different disciplines of Home Economics including education, food science and nutrition to be resourceful and creative in applying recipe techniques and experimenting with new foods and flavours. Within our professions we have the chance to remind people of the need to develop these key food preparation skills and the fun in experimenting with new foods and flavours.

We were very pleased to announce our first Tertiary Flavour Challenge winner from The Australian Catholic University, Liam Gilbert. The Plants Pushing Boundaries category provided such scope to experiment with a range of vegetables with our winner creating an inspiring Vegetable stack with a 'twist'.

Students were encouraged to select from a list of unfamiliar vegetables to experiment with in their recipe creation process, with the winning dish incorporating eggplant, black beans, oyster mushrooms and purple sweet potato.

We congratulate our first Tertiary Student Winner and thank all those who contributed their time to developing the challenge for the tertiary space.

Tammie Jakstas
HEIA(NSW) Committee Member



NATIONAL AWARDS & SCHOLARSHIPS

National HEIA Awards

Fellowship Award No Fellowship Awards were presented in 2021

Leadership Award No Leadership Awards were presented in 2021

Service Award Vicki Potter (Northern Territory Division)

King and Amy O'Malley Trust Scholarships

In 2021, the King and Amy O'Malley Trust provided scholarships for 20 students undertaking undergraduate or postgraduate studies in home economics, with many of them HEIA members. The recipients were:

Victoria

- Sarah Mai
- Rory Nuttall
- Evette Fuller
- Stefanie Carino
- Claire Bristow

Queensland

- Ale Ingabire
- Rose Gray
- Courtney Thompson
- Holly Savill

South Australia

- Natasha Slee
- Tori Voumard
- Georgia Middleton

New South Wales

- Roberta Asher
- Shirin Shakeri
- Jordan Stanford

Western Australia

- Hannah Baverstock
- Beth Robertson
- Courteney Ellett
- Jennifer Lake

Australian Capital Territory

- Peta Craig

