



Tips for writing your justification

Global Finds

If using the trend, Global Finds, consider:

- How does your dish represent the Global Finds theme?
- Why you select the ingredients for your dukkah blend?
- How does your dish hero the dukkah blend?
- What factors did you take into consideration when selecting the root vegetables/tropical fruit?
- What type of flatbread did you make and why did you select this type of flatbread?
- How did you incorporate charring and toasting as cooking techniques in your dish and why?

Sweet and Seasonal Satisfaction

If using the trend, Sweet and Seasonal satisfaction, consider:

- What factors did you take into consideration when deciding your dish was suitable for breakfast?
- Which spice/s and/or herb/s did you select to smoke and what factors did you consider when selecting them for your dish?
- How did you smoke the spices or herbs and why did you select this process?
- What ingredients did you add to increase the fibre content of your dish?
- What factors did you take into consideration when selecting dairy alternative ingredient/s?

Spicy (r)evolution

If using the trend, Spicy (r)evolution, consider:

- What factors did you take into consideration when designing the burger to ensure it was plant-based?
- What type of legume did you use and why did you select it?
- How did you incorporate colour into the sauce/condiment/salsa?
- What decisions did you make when selecting the chillies and citrus fruit to incorporate into your dish?

Empowered Eating and Drinking

If using the trend, Empowered Eating and Drinking, consider:

- What factors did you take into consideration when deciding what savoury dish to make that represents the theme and meet the brief?
- How did you incorporate charring as a cooking technique?
- What ingredients did you add to increase the protein content of your dish?
- How did you decide which type of ancient grain/s to use in your dish?
- How did you incorporate flaxseed into your dish and what decisions did you make to use it this way?