



# 2020 ANNUAL REPORT



heia

Home Economics Institute of Australia Inc.

[heia.com.au](http://heia.com.au)

## Foreword

This year has been a very different year for the Home Economics Institute of Australia (HEIA) and many people in the world. The planning for the year came to an abrupt halt just after the March Council meeting when the whole world was thrown into chaos with the COVID-19 virus being detected in Australia. All face to face activity ceased with many professional learning opportunities cancelled or postponed.

Divisions who were able went on to host online meetings, Communities of Practice and HEIA hosted a series of professional learning opportunities for members.

HEIA supported the financial affairs and day to day activities of the divisions that became part of the single entity. Three divisions (New South Wales, Queensland and Western Australia) continued to manage their affairs.

The two Standing Committees operated during the year, with plans in line with the 2017 to 2020 Strategic Plan. It has taken time to work through the processes and directions and take on the new challenges.

This report:

- provides evidence of HEIA's work throughout the year
- identifies initiatives designed to assist members
- demonstrates ways in which HEIA has been recognised as the peak professional body for Australian home economists.

The report has been prepared to serve two purposes. Firstly, by recording HEIA's major activities for the year, members are able to develop a picture of what has happened at national and divisional levels across Australia. Secondly, the Annual Report provides evidence of HEIA's structures and professionalism and is an important document used, for example, when advocating for the profession and when applying to funding authorities for grants to support our work.

Being recognised as an efficient and effective organisation capable of achieving our goals, by both members of HEIA and others in the wider community, is critical to achieving our mission - to enhance the professionalism and political legitimisation of Australian home economists. We welcome your constructive comments about this report and any suggestions you may have to further our work.

I am sure you will enjoy reading the report and will appreciate the achievements of the home economics community.

**Kay York**  
**President, HEIA Inc.**

## Home Economics Institute of Australia Inc.

The mission of the home economics profession in Australia is to educate, inform and act as an advocate to government, industry and the community for families and households, so that individuals can make informed choices in order to enhance their everyday living.

As the peak professional body for home economics professionals in Australia, the Home Economics Institute of Australia Inc. represents the interests of home economists working in education, industry, community services, public health, consumer affairs, and family and household management. The mission of the Institute is to enhance the professionalism and political legitimization of Australian home economists.

The Institute was established to:

- provide a national focus for home economics and home economists
- promote public recognition of the role of home economists
- set professional standards for the practice of home economics and promote the professional standing of home economists
- encourage and assist home economists with ongoing education and professional development
- encourage, initiate and coordinate research into areas related to home economics
- co-operate and affiliate, at a state, national and international level, with organisations concerned with education and advocacy for families and households in their everyday living.

The mission and focus of the profession are reflected in the Institute's logo. The concentric circles symbolise the family unit within the community and the world as a whole. Through the centre runs the flame of the lamp of learning.



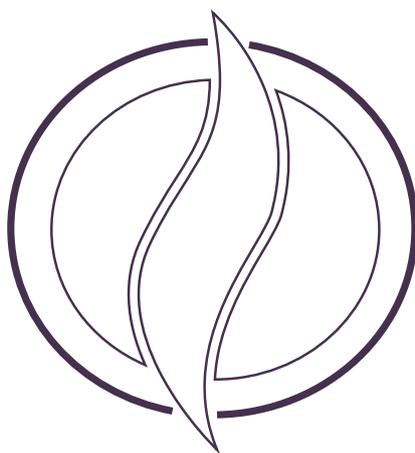
## Council and the divisional presidents

The year 2020 began with the following HEIA Council members:

President	Kay York
President-Elect	Cheryl Sonter
Treasurer and Council member, HEIA(V)	Robert Ford
Executive Officer and Council member, HEIA(Tas)	Amanda Sutton
Secretary and Council member, HEIA(NSW)	Susannah Upham (nee Williams)
Council member, HEIA(SA)	Sarah Hockey
Council member, HEIA(WA)	Noelene Matthews
Council member, HEIA(ACT)	Janelle Maas, Parmilla Naidu
Council member, HEIA(Q)	Ngaire Mayo
Council member, HEIA(NT)	Tina Sketchley

The 2020 presidents/chairs of the divisions were as follows:

HEIA(ACT)	Janelle Maas
HEIA(NSW)	Emily Taylor
HEIA(NT)	Tina Sketchley
HEIA(Q)	Rosie Sciacca
HEIA(SA)	Sarah Hockey
HEIA(Tas)	Amanda Sutton
HEIA(V)	Robert Ford
HEIA(WA)	Sandy Smith



## EXECUTIVE

**President**  
Kay York  
HEIA(Q)

**President  
-Elect**  
Cheryl Sontter  
HEIA(V)

**Secretary**  
Susannah Upham  
HEIA(NSW)

**Treasurer**  
Robert Ford  
HEIA(V)

**Executive  
member**  
Amanda Sutton  
HEIA(Tas)

Janelle Maas  
HEIA(ACT)

Tina Sketchley  
HEIA(NT)

Ngairé Mayo  
HEIA(Q)

Sarah Hockey  
HEIA(SA)

Amanda Sutton  
HEIA(Tas)

Noelene Matthews  
HEIA(WA)

## STANDING COMMITTEES

**Professional Development**

Susannah Upham  
Convenor

**Membership**

Kay York  
Convenor

# Highlights of 2020

## January–March

- HEIA 2020 National Conference advertised
- World Home Economics Day, 21 March 2020 – ‘Housing the Dispossessed’
- World Home Economics Day celebrations across the country were different this year, including presentation of the 2020 King and Amy O’Malley Trust scholars
- ‘HEIA-McCormick 2020 Flavour Forecast Recipe Challenge with a difference’ launched
- NESLI HEIA Scholarship opportunities announced
- Communities of Practice train the trainer webinars led by the President
- JHEIA to be released digitally this year
- Facebook posts draw attention from Home Economics community

## April–June

- 2020 HEIA National Conference postponed until September 2021
- Single entity meeting held
- Larnook Ex-students Association made the decision to donate their funds to HEIA as they ceased operations after many years
- ‘2020 HEIA-McCormick Flavour Forecast Recipe Challenge with a difference’ entries open
- ‘2020 HEIA-McCormick Flavour Forecast Recipe Challenge with a difference’ webinar
- Communities of Practice facilitated

## July–September

- Meeting with ACARA to review Australian Curriculum: Technologies
- Three online professional learning sessions facilitated on the days that the conference would have been held
- JHEIA was published in digital form and members can now access the past 12 years of Journals on the website

## October–December

- *Nutrition: the inside story* third edition was launched and presented for sale
- Service Award presented to Carmel Glasgow online during a PD in Darwin
- National Nutrition Week, 13-19 October 2020
- 2020 Professional Learning Series delivered – 14 online sessions
- World Food Day, Grow, nourish, sustain. Together. Our actions are our future 16 October 2020
- Judging of the 2020 ‘HEIA-McCormick Flavour Forecast Recipe Challenge with a difference’ facilitated by divisions, and student winners announced
- Evaluation and review of 2017 – 2020 Strategic Plan



## Executive reports

### President's report

2020 was a very different year for HEIA. With the States going into lockdown and many people working from home during the year, face to face meetings and Professional Learning was not possible. All members moved to online learning and meetings using the different platforms available. Many members worked from home teaching classes online and in particular Victoria spent a long time working this way.

The website, including online membership, is now functional. Members are able to log in to see member content. An online community has been built and is awaiting testing and implementation. The Journal of the Home Economics Institute of Australia was published digitally for the first time this year. It is exciting to see that members can now access the Journals online.

The international theme for the 2020 World Home Economics Day was *Housing the Dispossessed*, which highlighted the millions of people worldwide that are homeless and lack adequate housing and how Home Economics can contribute to make improvements across the world.

Unfortunately, the HEIA National Conference that was due to be held in September 2020 was postponed until 2021. We hope that conditions across Australia will enable us to facilitate the conference in 2021.



During the year, the third edition of *Nutrition: the inside story* was released. HEIA wishes to thank Dr Janet Reynolds and her team for their commitment to ensuring that this publication is a wonderful resource and an excellent publication. An E-book code was also sold with the publication enabling schools to use the codes for student access.

HEIA continued the monthly digital newsletters using the MailChimp platform and reviewed the content to bring more frequent and timely HEIA and home economics news to members. Administration Manager, Renee Wilson, worked with all divisions and supported the single entity divisions with their financial and day to day activities.

Throughout 2020, HEIA continued to support the relationship with McCormick and Wool4Schools competitions by presenting learning webinars which were well-received by members. Recordings of these are available on our new YouTube channel. HEIA facilitated the McCormick competition this year with support from McCormick. It was run a little differently with HEIA divisions judging the final entries, some of which would have been put together by students remotely who were learning remotely.

HEIA continued their relationship with NESLI and an announcement of Advanced and Middle Leadership Scholarships being made available to members ensured that members could develop leadership skills with the support of NESLI.

It was a different year for Home Economics Institute of Australia Inc., with a virus changing our daily activities. During the year we evaluated our current Strategic Plan which has worked effectively and have re-developed the plan to better guide future directions of HEIA Inc.

I have had the honour of being President of HEIA Inc. for 5 years. It has been a pleasure working with like-minded individuals to progress the work of HEIA. I wish to thank the members of Council and the Divisions for their support to enable HEIA to facilitate the strategic directions during that time. I congratulate Cheryl Sonter, the incoming president on her appointment and am sure that the association is in good hands.

Our national organisation would not be possible without the dedication of our member volunteers at the national and divisional level and I sincerely thank all members who actively contribute to HEIA.

**Kay York**  
**President, HEIA Inc.**



## Treasurer's report

The Home Economics Institute of Australia Incorporated (HEIA) financial report for 2020 outlines several initiatives undertaken in what was an eventful year for HEIA.

In 2020, major activities within this portfolio have been the National Conference 2020 planning, *Nutrition - The inside story third edition* printing and distribution and managing funds of divisions transitioned to National accounts and preparation of reports.

Divisions transitioned to National: during 2020 the funds from the five divisions were received into the National accounts and now show as shareholders equity in the balance sheet.

HEIA National Conference 2020: seed funding monies were returned to the conference account for the conference planning, marketing, and booking of venues. The impact of COVID-19 and the postponement of the conference until 2021 saw a necessitated revision to the program, and with that, the budget. With the uncertainty of movement between states and confidence to commit to a traditional conference by members, it is too early to say with any confidence the likely outcome and all options are being considered to avoid a loss at the end of the event.

*Nutrition - The inside story third edition* printing and distribution: Council provided upfront funding of the preparation of the text contents and prepared for the considerable costs of printing and distribution during 2020. To date, this has totalled \$94,971. These costs will be recouped from sales with the return of the upfront funding and profits to the accounts. In anticipation of budgeted costs for the printing we released funds from our investment account into our transaction account.

This year saw the continuing low returns on our investment accounts with reinvestments receiving between less than 1%. Returns for this year of \$1,269 from the various investment accounts. In the current financial environment, we can expect to experience low rates of return on investments for the foreseeable time.

We continued to see the benefits of the secretarial and membership management services along with the employment of an accountant to support the functions of the treasurer. Although attracting additional cost, these services are critical in ensuring support to activities at a National and Division level and we are responsive to all our legal obligations.

2020 is the end of the first year the National office provided support to the transitioned single-entity divisions and has accrued additional cost. After reviewing the costs ongoing discussions at a National level will determine the costs to the single entity divisions in 2021.

Memberships continued to be our major income stream and there has been an overall reduction in membership number and therefore income.

Continuing activities for this position include the review of accounting processes within QuickBooks to ensure accurate accountability to the division's committees and the synergy between the new website and back of house accounting platforms.

The allocation of funds to major initiatives and managerial processes combined with a reduction in income from membership saw a reduction in the overall net worth of HEIA with total assets for the 2020 year being \$286,928 compared to assets of \$359,512 in 2019. The two significant contributors to the variation in our position this year are the reduction in membership and the investment in *Nutrition - The inside story*.

HEIA continues to have a limited number of income streams and as in previous years we have seen a reduction in income from membership fees and sponsorship opportunities.

The impact of COVID-19 could reasonably be seen as a contributor to the reduction in new and/or renewing membership as well as the postponement of the conference giving little appetite for the uptake of sponsorship opportunities by organisations. As we move out of the shock of COVID-19, it will be important to consider what strategies we can employ to increase membership – both new and those who may have not renewed, as well organisations looking to position themselves within our membership.

Details of the balance sheet and financial assets of the organisation are found in the audit report tabled as a separate document.

Conducted by: Colleen Hennequin & Associates

ABN: 55 606 114 470

Address: PO Box 773, Beaconsfield, Vitoria 3807

**Robert Ford**  
Treasurer, HEIA Inc.

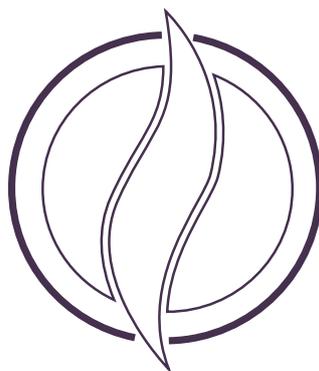


## Profit and Loss January – December 2020

	2020
	\$
<b>Income</b>	
Membership Fees	103,199
Non Operating Income	61,657
Copyright fees	5,117
Copyright fees - NIS second edition	1,090
Copyright fees - NIS third edition	31,997
Merchandise - Sales	773
Conference Registrations	26,420
Donations received	23,519
Interest received	1,269
National Events	531
Professional fees - Services	187
Sponsorship Income	1,500
Total income	257,258
<b>Expenses</b>	
Accountancy	3,250
Advertising & promotion	359
Audit fees	1,200
Bank fees & charges	103
Capitation	56,011
Computer Expenses	3,429
Conference/Seminar costs	9,738
Amortisation NPP	1,165
Filing fees	
Gifts & Gratuities	214
Hire/Rent of plant & equipment	3,263
Insurance	1,076
Materials & supplies	
Newsletters	1,025
Postage, Shipping & Freight	177
Printing & stationery	1,567
Professional fees	95,142
Subscriptions	2,394

**Home Economics Institute of Australia Inc.**  
**Profit and Loss**  
**January – December 2020**

	<b>2020</b> <b>\$</b>
Subcontractors	55,386
Sundry expenses	
Telephone	273
Travel, accommodation & conference	14
Website Expenses	934
Total expenses	236,719
<b>Profit from ordinary activities before income tax</b>	<b>20,540</b>
Income tax revenue relating to ordinary activities	
<b>Net profit attributable to the association</b>	<b>20,540</b>
<b>Total changes in equity of the association</b>	<b>20,540</b>
Opening retained profits	359,149
Net profit attributable to the association	20,540
<b>Closing retained profits</b>	<b>379,689</b>



**Home Economics Institute of Australia Inc.**  
**Balance Sheet**  
**As at 31 December 2020**

	TOTAL
<b>Assets</b>	
Current Assets	
Accounts receivable	
Accounts Receivable (A/R)	10,067.05
<b>Total Accounts receivable</b>	<b>A\$10,067.05</b>
CBA Account	177,074.76
CBA Conf Account	48,730.90
Contra Refunds Account	0.00
Pay Pal Account	535.40
PayPal Bank	0.00
Suncorp Bank 504817362	0.00
Term Deposit ex Vic	10,282.67
Try Bookings Contra account	-0.63
Cash Invt Account General Comm bank	26,987.84
Food Safety Matters - Cash Inv Account	52,986.79
Inventory	0.00
Inventory Asset	0.00
Term Deposits	
Beverly Dixon Fund - CBA	10,099.29
Isobel Home Fund - CBA	63,321.64
Suncorp Bank - Term Deposit	0.00
Term Deposit CBA	0.00
<b>Total Term Deposits</b>	<b>73,420.93</b>
Uncategorised Asset	0.00
<b>Total Current Assets</b>	<b>A\$400,085.71</b>
<b>Total Assets</b>	<b>A\$400,085.71</b>
<b>Liabilities and shareholder's equity</b>	
Current liabilities:	
Accounts payable	
Accounts Payable (A/P)	26,142.33
<b>Total Accounts payable</b>	<b>A\$26,142.33</b>
BAS Liabilities Payable	570.47
BAS Suspense	0.00
<b>Total current liabilities</b>	<b>A\$26,712.80</b>
Shareholders' equity:	
Net Income	-47,432.33
Equity ACT	5,982.22
Equity NT	13,487.39
Equity SA	34,098.72
Equity TAS	23,605.43
Equity Vic	35,985.19
Opening balance equity	450,577.65
Retained Earnings	-142,931.36
<b>Total shareholders' equity</b>	<b>A\$373,372.91</b>
<b>Total liabilities and equity</b>	<b>A\$400,085.71</b>

# Standing Committee reports

## Membership Standing Committee

2020 saw a decrease in membership numbers year-on-year. There were a few main contributing factors including the financial impacts of COVID-19 on individuals and organisations, as well as the postponement of the triennial national conference. To support our members through this challenging period, HEIA Inc. offered flexibility with member renewals and extensions, resource sharing through the national newsletter, Facebook page and new YouTube channel, and as a membership initiative, launched the complimentary 2020 Professional Learning Series – a 14-part online series allowing members to connect, learn and share across varied topics and disciplines. The Series was received with great enthusiasm and participation by our members.

**Table 1: Membership summary December 2020**

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate	0	0	0	0	0	0	1	1	2	0.17%
Full	2	12	12	53	45	10	21	53	208	17.81%
NIPE	3	9	1	10	2	5	3	6	39	3.34%
Overseas	0	0	0	1	1	0	0	0	2	0.17%
SMCP (contact person)	4	3	4	94	43	10	7	33	198	16.95%
SMNCP (non-contact person)	14	13	16	331	148	28	25	117	692	59.25%
Student	0	0	0	4	7	0	10	6	27	2.31%
<b>TOTAL</b>	<b>23</b>	<b>37</b>	<b>33</b>	<b>493</b>	<b>246</b>	<b>53</b>	<b>67</b>	<b>216</b>	<b>1168</b>	

**Table 2: Membership summary December 2019**

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate	0	1	0	1	1	2	0	1	6	0.47%
Full	2	11	8	74	56	12	13	71	247	19.16%
NIPE	3	10	0	13	4	7	4	7	48	3.72%
Overseas	0	0	0	2	0	0	0	0	2	0.16%
SMCP (contact person)	4	4	4	95	44	9	7	36	203	15.75%
SMNCP (non-contact person)	15	20	13	343	153	26	27	134	731	56.71%
Student	0	4	1	12	14	1	2	18	52	4.03%
<b>TOTAL</b>	<b>24</b>	<b>50</b>	<b>26</b>	<b>540</b>	<b>272</b>	<b>57</b>	<b>53</b>	<b>267</b>	<b>1289</b>	

Numbers were compared and summarised for the corresponding two-year period as evident in Tables 1 and 2. From 2019 to 2020, there has been a decrease of 121 members in total.

**Kay York, Convenor, Membership Standing Committee**

## Professional Development Standing Committee

The continued development of our members and others who access our services is one of the most powerful actions of our organisation. The quality of teaching in the area of home economics has a direct impact on the learning of the next generation.

### Webinar delivery

Much has changed in the last 12 months and we have changed too. In 2019 we delivered four webinars, in 2020 we delivered twenty webinars in a direct response to the situation with COVID-19. This is a format that we have found successful in delivering quality professional learning to members and a wider audience. As an organisation we have adapted to this technology through necessity and found that the webinars add a new dimension to our Professional Development offerings allowing Australia wide participation.

HEIA Inc. webinars held in 2020:

- HEIA-McCormick Flavour Forecast Challenge webinar
- Communities of Practice (Train the trainer)
- An online launch of Nutrition the Inside Story
- And fourteen sessions in the Professional Development Series, including three on the days that the 2020 conference would have been held

Webinars seems to be a preferred model of professional development in the immediate future. Peta Craig was running our webinars in 2019 and has expressed a wish to continue in 2021. Peta has expertise in the area and which we would continue to benefit from. As part of our leadership strategy we should seek to widen the opportunity for development in this area and actively seek and invite members to source and host webinars in 2021 and beyond. This has a two-fold advantage, delivering more PD and developing leadership capacity within HEIA.

### Communities of Practice

To address our need to collaborate with members of divisions across Australia, HEIA have continued with implementing Communities of Practice (CoP) which have now been held in a number of states. These included areas of curriculum, up skilling teachers, and sharing resources right around Australia. Importantly we have carried out 'train the trainer' sessions in order to build capacity in our organisation.

### HEIA journal

Our journal is a well-regarded, quality publication with high academic rigour and as such, in itself is an artefact of our culture that values research-informed advancement in our profession. In 2020 we successfully transitioned to an online version of the journal to better meet the needs of members. This significantly decreased our costs in printing and postage although this option is still available on request. We have benefited from the service and expertise of Dr Janet Reynolds in her leadership of the Journal since its inception in 1994. We thank Dr Reynolds for her tireless exceptional work in the production of journals as she has expressed a wish for us to find a successor.

### **Nutrition: The Inside Story**

In 2017 we started investigating the feasibility of updating our text book publication for students in years 10-12 '*Nutrition - the inside story*'. We are all very proud that it is now available in print and as a digital E-book. The third addition has updated content and a new design and has been very well received already. This was a vast undertaking and we are grateful to our reference committee and Dr Janet Reynolds for their work on this.

### **Present the HEIA National Conference**

Our scheduled conference for 2020 was postponed until 2021 and all involved in the design and delivery of this conference have anxiously watched the roller coaster of travel restrictions and government incentives for travel over the last 12 months. HEIA executive met and expressed a desire to continue with the conference in September 2021 and investigations into a hybrid delivery of the event are ongoing. Thanks goes to the Conference Steering Committee comprising Dr Janet Reynolds, Kay York, Susannah Upham and Marilyn Yates.

### **ACARA engagement**

Susannah Upham and Amanda Sutton continued to attend the ACARA technologies implementation group where HEIA can share their agenda and activities and participate in networking opportunities. In 2020, ACARA conducted a curriculum review and a number of HEIA states were successful in being placed on a review panel for the Technologies curriculum. HEIA also provided feedback on the Health and Physical Education.

### **Leadership within HEIA**

Leadership development of HEIA members is a crucial strategy. One of the ways we have addressed this important need is through Nesli Scholarships for Women in leadership. Our special relationship with this organisation has now finished and we should seek to have more targeted strategy for developing leadership in our own organisation. Applications for Nesli scholarships are still available to members but are now available to a wider audience.

I thank the members of HEIA for their contribution to the Professional Development Standing Committee in 2020 and look forward to our collective efforts in facing the challenges ahead.

**Susannah Upham**

**Convener, Professional Development Standing Committee**

## Divisional reports

### Australian Capital Territory (ACT)

COVID-19 proved difficult for all of us in different ways and initially impacted plans for our Division's ongoing Community of Practice group. However, although we could no longer meet in person, HEIA(ACT) was up for the challenge and successfully held two online Communities of Practice towards the latter half of the year - Textiles Technology Years 7-12 and Food Technology & Hospitality. Both gatherings provided great opportunities to share curriculum ideas and resources, and we were very thankful to be able to connect with our colleagues via Zoom.



#### HEIA(ACT)

### New South Wales (NSW)

Despite the challenges that came in 2020, NSW has managed to have a somewhat productive year.

This year, despite the lack of face-to-face events we have had the opportunity to advocate and support our members. We have engaged with NESA to hear the latest updates on the NSW curriculum review and provide feedback on this, and our immediate past president and Secretary Susannah Williams has engaged with ACARA as a part of the technologies and digital technologies implementation group on the ACARA curriculum reviews.

We also had the exciting opportunity to send a representative to talk to ABC radio about the history and the purpose of the common sense cookery book.

We continued to grow our relationship with the Australian Catholic University. We had the privilege of being able to attend their Annual Technology Exhibition and welcome their third year technology students to our wonderful profession as well as present an award to a highly accomplished Food Technology student. This was a great opportunity to meet the Technology teachers graduating in 2021.

This year we have welcomed back Tammie Jakstas to our Committee of Management. Tammie is exceedingly capable and incredibly knowledgeable. She is enthusiastic and nothing she is asked to do is ever too much trouble, she is an asset to the COM and I thank her for all of her efforts. Also, Susannah Williams has served as our secretary and immediate past president. I would like to thank her for her guidance, her knowledge, and her support. Kelly Russell has served as our Treasurer and I would like to thank her for her willingness to help, the time she has given and her passion for our subject area.

**Emily Taylor**  
**President, HEIA(NSW)**

## Northern Territory (NT)

Despite being a challenging year, 2020 saw great change for the NT division. With many long-serving Committee of Management (COM) members moving onto new adventures, one of the topics of conversation during our annual 'Meet & Greet' on Thursday 13 February (at the Free Spirit Resort in Palmerston) was for members to consider joining the COM as we moved under the HEIA single-entity structure.

On Thursday 20 February, Mek Venes chaired the first COM meeting for the year and was impressed by so many people wanting to be involved in HEIA. Four teachers new to the profession - Simon Barton, Alice Hooper, Bonnie Spry and Hemangi Surti – enthusiastically planned for 2020 events alongside long-term members Tina Sketchley, Jenny Unwin and Mek Venes.

Unfortunately, these events, including our World Home Economics Day celebrations, were cancelled due to the unprecedented pandemic impacting everyone worldwide. Nevertheless, the pandemic did not stop the dedicated COM as online meetings were embraced to discuss ways in which to support our 33 members. We managed to hold one online event in Semester 1 thanks to Penny McIntyre - a past-President of HEIA(NT) and time-honoured (19 years) member – embracing technology. On 4 June, she hosted an exclusive NT member-only online professional learning session. Penny demonstrated how to navigate Project Groceries - a website designed for Home Economics teachers to make the job of food ordering easier and more streamlined.

In June, HEIA(NT) sadly farewelled their Chairperson: Mek Venes, as she stepped out of the classroom and into the role of Quality Teaching Consultant at the Teacher Registration Board of the Northern Territory. Along with being the NT Council Member, Tina Sketchley took on the Chairperson role as well. On 24 June, the NT COM had their second face-to-face meeting for the year.

A beautiful dry-season evening provided the perfect backdrop to discuss professional learning opportunities for Semester 2, which included the possibility of members coming together since COVID-19 restrictions were easing. Online Community of Practice (CoP) sessions were planned, especially after Kay York effortlessly demonstrated how NT members could host their own CoP via Zoom on 25 June.

Semester 2 proved to be extremely busy for HEIA(NT). The COM primarily focused on planning for their only face-to-face professional learning experience this year: A Reconnect CoP. With the assistance of a professional learning grant from the Professional Teachers Association of the Northern Territory (PTANT), 19 participants (including 3 remote members and 1 non-member) reconnected in person on Saturday 28 November to share classroom practice and/or learn new skills to try out with their students. It was a busy day, but one full of tasty food made from workshops primarily led by the highly talented COM members willing to share their skills and knowledge: how to make croissants from pastry chef Alice Hooper; butchering meat joints and making home-made tortillas by Chef Simon Barton. Fun and frivolity was had when passionate textiles' teacher, Jenny Unwin, and seasoned home economics teachers showed newer teachers how simple hand-sewing skills could create a felt critter. Penny McIntyre also shared her experiences of how to make kombucha.

Several NT members were the recipients of awards and recognitions this year. Celebrations occurred to ensure the following members were appropriately acknowledged and congratulated, as their time and effort over the decades is most impressive. On Friday 6 November, Penny McIntyre and Carolyn Knutsen received a PTANT Award for their meritorious contributions to the teaching profession in the NT.

For nearly 20 years, Penny has been a dedicated office bearer and instrumental in mentoring others to ensure the longevity of HEIA(NT). Whereas, Carolyn has not only been a HEIA(NT) member for 15 years, but is also the President of ACHPER(NT). Both Penny and Carolyn have been instrumental in the organisation of past joint HEIA(NT)/ACHPER(NT) conferences.

The Reconnect CoP provided the opportunity to finally acknowledge several long-term NT members, with a special mention to three members with over 20 years of HEIA membership: Miriam McDonald, Carmel Glasgow and Vicki Potter. All of these members have been, or are currently still, involved at local COM and/or National levels. Thanks to technology, we were able to connect via Zoom with HEIA Inc. President, Kay York, and interstate NT member, Carmel Glasgow. This was to formally acknowledge and congratulate Carmel as the recipient of a HEIA Inc. Service Award, which acknowledged her dedication and hard work in advocating and promoting professional collegiality, engagement, knowledge and practice over the decades she has been a HEIA member.

Overall, NT members were provided with as many opportunities to engage with professional learning as possible under the pandemic circumstances. I hosted several online CoP sessions for Middle School, Child Studies and food-related Integrated Learning subjects, which were popular with both NT and South Australian teachers. Sharing of ideas and experiences was highly valuable. The collegiality and collaboration amongst teachers in these sessions helped as many found their lessons and planned assessment tasks were impacted greatly by the pandemic.

On a final note, transitioning from a NT registered professional association to a single-entity this year has been a learning curve for all. However, it has been a positive experience with members benefiting from the streamlining processes undertaken by Renee Wilson: the HEIA Inc. Administration Manager. Without her, HEIA(NT) would not have been able to offer as much professional learning or make it look as professional as it did. All event flyers, registrations, certificates, programs and email follow-ups have been Renee, and I wish to thank Renee for her ongoing assistance and advice as I take on roles much bigger than first anticipated.

**Tina Sketchley**  
**Chairperson, HEIA(NT)**



## Queensland (Q)

2020 was certainly not the year we envisioned on 1 January 2020. Despite the various challenges stemming from the global COVID-19 pandemic, HEIA(Q) and its members continued to collaborate, support each other and grow as professionals.

The year was to commence with a World Home Economics Day celebration to not only celebrate Home Economics and the King and Amy O'Malley scholars, but also to learn about e-textiles and reflect on HEIA(Q)'s actions in 2019. Unfortunately, HEIA(Q) made the difficult decision to cancel the event as the pandemic continued to grow at an alarming rate. Instead, HEIA(Q) celebrated the day and the scholars through our newsletter and social media networks. Congratulations to the 2020 King and Amy O'Malley Trust undergraduate scholars Candice Bek, Ionia McLay, Sarah McManus and Bronte Wills, and to the postgraduate scholars Lyn McErlean, Holly Savill and Courtney Thompson. It is fantastic to see so many recipients at a Queensland level from diverse Home Economics contexts.

2020 saw our inaugural online Annual General Meeting, held on Monday 11 May 2020. At the AGM, we farewelled committee member Council Representative Kirsty Mills and welcomed Ngaire Mayo in the role. Returning to their positions were Rosie Sciacca to the role of President, Aileen Lockhart to the role of Vice-President, Nicole Stanway to the role of Secretary, Madeline Fagan to the role of Treasurer and members of the committee Kay York, Bronte Wills, Sharyn Laidlaw, Nikki Boswell, and Janet Reynolds, who continued in her role as Professional Development coordinator and Newsletter Editor. The committee also welcomed new member and student representative Candice Bek at the AGM. Together, the committee navigated uncharted waters as we adapted to COVID-19 restrictions and how we would manage these to best support our members. One key organisational change was to how we conducted our monthly committee meetings. As we were required to socially distance for a large proportion of the year, HEIA(Q) invested in a Zoom account that would not only facilitate online monthly meetings but also allowed us to conduct professional development online. The use of the Zoom platform has proved to be advantageous for the efficiency and economic viability of Committee of Management meetings and as such we plan to continue via this platform in future.

Another key change for the Committee was the introduction of our online newsletter. 2020 was identified as a year to transition out of the physical print to the digital platform. This shift coincided with the launch of the new HEIA(Q) website, with the newsletter section's improve capability making the layout and navigation of the digital newsletter easier for members to use. Embracing the roles that technology plays in our personal and professional spheres, HEIA(Q) felt that this transition was timely and would improve members' access to articles.

The professional development program in 2020 was significantly impacted by the global pandemic. Despite committee plans for regional workshops, these unfortunately could not go ahead due to the tenuous nature of restrictions. To support members, HEIA(Q) used various platforms to communicate professional learning resources and to collaborate with others. The inForm newsletter features articles that showcased how schools were adapting in COVID-times, our social media platforms shared pertinent resources and sparked discussions to share practices, whilst in August HEIA(Q) debuted online Communities of Practice via Zoom to support colleagues with endorsement in Design and Food and Nutrition General subjects. Zoom as an online professional development platform ran quite smoothly and as such will continue to be used not only to support us through COVID-normal times but also to ensure professional development opportunities are more accessible to members across our vast state.

A highlight of the year was to be hosting the HEIA National Conference to be held in the September holidays. Unfortunately, this too had to be postponed to 2021. Planning conducted by the host committee to organise the welcoming function will be even more special when we come together to network and learn later in 2021. HEIA(Q) looks forward to hosting the event and welcoming HEIA members from across the nation when it is once again safe to do so.

Each year HEIA(Q) puts out the call to nominate people for the HEIA(Q) Teacher Excellence Awards. Despite knowing there are many deserving recipients across the state, in 2020 no applications were received. This was quite disappointing for the association and as a committee we have been exploring the application format to make the process easier as well as trialling other formats such as Facebook posts and certificates to acknowledge the valued contributions and support of those in our community.

Even COVID-19 could not stop our retirees' annual event. As has become tradition in August, a Retirees' High Tea was held on 25 August at Keri Craig Emporium. The event was well attended, providing a fantastic opportunity for colleagues and friends to socialise (in a socially-distant and safe way!) and enjoy some delicious food and a glass of bubbles. Thank you to Denise McManus for organising this valued event in such tenuous times and for her continuing role in organising this annual event to connect HEIA(Q) past and present members.

Congratulations to St John Fisher College who were the Queensland winners of the 2020 McCormick Flavour Forecast Recipe Challenge. The talented food technologists and their teacher created and refined amazing dishes with judges commenting positively on their efforts. We look forward to the innovative food solutions in 2021.

2020 was certainly an unprecedented year across the globe. Despite the varying challenges, it was also a rich learning opportunity for HEIA(Q) and its members, forcing us to reflect on best practice and trial new ways of doing old things. The success of HEIA(Q) and our member opportunities is attributed to the valued contributions of our members and our Committee of Management. Thank you to all who have supported HEIA(Q) and its members in 2020.

**Rosie Sciacca**  
**President, HEIA(Q)**

## South Australia (SA)

2020, what a year!! South Australian teachers were relatively fortunate compared to many other areas of the country in regard to disruptions to teaching and learning as a result of Covid-19, but the first half of the year was certainly a period of high stress and uncertainty.

Initially our main focus for the year had been to plan and coordinate new and exciting Professional Learning opportunities for our members, but the lockdowns and restrictions meant we quickly had to adapt and respond to some unanticipated needs of teachers trying to cope with online teaching and cancellation of practical activities in schools. Personally, the situation highlighted to me the importance of being involved in professional teaching associations, as the support and networking provided by our Committee of Management was invaluable.

We were able to host our first planned Professional Learning event early in February, which was our annual SACE workshop. The event was well received, with over 50 teachers of senior Home Economics related subjects joining together to hear up to date information from relevant SACE Officers, as well as time to chat and plan for the year ahead.

Unfortunately, our much-anticipated WHED celebrations had to be cancelled when restrictions were announced shortly before the event. We used these months to provide support to our members in other ways, including Facebook chats and Zoom meetings, just to touch base and problem solve the many obstacles that arose as conditions changed daily. It was amazing to hear from teachers all over the state and how Covid was impacting their local communities.

To make up for the lost opportunity on WHED, in June, we hosted a more informal Celebration Dinner at Jarmer's Kitchen in Bowden. We farewelled some long serving members of our executive, shared a lovely meal and then held presentations for the following award recipients:

- HEIA SA Award for Excellence: Robyn Thomas
- Resek Award: Chloe Veras
- King & O'Malley Trust Scholarship: Chelsea Mauch and Georgia Middleton



As part of World Teachers Day celebrations in South Australia, and in recognition of their hard work and invaluable input into HEIA(SA), a number of members of our Committee of Management were awarded by the Teachers Registration Board of SA.

Congratulations to:

- Belinda Zanello: Early Career Educator: Curriculum & Pedagogical Leadership Award
- Robyn Thomas: HEIA SA Award for Excellence
- Amanda Johnson: TRB Induction and Mentoring Early Career Educators Award

In November, we held a Curriculum Inspiration Day, and with things nearly back to normal, it was a great chance to touch base with teachers from all over the state to reflect on their year and get excited for the year ahead.

Presenters and topics included:

- Amanda Johnson – Food Literacy
- Jodi Monro – Developing an Online Sewing Club
- Susan Brandt – Nature Play in Child Studies
- Ruby Page – Food Blogging with Year 10's
- Sarah Hockey – Cross Curriculum Strategies
- Robyn Thomas – Home Ec without a Kitchen
- Liam Baker and Hemedi Saidi – Project Groceries

Finally, we finished the year with a casual dinner in the city centre. This was a great opportunity to network, reflect and share. Thank you to Deb Halse for organising a wonderful night and superb venue. We would also like to thank the COM of HEIA(NT) for their invitation to join in their online Communities of Practice, focusing on Child Studies and then Integrated Learning Subjects. These were great opportunities for South Australian teachers to network with our counterparts in the NT.

Personally, I would like to take this opportunity to thank everyone who has contributed to HEIA(SA) over the last twelve months, but particularly to the current members of the Committee of Management, who have been so supportive in what has been a unique and challenging year! And to Renee Wilson, our amazing Administration Manager who has responded so patiently to my many last-minute emails, messages and phone calls as we made the transition from a state division to a single entity aligned with HEIA National – you are amazing!

**Sarah Hockey**  
**Chairperson, HEIA(SA)**

## **Tasmania (Tas)**

In Tasmania, the highly experienced and knowledgeable Committee of Management (COM) led by Karen Weitnauer handed over to Amanda Sutton, the new Chair, and her team of dedicated professionals – Cindy Skirving, Alice Howell, Kellie Adams and Phoebe Menzies. Their first task was to create a calendar of events which subsequently had to be postponed as restrictions on community engagement occurred. Instead, the focus on the COM has been on upskilling the team to use technology in new ways to provide engaging and informative professional learning for members and to continue building programs in schools which are authentic, meaningful and relevant.

The HEIA COM prioritised opportunities for students around Tasmania to continue cooking while in lockdown. Clarence High School trialled a weekly cooking challenge for all students submitting a recipe and photo via online platforms Seesaw and Canvas. Students were also invited to submit baking challenges in the Mercury Newspaper Top Baker competition during Covid-19. For the second year, two Year 9 students won the national competition 'Cheese Your Own Creation' competition. Friends School student Charlotte Fischer won the HEIA Flavour Forecast Challenge for Tasmania in 2020 with her gunpowder spice savoury pancakes with turmeric, lime and jackfruit.

Around Tasmania, HEIA (Tas division) has supported innovative and creative approaches to teaching. Cosgrove High School implemented the Save the Children 'Hands On Learning' Program, recognised globally by Finnish education non-profit HunDRED, to support student connection to school and to improve educational and life outcomes. While at Clarence High School, a Hospitality and Tourism package of learning is being developed, with an integrated approach to teaching the Australian Curriculum core subjects under the overarching industry area of Tourism and Hospitality.



HEIA (Tas Division) is also supporting Food Security solutions. A collaboration has been initiated with The Tasmanian School Canteen Association who trialled a four-week lunch program at three schools including Warrane Primary School, with results being currently compiled by the Menzies Institute for implementation across all schools in the state. Jordan River Learning Federation, a secondary school in Bridgewater has developed a farm to plate program preparing free school lunches which will be trialled at Sorell High in 2021.

Another shared initiative promoted by HEIA (Tas Division) is Cooking for the Community classes where students practice making nutritious and healthy meals for families in need. At Sheffield School, students participate in 'Meals for the Home program'. Riverside High School opened its new Home Economics kitchen area providing Year 9 and 10 students with the opportunity to learn about food preservation which benefits the budget, our health, the environment and minimises food wastage.

Our two King and Amy O'Malley recipients for 2020 were Holly Savill who is currently studying in Queensland and Sandy Murray who is undertaking a PHD at UTAS.

Covid-19 has presented us all with a unique educational challenge to provide aspirational and transformational learning in extraordinary circumstances. The COM continues to look for ways to contribute to e-learning, video-conferencing and online education as well as provide interesting face to face workshops and events which meet the needs of our members. Additionally, HEIA (Tas Division) also continues to support quality food education programs in Tasmanian schools which teach basic cookery, develop food palates and local food knowledge, and prepare students to work in a rapidly changing world.

**Amanda Sutton**  
Chairperson, HEIA(Tas)

## Victoria (V)

With the administrative support available from being a part of the new unified structure, this freed up the committee's time to plan and host member activities. The Victorian Committee of Management had planned an exciting calendar of professional development events for our members in 2020 including a Food and Textile Tour of Sri Lanka. The onset of COVID-19 saw all the planning put on hold and a hasty review, most significantly was the Food and Textile Tour of Sri Lanka. Special thanks needs to go to Rhonda McInnes and the travel agent for their tireless work in securing refunds for all members of the proposed tour.

Very quickly we reached out to our members offering support, and based off the feedback, saw a need for a way of sharing how members had managed the transition from face to face for both theory and practical content. Needing to react quickly to this demand, two indicatives developed; establishing a repository of resources that members could develop and share; and secondly, opening our regular meeting sessions to all members (and non-members) to be able to come together to listen, share and learn how this year was unfolding – many thanks to Ashlyn Burr taking a lead in establishing the google drive and our Facebook group.

We also welcomed our new King and Amy O'Malley scholarship recipients for the year - Adam Strawhorn, Brooke Busuttil, Dana Brown, Stefanie Carino and Stephanie Brown; as well as the 2019 Post Graduate scholars continuing into 2020 - Claire Bristow, Gloria Leung and Isabella Maugeri. We have seen an increase to our student membership numbers and it is hoped that between this and the King and Amy recipients we can encourage some youth to the committee.

Other activities during the year have included providing feedback to the review of the Food Studies Design and judging the HEIA-McCormick's Flavour Forecast Challenge – congratulations to the Victorian state winner Isabella Di Conza, from Our Lady of the Sacred Heart College.

**Robert Ford**  
**Chairperson, HEIA(V)**

## Western Australia (WA)

HEIA(WA) began 2020 with plans in place, just as we usually do. We were looking forward to celebrating World Home Economics Day on the edge of the Indian Ocean at sunset. Meetings had been scheduled and professional development planning was underway. We were discussing the very successful 2019 end of year seminars and changes that were needed to accommodate the increasing number of participants. A combined DATTA and HEIA(WA) conference was being planned to bring the areas focusing on materials & design together.

At the beginning of March, we held our AGM where Sandra Smith, an experienced home economics teacher, and long term supporter of and HEIA member, was elected president. Courteney Ellett joined our Committee of management as the student representative. Liesl De Vries and Barbara Woulfe continued in their roles as secretary and treasurer respectfully.

King and Amy O'Malley Scholarships for 2020 in Western Australia were awarded to Courteney Ellett and Kristin Richardson. Unfortunately, due to Covid-19 the actual presentations have been delayed until WHED in 2021.

The Marilyn Yates Prize for 2019, was awarded to Ashleigh Leaver on Saturday 1st Feb 2020 at Edith Cowan University, Mt Lawley. This award was in recognition of Ashleigh achieving the highest academic score in the Bachelor of Education (Home Economics). Ashleigh has a Home Economics major and a Science minor and was starting her teaching career at Aveley Secondary College. We wish her all the very best in her career and hope to present her award again in front our members when the opportunity is available in 2021.

Once WA went into lockdown the HEIA(WA) COM held monthly Zoom meetings until August when we were able to resume face to face meetings. The online meetings were a little different, but a chance for all of us to stay in contact as well as learning new skills.

During the WA lockdown, on 8th April 2020, HEIA(WA) COM collated and made available a variety of on-line resources for our members. All members were sent some quick design briefs and ideas which could assist them when working with students during this time, as we knew this would be very stressful for our members.

Two editions of our newsletter, Westward Home, were published and distributed during 2020.

National Science Week was held in August 2020, and through our work with Farm to Fork, HEIA(WA) linked a Webinar on 18th August 2020. There were also teacher resources and other associated materials placed on the HEIA(WA) and Farm to Fork website for access. This was a collaboration with Refresh.ED and Switch your thinking. Thanks to Marg Miller, Jen Hanna, Brittany Hanson, Telana Vernon, Jodie Ainsworth and Barb Wolfe for assisting with this.

Two Eco Textiles workshops were run by Ellen Morrow for HEIA(WA). One was held on 12th Sept at Penhros College and another for Country members in Geraldton in November. Both workshops were extremely successful with all participants dyeing various fabrics and gaining many useful ideas for the classroom. We appreciate Ellen sharing her expertise and skills with our members.



A proforma and guidelines were developed by HEIA(WA) COM, for use when working with external providers to ensure equity for all members.

At the end of 2020, HEIA(WA) members were sent an apron as a small token of appreciation for their ongoing support during a challenging year, especially as we had not been able to undertake our planned Professional Development session or end of year conferences.

We look forward to 2021 being a year with more interaction for HEIA(WA) COM and our members.

**Sandy Smith**  
**President, HEIA(WA)**

# HEIA-McCormick competition student winners 2020



## VICTORIA

### 'Spiced carrot faloodeh with raspberry coulis'

by Isabella Di Conza  
from Our Lady of the Sacred Heart College

## WESTERN AUSTRALIA

### 'Lemon and cocoberry yogurt pods'

by Lindsay Monster  
from John Calvin Christian College



## TASMANIA

### 'Gunpowder spice savoury pancakes with turmeric and lime jackfruit and a herb yogurt dressing'

by Charlotte Fischer  
from The Friends' School

## SOUTH AUSTRALIA

### 'Sweet spicy watermelon paloma icy treat'

by Pamela De Arao  
from Thomas More College



## NEW SOUTH WALES

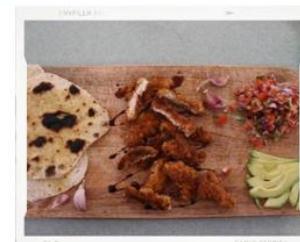
### 'Gunpowder burgers and sweet potato fries with mint and cucumber raita'

by Savini Ratnayake  
from Hornsby Girls High School

## QUEENSLAND

### 'Gunpowder chicken with garlic naan'

by Mau Naufahu  
from St John Fisher College



## National Awards and Scholarships

### Fellowship Awards

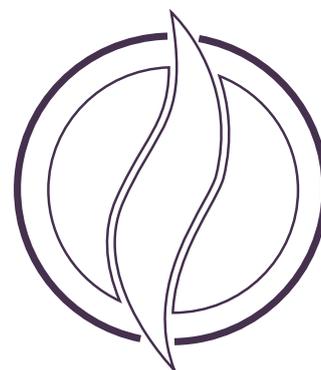
No Fellowship Awards were presented in 2020

### Leadership awards

No Leadership Awards were presented in 2020

### Service awards

Carmel Glasgow (NT Division)



## King and Amy O'Malley Trust Scholarships

In 2020, the King and Amy O'Malley Trust provided scholarships for 22 students undertaking undergraduate or postgraduate studies in home economics. The recipients were:

### New South Wales

Roberta Asher  
Shirin Shakeri

### Queensland

Candice Bek  
Ionia McLay  
Sarah McManus  
Bronte Wills  
Lyn McErlean  
Holly Savill  
Courtney Thompson

### South Australia

Chelsea Mauch  
Georgia Middleton

### Western Australia

Kristin Richardson  
Courteney Ellett

### Tasmania

Sandy Murray

### Victoria

Adam Strawhorn  
Brooke Busuttill  
Dana Brown  
Stefanie Carino  
Stephanie Brown  
Claire Bristow  
Gloria Leung  
Isabella Maugeri

