

# INFORMATION FOR CONTRIBUTORS

## Frequency of publication

Two times per annum

## Focus

The Journal of the Home Economics Institute of Australia reflects the focus of the home economics profession:

... to educate, inform, and to act as an advocate to government, industry and the community for families and households, so that individuals can make informed choices in order to enhance their everyday living.

The Editor welcomes journal submissions that address educational, welfare, business and industrial issues relevant to home economics. These include social issues; economic, environmental and technological developments; professional knowledge updates; research; and evaluations of programs and teaching materials. Relevant topic areas include:

- consumerism
- curriculum
- design
- environment
- family
- fashion
- food and nutrition
- food science and technology
- health
- home economics
- human growth and development
- management
- shelter
- sustainability
- teaching and learning
- technologies
- textiles.

## Form of contributions

Contributions may take the form of:

- academic and research papers that make original contributions of an empirical or theoretical nature
- literature reviews
- papers of a practical or applied nature
- reports
- viewpoints
- letters to the Editor
- book reviews.

## Submitting a paper

- Contributions should be provided electronically as email attachments to <heia@heia.com.au> or directly to the Editor, using any of the main PC or Macintosh word-processing software packages. The contribution should be single-line spaced.
- Material that requires extensive editing or is inadequately referenced may be rejected or returned to the author for correction. The Editor reserves the right to make minor editorial amendments without consultation. This includes the use of Australian English spelling.
- Upon acceptance of contributions for publication, the contributor/s will be advised of the likely issue and date of publication. A complimentary copy of the Journal in which the article appears will be sent to contributor/s.
- The *Journal of the Home Economics Institute of Australia* holds copyright for material accepted for publication that has not previously been published elsewhere and is accepted as such in the Journal.
- If the material has been published elsewhere, written permission to publish in this Journal must be submitted with the contribution. Authors should obtain permission to reproduce any images, photographs, tables etc. that are not the author/s' original work. Due credit for all such inclusions must be provided in the article.

## Academic and research papers

- The Journal accepts academic and research papers for publication in two categories: refereed and non-refereed. For refereed papers, the Editor will select two referees from relevant fields of study. When submitting a paper, an author must clearly indicate if they wish it to be considered for refereed status.
- Papers are typically 3000–5000 words long.

- Each paper should have a separate title page containing its title, the names of all authors, and telephone and email address for the contact author.
- The authors' names should not appear anywhere else in the paper.
- An abstract of no more than 200 words must accompany each academic or research paper. This should be placed on a separate page immediately after the paper's title page.
- All figures or images must be cited in the text, sequentially numbered, and be captioned. Figures or images should be professionally prepared and submitted in a form and resolution suitable for high-quality print reproduction.
- All tables should be cited sequentially in the text, numbered, and captioned. Table columns should have explanatory headings.
- Diagrams should be of good quality and their preferred placement indicated. They should be provided on separate pages from the text of the article and, if necessary, in a separate electronic file.
- Photographs should be of good quality and their preferred placement indicated. Each photograph should be supplied as a separate high-resolution electronic file, not embedded in the document containing the submission.
- Measurements should be in metric units and use the International System of Units abbreviations.
- Contributors are requested to use inclusive language.
- All references should be placed at the end of the text. References and in-text citations should follow the conventions of the American Psychological Association (APA). References to unpublished material are undesirable. Footnotes should not be used unless they are unavoidable.

## Referencing in APA style

APA referencing is detailed in the *Publication Manual of the American Psychological Association* (7th ed.), 2020 <<http://www.apastyle.org/manual/index.aspx>>. Further information can be found in the APA Style Blog <<http://blog.apastyle.org>>. In addition, many major universities publish concise guides to APA style on their websites.

The following are some examples of references in APA style:

### Journal article

- Boddy, G., Booth, A. & Worsley, A. (2019). What does healthy eating mean? Australian teachers' perceptions of healthy eating in secondary school curricula. *Health Education, 119*(4), 277–290. <https://doi.org/10.1108/he-04-2019-0018>
- Papadopoulos, S., & Brennan, L. (2015). Correlates of weight stigma in adults with overweight and obesity: A systematic literature review. *Obesity, 23*(9), 1743–1760. <https://doi.org/10.1002/oby.21187>

### Book

- Gates, S. (2017). *Insects: An edible field guide*. Ebury Press.

### Article in edited book

- Balsam, K. F., Martell, C. R., Jones, K. P., & Safren, S. A. (2019). Affirmative cognitive behavior therapy with sexual and gender minority people. In G. Y. Iwamasa & P. A. Hays (Eds.), *Culturally responsive cognitive behavior therapy: Practice and supervision* (2nd ed., pp. 287–314). American Psychological Association. <https://doi.org/10.1037/0000119-012>

### Article retrieved from the internet

- Australian Curriculum, Assessment and Reporting Authority. (2016). *Australian Curriculum*. <https://www.acara.edu.au/curriculum>

### Government publication

- National Health and Medical Research Council. (2013). *Australian Dietary Guidelines*. <https://www.health.gov.au/sites/default/files/australian-dietaryguidelines.pdf>

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