

A photograph of two women sitting at a conference table. The woman on the left has dark hair and is wearing a black and white patterned top with a yellow lanyard. The woman on the right has blonde hair and is wearing a dark top. They are both smiling at the camera. In the background, other people and conference tables are visible. A yellow decorative shape is on the right side of the image.

# 2019 ANNUAL REPORT



Home Economics Institute of Australia Inc.

[heia.com.au](http://heia.com.au)

## Foreword

This year has been a year of challenge and visioning for the future of the Home Economics Institute of Australia (HEIA). A review of divisional activity during the year revealed that some divisions were struggling to keep office bearers. HEIA continued the process to form a Unified Structure for HEIA. Three divisions (New South Wales, Queensland and Western Australia) chose to continue as incorporated in their own right managing their affairs, while five of the divisions (Australian Capital Territory, Northern Territory, South Australia, Tasmania and Victoria) elected to deregister and continue their activities as part of a single entity with HEIA National - with National managing their financial and day to day operations.

The two Standing Committees operated during the year, with plans in line with the 2017 to 2020 Strategic Plan. It has taken time to work through the processes and directions and take on the new challenges.

This report:

- provides evidence of HEIA's work throughout the year
- identifies initiatives designed to assist members
- demonstrates ways in which HEIA has been recognised as the peak professional body for Australian home economists.

The report has been prepared to serve two purposes. Firstly, by recording HEIA's major activities for the year, members are able to develop a picture of what has happened at national and divisional levels across Australia. Secondly, the Annual Report provides evidence of HEIA's structures and professionalism and is an important document used, for example, when advocating for the profession and when applying to funding authorities for grants to support our work.

Being recognised as an efficient and effective organisation capable of achieving our goals, by both members of HEIA and others in the wider community, is critical to achieving our mission - to enhance the professionalism and political legitimisation of Australian home economists. We welcome your constructive comments about this report and any suggestions you may have to further our work.

I am sure you will enjoy reading the report and will appreciate the achievements of the home economics community.

**Kay York**  
**President, HEIA Inc.**

## Home Economics Institute of Australia Inc.

The mission of the home economics profession in Australia is to educate, inform and act as an advocate to government, industry and the community for families and households, so that individuals can make informed choices in order to enhance their everyday living.

As the peak professional body for home economics professionals in Australia, the Home Economics Institute of Australia Inc. represents the interests of home economists working in education, industry, community services, public health, consumer affairs, and family and household management. The mission of the Institute is to enhance the professionalism and political legitimization of Australian home economists.

The Institute was established to:

- provide a national focus for home economics and home economists
- promote public recognition of the role of home economists
- set professional standards for the practice of home economics and promote the professional standing of home economists
- encourage and assist home economists with ongoing education and professional development
- encourage, initiate and coordinate research into areas related to home economics
- co-operate and affiliate, at a state, national and international level, with organisations concerned with education and advocacy for families and households in their everyday living.

The mission and focus of the profession are reflected in the Institute's logo. The concentric circles symbolise the family unit within the community and the world as a whole. Through the centre runs the flame of the lamp of learning.



## Council and the divisional presidents

The year 2019 began with the following HEIA Council members:

President	Kay York
President-Elect	Vacant
Treasurer and Council member, HEIA(V)	Robert Ford
Executive Officer and Council member, HEIA(Tas)	Amanda Sutton
Secretary and Council member, HEIA(NT)	Carmel Glasgow
Council member, HEIA(NSW)	Susannah Williams
Council member, HEIA(SA)	Sarah Hockey
Council member, HEIA(WA)	Noelene Matthews
Council member, HEIA(ACT)	Janelle Maas, Parmilla Naidu
Council member, HEIA(Q)	Kirsty Mills

A Special General Meeting was held prior to the Annual General Meeting to vote on two motions.

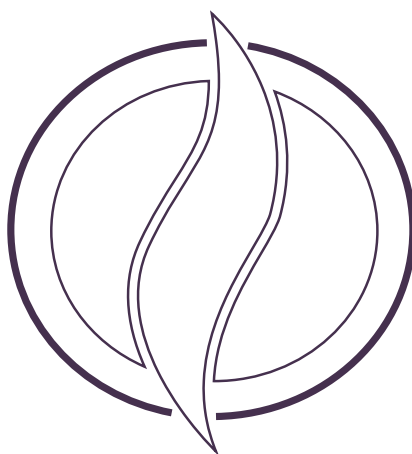
*Motion 1: That the term "Delegate" be changed to "Council Member" within the Home Economics Institute of Australia Inc. Constitution (2015).*

*Motion 2: That, there being no President- Elect, the term of office for the current President be extended for another two-year term.*

Both these motions were carried and Kay York was elected to the position of President for 2 years.

The 2019 presidents/chairs of the divisions were as follows:

HEIA(ACT)	Janelle Maas
HEIA(NSW)	Susannah Williams
HEIA(NT)	Mek Vines
HEIA(Q)	Rosie Sciacca
HEIA(SA)	Sarah Hockey
HEIA(Tas)	Vacant; Committee of Management
HEIA(V)	Robert Ford
HEIA(WA)	Vacant; Committee of Management



## EXECUTIVE

### President

Kay York  
HEIA(Q)

### Past-President

Peta Craig  
HEIA(ACT)

### Secretary

Carmel Glasgow  
HEIA(NT)

### Treasurer

Robert Ford  
HEIA(V)

### Executive member

Amanda Sutton  
HEIA(Tas)

Parmilla Naidu  
HEIA(ACT)

Susannah Williams  
HEIA(NSW)

Kirsty Mills  
HEIA(Q)

Sarah Hockey  
HEIA(SA)

Amanda Sutton  
HEIA(Tas)

Noelene Matthews  
HEIA(WA)

## STANDING COMMITTEES

### Professional Development

Susannah Williams  
Convenor

### Membership

Kay York  
Convenor



## Highlights of 2019

### January–March

- HEIA 2020 National Conference dates announced
- World Home Economics Day, 21 March 2019. *Creativity and Innovation in Home Economics for Sustainable development*
- World Home Economics Day celebrations across the country, including presentation of the 2019 King and Amy O'Malley Trust scholars
- McCormick HEIA 2019 Flavour Forecast Recipe Challenge launched
- NESLI HEIA Scholarship opportunities announced
- Free ICT webinars delivered to members
- Marilyn Yates honoured as she retired from the National Council

### April–June

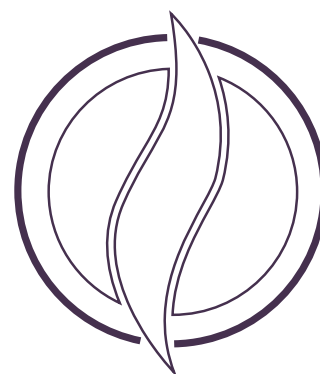
- 2019 HEIA and McCormick Flavour Forecast Recipe Challenge entries promoted
- HEIA/McCormick Flavour Forecast Recipe Challenge webinar
- Divisions (ACT, Northern Territory, South Australia, Tasmania and Victoria) working with members to decide on single entity proposal

### July–September

- Executive attends Associations Forum National Conference in Canberra
- HEIA(Q) State conference Home Economics: Creative cultures. 10 August 2019
- Update on nutrition in Australia webinar
- Meeting with ACARA to review Australian Curriculum: Technologies
- HEIA/McCormick Flavour Forecast Recipe Challenge – final tips webinar

### October–December

- National Nutrition Week, 13-19 October 2019
- Divisions (Australian Capital Territory, Northern Territory, South Australia, Tasmania and Victoria) working with members to vote on single entity proposal and wind up operations
- World Food Day, *Our Actions Are Our Future. Healthy Diets for A #ZeroHunger World* 16 October 2019
- Judging of the 2019 HEIA and McCormick Flavour Forecast Recipe Challenge – St Columba Anglican School Port Macquarie (NSW) announced as Divisional and the National winner



## Executive reports

### President's report

During 2019 several divisions worked with their members to come to a decision to vote on deregistering as an Incorporation and becoming a single entity with the National body. These divisions followed a rigorous process of consultation with their members which led to a vote during the latter part of 2019. Those which chose to vote (NT, SA, Vic, ACT and Tas) met with HEIA national in May to set up processes and procedures to ensure they offer their members the maximum benefits without the legal requirements of an Incorporation. The remaining divisions have strong Committees of Management and are continuing to manage their affairs as per their constitution. The divisions New South Wales, Queensland and Western Australia will continue to function as they have with no changes to the way they operate within HEIA Inc.

The new website is almost complete. User testing was carried out in December. It is important that the security on the website is stringent and therefore the website redevelopment has taken longer than expected. This is due to a number of factors including the financial security and the time taken to receive feedback and information for the site.

The international theme for the 2019 World Home Economics Day was *Creativity and Innovation in Home Economics for Sustainable Development*, which highlights our profession's contribution to a sustainable future. Sustainable development begins at home. Home Economics as a field concentrates on households as building blocks of societies and aims at improving the quality of life for individuals, families and their communities.

HEIA continued the monthly digital newsletters using the MailChimp platform and reviewed the content to bring more frequent and timely HEIA and home economics news to members. In between these newsletters, members received HEIA digital alerts with more specific HEIA news.

Marilyn Yates from Western Australia retired from Council and was acknowledged for her long standing membership and dedication to HEIA.

Administration Manager, Kelly Lambropoulos, handed the HEIA management to Renee Wilson who has worked with all divisions and assisted the single entity divisions to move their procedures across to a national management structure.

Throughout 2019, HEIA continued to support the relationship with McCormick and Wool4schools competitions by presenting learning webinars, which were well-received by members. Recordings of these are available on the website.

HEIA cemented a relationship with NESLI and an announcement of Advanced Leadership and Middle Leadership Scholarships being made available to members ensured that members could develop leadership skills with the support of NESLI. We hope to continue the relationship into the future.

It was a busy year in the Home Economics Institute of Australia Inc. with the review of the structure of HEIA Inc. The operation of our national organisation would not be possible without the dedication of our member volunteers at the national and divisional level and I sincerely thank all members who actively contribute to HEIA.

**Kay York**  
**President, HEIA Inc.**

## Treasurer's report

The Home Economics Institute of Australia Inc. financial report for 2019 outlines an eventful year for HEIA, with a number of initiatives being undertaken.

In 2019, major activities within this portfolio were the National Conference 2020 planning, *Nutrition - The Inside Story* text review, and establishing procedures for the transitioning of divisions' funds and financial reporting.

During 2019, Council continued the review and restructure process which saw five divisions elect to undertake the process of deregistration in their states and move their funds across to the National accounts. These divisions' funds show as shareholders equity in the balance sheet. The transfer of funds from these divisions will continue during the first part of 2020 as the state-based deregistration processes conclude.

HEIA National Conference 2020: seed funding monies were returned to the conference account for the conference planning, marketing and booking of venues. As with previous conference years, we will see unusual activity in our income and expenditures into 2020 and 2021, which is to be balanced with anticipated income from sponsors, registrations and profits in order to return the \$40,000 seed funding back to the Conference account.

*Nutrition - The Inside Story (3rd edition)* text review and printing: Council provided upfront funding for the preparation of the text contents and is also preparing for the considerable costs of printing and distribution during 2020. To date, this has totalled \$23,000 - with printing costs still to be allocated. It is planned that these costs will be recouped from sales, with the return of the upfront funding and profits to the accounts.

In anticipation of budgeted costs for these major projects, we had to release funds from our investment accounts into our transaction account. Funds from the Food Safety Matters account and the SunCorp investment account upon maturing were released to support these activities.

This year also saw the continuing low returns on our investment accounts with reinvestments only receiving between 1.5-1.9%. We have seen a return of \$8,500 from the various investment accounts which is in line with last year's returns. In the current financial environment, we can expect to experience low rates of return on investments for the foreseeable time.

We continued to see the benefits of the secretarial and membership management services along with the employment of an accountant this year to support the functions of the treasurer. Although attracting additional costs, these services are critical in ensuring National can support all divisions and will ensure that our accounts are accurate and we are responsive to all of our legal obligations. It is expected we will experience additional costs in these areas associated with the support and reporting requirements of the divisions coming under the unified structure. Discussions at a National level about these costs and how they are to be defrayed by those divisions is ongoing.

We also saw the income from memberships reduce from \$75,122 in 2018 to \$61,054, being a reduced income of \$14,068 in 2019.

Current activities include the review of accounting processes and set up within QuickBooks to ensure accurate accountability of the transitioning divisions' funds and reporting needs of their committees. Other process challenges will include the timely response to these divisions' requirements to clear funds for activities they undertake for members.



The allocation of funds to both major initiatives and managerial processes combined with a reduction in income from memberships has seen a reduction in the overall net worth of HEIA, with total assets for the 2019 year being \$359,512 compared to assets of \$394,538 in 2018.

This represents an operating loss of \$36,859. The two significant contributors to the variation in our position this year are the reduction in memberships and investment in *Nutrition - The Inside Story*.

We anticipate returns from the conference sponsorships and registrations and the sales of *Nutrition - The Inside Story*.

Two areas that are of concern are the reduction in membership income for a second year and the need for an understanding of why we are seeing our membership numbers reducing and what strategies we can be initiating to address this.

Secondly, the lack of income from our roll out of potential sponsorship opportunities. This may be due to this year's conference, but we should be ready to follow up and engage with these sponsors post the conference with the advantages of a National sponsorship package.

Details of the balance sheet and financial assets of the organisation are found in the audit report tabled as a separate document.

Conducted by: Colleen Hennequin & Associates

ABN: 55 606 114 470

Address: PO Box 773, Beaconsfield, Vitoria 3807

**Robert Ford**  
**Treasurer, HEIA Inc.**



# Home Economics Institute of Australia Inc.

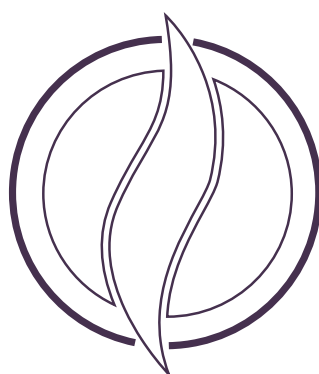
## Profit and Loss

### January – December 2019

	TOTAL
Income	
Copyright	7,292.48
Membership	61,054.31
Merchandise - General	1,008.60
Sales of Product Income	67.14
Services	37,913.79
<b>Total Income</b>	<b>A\$107,336.32</b>
Cost of Sales	
Cost of sales	0.00
<b>Total Cost of Sales</b>	<b>A\$0.00</b>
<b>GROSS PROFIT</b>	<b>A\$107,336.32</b>
Other Income(Loss)	
Interest income	8,503.32
<b>Total Other Income(Loss)</b>	<b>A\$8,503.32</b>
Expenses	
Accounting and bookkeeping	255.00
Advertising and marketing	1,281.01
Audit Fees	1,100.00
Bank charges and fees	212.83
Capitation - ACT	762.72
Capitation - NSW	560.15
Capitation - NT	1,191.97
Capitation - QLD	24,986.51
Capitation - SA	12,704.99
Capitation - TAS	2,854.39
Capitation - VIC	2,458.18
Capitation - WA	9,449.09
Conference Attendance Expenses	2,070.91
Council Meeting Expenses	23,409.37
Gifts and donations	136.36
Insurance	833.74
Journal Expenses	6,284.41
Memberships & Subscriptions	2,381.55
National Conference Account	14,968.18
Nutrition - The Inside Story 3rd Edition	23,204.54
Office/General Administrative Expenses	306.63
PayPal Fees	1,634.20
Postage & shipping	1,422.18
Printing, stationery & supplies	25.70
Professional Fees	21.82
Registration and insurance	57.80
Rent and Storage	2,350.00
Salary and wages - staff	40,320.75
Subscriptions	526.70
Suspense	0.00
Telephone & internet expenses	81.82

**Home Economics Institute of Australia Inc.**  
**Profit and Loss**  
**January – December 2019**

Transition Professional Fees	16,000.00
Transition Workshop Costs	5,729.88
Travel expenses	2,653.68
Website Charges	129.91
<b>Total Expenses</b>	<b>A\$202,366.97</b>
Other Expenses	
Net SA	0.00
Net Victoria	0.00
<b>Total Other Expenses</b>	<b>A\$0.00</b>
<b>NET EARNINGS</b>	<b>A\$ -86,527.33</b>



**Home Economics Institute of Australia Inc.**  
**Balance Sheet**  
**As at 31 December 2019**

	TOTAL
<b>Assets</b>	
Current Assets	
Accounts receivable	
Accounts Receivable (A/R)	5,337.05
<b>Total Accounts receivable</b>	<b>A\$5,337.05</b>
CBA Account	177,736.00
CBA Conf Account	22,321.06
Pay Pal Account	0.00
Suncorp Bank 504817362	0.00
Cash Inv Account General Comm bank	26,963.48
Food Safety Matters - Cash Inv Account	52,936.97
Inventory	0.00
Inventory Asset	0.00
Term Deposits	
Beverly Dixon Fund - CBA	9,942.31
Isobel Horne Fund - CBA	62,442.17
Suncorp Bank - Term Deposit	0.00
Term Deposit CBA	0.00
<b>Total Term Deposits</b>	<b>72,384.48</b>
Uncategorised Asset	0.00
<b>Total Current Assets</b>	<b>A\$357,679.04</b>
<b>Total Assets</b>	<b>A\$357,679.04</b>
<b>Liabilities and shareholder's equity</b>	
Current liabilities:	
Accounts payable	
Accounts Payable (A/P)	0.00
<b>Total Accounts payable</b>	<b>A\$0.00</b>
BAS Liabilities Payable	-1,833.27
BAS Suspense	0.00
<b>Total current liabilities</b>	<b>A\$ -1,833.27</b>
Shareholders' equity:	
Net Income	-86,527.33
Equity ACT	4,703.03
Equity SA	25,497.62
Equity TAS	21,175.77
Equity Vic	125.96
Opening balance equity	450,577.65
Retained Earnings	-56,040.39
<b>Total shareholders' equity</b>	<b>A\$359,512.31</b>
<b>Total liabilities and equity</b>	<b>A\$357,679.04</b>

# Standing Committee reports

## Membership Standing Committee



2019 showed a slight decrease in membership. The largest decreases were evident within the Full Individual membership category, however, there was a large increase in the School Non-Contact Person category. Renewal notices continued to be issued in the month prior to the due date. Schools received an invoice generated via QuickBooks, whereas individuals received an email with online link. Members were contacted during the year to renew membership by either email or telephone, followed by subsequent reminders.

**Table 1: Membership summary December 2019**

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate	0	1	0	1	1	2	0	1	6	0.47%
Full	2	11	8	74	56	12	13	71	247	19.16%
NIPE	3	10	0	13	4	7	4	7	48	3.72%
Overseas	0	0	0	2	0	0	0	0	2	0.16%
SMCP (contact person)	4	4	4	95	44	9	7	36	203	15.75%
SMNCP (non-contact person)	15	20	13	343	153	26	27	134	731	56.71%
Student (with journal)	0	4	0	11	11	1	2	12	41	3.18%
Student (no journal)	0	0	1	1	3	0	0	6	11	0.85%
<b>TOTAL</b>	<b>24</b>	<b>50</b>	<b>26</b>	<b>540</b>	<b>272</b>	<b>57</b>	<b>53</b>	<b>267</b>	<b>1289</b>	

**Table 2: Membership summary December 2018**

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate	0	1	0	2	2	0	0	0	5	0.38%
Full	3	17	12	99	51	12	27	79	300	22.56%
NIPE	4	10	1	18	3	7	6	7	56	4.21%
Overseas	0	0	0	1	0	0	0	0	1	0.08%
SMCP (contact person)	3	9	4	107	36	7	10	33	209	15.71%
SMNCP (non-contact person)	12	36	13	361	107	18	40	113	700	52.63%
Student (with journal)	0	2	0	7	7	1	10	12	39	2.93%
Student (no journal)	0	0	0	4	4	0	0	12	20	1.50%
<b>TOTAL</b>	<b>22</b>	<b>75</b>	<b>30</b>	<b>599</b>	<b>210</b>	<b>45</b>	<b>93</b>	<b>256</b>	<b>1330</b>	

Membership numbers fluctuated during 2019, ending with 1289 members in December as shown in Table 1. Numbers were compared and summarised for the corresponding two year period as evident in Tables 1 and 2. Therefore, from 2018 to 2019, there has been a small decrease of 41 members in total.

A major challenge with regards to the membership renewal process, particularly with reference to the School membership category, was the frequent change-over of staff. When teaching staff change schools or positions, it was often difficult to ensure that correspondence and notifications reached the correct members. In light of this, the Administration Manager for HEIA Inc. phoned schools and members in order to update details once the membership had lapsed. This helped to ensure we had the most current information on file and aided in building stronger relationships with our members. Other feedback we were often hearing was that many schools were reducing the number of staff teaching Home Economics subjects.

In the latter half of 2019, HEIA Inc. asked members for their feedback in the HEIA National Member Survey. The survey questions were predominantly formulated around member benefits and professional development, with the aim of establishing what is most valued and important within our membership. In December, Council reviewed the feedback of 127 respondents and subsequently spent time brainstorming and working on a raft of upcoming member benefits and professional development opportunities to be implemented throughout 2020. We thank all of the members who took the time to complete the survey and offer their suggestions.

Also in the latter half of the year, a number of divisions recognised and thanked their long-standing members. Members who had supported HEIA for 10, 15, 20 or 25 years+ were acknowledged and presented with a certificate at their local division's event. This program of recognition is ongoing and will continue throughout all of the divisions.

### **Kay York Convenor Membership Standing Committee**





## Professional Development Standing Committee

The 2019 Annual Report reflects the contribution made by the Professional Development Standing Committee (PDSC) in the third year of addressing the strategic priorities identified in the 2017-2020 Home Economics Institute Australia Inc. (HEIA Inc.) Strategic Plan.

As such, the PDSC is required to address the following specific strategies identified in the HEIA strategic plan: Present an HEIA national conference; Deliver a webinar program; Promote the use of digital technologies; Collaborate with divisions in the design, implementation and evaluation of professional learning activities; Produce the HEIA journal; Research the need for the development of specific home economics resources.

### Present an HEIA national conference

In 2017, HEIA Council confirmed that the 2020 HEIA three-day national conference will be held in Brisbane from Monday 28 to Wednesday 30 September 2020 at the Brisbane Convention and Exhibition Centre. Council also confirmed that the Professional Conference Organiser (PCO), Expert Events, would manage the conference.

The **Academic Program Committee** needs to be thanked for liaising widely and establishing an inspirational theme for the conference: *Igniting Critical Agendas*.

Much work has gone into sourcing high quality speakers and a wide-ranging program has been created. The Academic Program Committee consists of Leanne Compton (Victoria), Lyn McErlean (Queensland), and Ngaire Mayo (Queensland).

Thanks goes to the **Conference Steering Committee** comprising Dr Janet Reynolds, Kay York, Susannah Williams and Marilyn Yates. This committee has established the logistics and budgeting for the conference. After liaising with HEIA Council, it was agreed that Expert Events would continue to seek sponsorship for the conference.

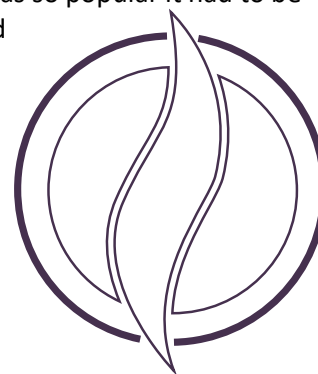
Thanks also goes to the **Host Committee** - Michelle Harris of San Sisto College and current member of the HEIA(Q) Conference Organising Committee; Kirsty Mills of Park Ridge State High School and current member of the HEIA(Q) Committee of Management; and Michelle Popplewell of Mt Alvernia College. This committee have thoroughly researched surrounding venues and experiences for delegates to enjoy whilst at the conference.

### Deliver a webinar program

The PDSC sincerely thanks Peta Craig for managing the HEIA webinar program in 2019. We are also grateful to Peta for presenting the July webinar '*Update on Nutrition in Australia*' which was so popular it had to be held twice on the one evening. The webinars were recorded and details published on the events page of the HEIA Inc. website. Information was also included in the HEIA Inc. newsletter. Attendees were emailed an HEIA participation certificate.

The 2019 Webinars were:

- March - ICT in the Home Economics Classroom
- May - HEIA/McCormick Flavour Forecast Recipe Challenge
- July - Update on Nutrition in Australia
- September - Final tips for the 2019 HEIA/McCormick Flavour Forecast Recipe Challenge



The webinar program continued to be a successful method for interaction with members and potential members. Our most popular webinar - *Update on Nutrition in Australia* - attracted 139 attendees which was a 60% attendance rate. The percentage of people who register for the webinar versus those who actually attend (attendance rate) is generally accepted to be around 50%.

We are contracted with the streaming platform 'GoToWebinar' until August 2020, at which stage we intend to change platform to Zoom Meetings.

### **Promote the use of digital technologies**

HEIA Inc. continued to be involved in *ACARAs Technology Implementation* task group, with Susannah Williams (NSW) and Amanda Sutton (TAS) attending the online discussion forums held by the group. Issues of particular interest in 2019 were discussions around a possible review of the curriculum; the resources that are created by ACARA and are available on their website; STEM in schools; the rise of Artificial Intelligence and its implications for teaching and learning; and more accessible post graduate research opportunities for technology teachers (digital). One particular concern that members of this group investigated was the teaching shortage in the areas of practical subjects in high schools.

Late in 2019, HEIA Inc. nominated one of our members - Phoebe McKenzie (TAS), to attend the *Digital Technologies in Focus (DTiF) Summer School* intensive hosted by ACARA in Sydney. (This was held in January 2020). The week-long workshop gave Phoebe exposure to multiple methods of incorporating digital technologies into Home Economics programs. We thank Phoebe for giving up a week of her school holidays and look forward to seeing how she can share her findings with our HEIA membership.

### **Produce the HEIA Journal**

In 2017, Dr Janet Reynolds resigned from the position of HEIA Journal Editor but agreed to continue performing this task after no one else was found to replace the position. Jan has been the journal editor and produced the HEIA journal, uninterrupted from 1994, when the first four editions of the journal were published. The journal continues to be a high quality publication. The PDSC appreciates Jan's support of the standing committee. Her professionalism and commitment to HEIA and our members is acknowledged and celebrated.

### **Research the need for the development of specific home economics resources.**

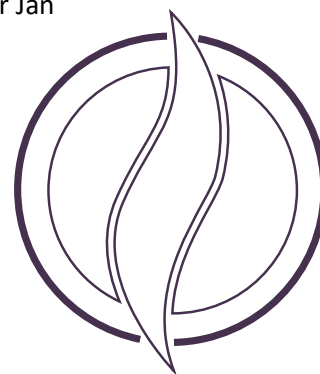
A joint effort was made to survey our members on their professional development needs via an electronic questionnaire which was circulated to all members. Attendees of the HEIA(Q) conference were also surveyed. The results were presented to Council in the latter half of 2019.

An updated and revised edition of *Nutrition: The Inside Story* was completed by Dr Jan Reynolds and will be available for members to purchase in the New Year. This has been a monumental task and the publication is currently in the final stages of design and printing.

### **Thanks**

I thank the members of HEIA for their contribution to the Professional Development Standing Committee in 2019 and look forward to a busy and productive year in 2020.

**Susannah Williams**  
**Convener Professional Development Standing Committee**



## Divisional reports

### Australian Capital Territory (ACT)

2019 saw HEIA(ACT) introduce a Community of Practice for Design and Technology teachers within the ACT and local NSW schools area. Kay York HEIA Inc. President, facilitated the initial gathering on the 14 October and together the group decided upon a meeting calendar for 2020. The Community of Practice will meet once per term to share curriculum initiatives, meet new members, build stronger networks, and support each other in their daily teaching. The first event kicks off at St Mary Mackillop College on the 24 February 2020, with a Molecular Cookery Workshop.



Saturday November 2 was the time HEIA(ACT) members came together to spend 4 hours touring Canberra City food establishments enjoying a mixture of drinks and food. The tour started off at Bentspoke Brewing Co, sampling some of their popular award winning beers and ciders, buffalo wings and mac & cheese balls. Then, it was off to Topsy Bull for a gin & tonic sample - adding our own aromatics including rosemary, juniper berries and citrus. Indian street food was on the agenda at Tikka Take, followed by one of Canberra's most popular restaurants, Akiba, where we had a choice of cocktails or mocktails, with chicken and prawn dumplings and a choice of bao buns. The final destination was Frugi Dessert Laboratory, a local family run ice-cream/gelato business. With standard flavours like vanilla bean, dark chocolate salted caramel plus unique combinations such as salted duck egg, blood orange and tonka bean.

The year concluded with a dinner at the Hellenic Club at Woden to celebrate 2019 and farewell the division's much loved secretary, Simone Murphy. Simone is off to live overseas with her husband who has a military posting for 3 years.

**Janelle Maas**  
Chairperson, HEIA(ACT)

### New South Wales (NSW)

NSW had a number of challenges this year as well as opportunities to advocate for home economics.

This year we were very much bolstered by our wider support network after the loss of Dr Jennifer Macarthur in 2018. I would like to thank Kate Moss for stepping in as treasurer, Gail Clarkson for her leadership and Anne Dean for her unwavering commitment. Late in 2018, we attended the Professional Teachers Council awards where Jennifer was posthumously recognised for her excellence in service to education which was an important evening for the committee and Jennifer's family.



ANNE DEAN, SUSANNAH WILLIAMS AND EMILY TAYLOR AT THE HEIA NATIONAL AGM IN MARCH 2019

Anne Dean and Pat Sinclair continue to encourage and inspire our leadership with their long service and important history. Anne and Pat met with the COM this year to buoy us with the story of the establishment of the King and Amy O'Malley scholarships. We were reminded that HEIA has a long history of brave and bold action.

This year we have enjoyed the addition to our executive of Kelly Russell as our Treasurer. Kelly is an enthusiastic advocate for Home Economics and a brilliant logistical mind. Emily Taylor, who has demonstrated leadership in a number of roles including secretary, has now become our new President in NSW.

2019 HEIA (NSW)  
CONFERENCE  
'SUSTAIN  
YOURSELF, SUSTAIN  
THE WORLD'



NSW COOKERY  
TEACHERS  
ASSOCIATION  
SCHOLARSHIP  
AWARDED TO LILLIAN  
FLETCHER

We made the decision to postpone our May conference to October and for the first time held the event on a Saturday. Although the attendees at 'Sustain Yourself, Sustain the World' were generally delighted with the day's events, we were disappointed with turnout. Our conference has traditionally been a driver for membership and we fear that the poorer attendance translated in a drop in membership from 83 to 50.

We forged a closer relationship with the Technologies faculty at the Australian Catholic University. This is one of the main universities offering the teaching qualification for 'home economics' in NSW this year and we created a student award which Emily and I presented to Aladdin Sari at their showcase evening.

This is in addition to the NSW Cookery Teachers Association Scholarship award that we presented to Lillian Fletcher at the NSW Public Education annual

event. HEIA supports this scholarship through sales of the Common Sense Cookery Book and we are served well by Gail Clarkson who represents HEIA NSW on the board.

HEIA NSW made submissions to the NESA (NSW Education Standards Authority) as part of their curriculum review. We outlined difficulties in delivering technology subjects with rising costs and fewer trained teachers, the impact of the new syllabus demands of teaching coding and its impact on teaching nutrition in light of our obesity crisis, and the importance of assessment of soft skills.

We also responded to the Obesity Strategy Consultation, again raising the importance of teaching nutrition in the practical context of cooking skills.

It has been an honour to serve you in the capacity of NSW President for these last two years and I wish Emily Taylor every success in her future role.

**Susannah Williams**  
President, HEIA(NSW)





## Northern Territory (NT)

2019 continued to be a busy year for the Northern Territory division of HEIA Inc. Taking on the role of President after a period of not being on the Committee of Management (COM) was a big learning curve, and I have enjoyed the experience very much. Our committee this year consisted of myself as President, Natasha Johnston as Secretary, Ruth Payne as Treasurer, Vicki Potter as the Professional Learning Coordinator, Tina Sketchley as our joint national Council Member, Jenny Unwin as Public Officer, Carmel Glasgow as the national Council Secretary and Penny McIntyre and Alice Hooper as committee members. Everyone has contributed to the running of the division and I thank them for all their work.

Much of the year has been taken up with discussions and work around deregistration of HEIA(NT) as we transition to the unified structure under HEIA Inc. Tina Sketchley and Carmel Glasgow have been instrumental in keeping the association on track and this level of commitment is to be commended. We look forward to this taking full effect at the beginning of 2020.

Our association has continued to be supported by the Professional Teachers Association of the Northern Territory (PTANT). This support is instrumental in allowing our small division to be able to access the valuable professional learning that we do. We received two grants to access professional learning. The first grant allowed us to be part of the Festival of Teaching where we were able to fund three of our members to present and run workshops for all. Two workshops were delivered and these were accessed by a variety of people who attended the day. Adrienne McMahon presented a hands-on workshop called Short and Sweet. This was a great session in that teachers were able to leave with ideas and recipes that are quick, healthy and encouraged students to increase their vegetable intake. Vicki Howie and Evelyn Gaces, two of our members from Alice Springs, presented a session; *Utilising Read and Write in the Classroom*. This is an online tool for students who struggle with spelling and sentence structure and those with learning difficulties such as dyslexia. These two presenters discussed how they have used this program successfully to deliver theoretical components of Home Economics to their students. All presentations were valuable and well attended, with teacher feedback being very positive.

As part of this grant, we also received funding to present a Dumpling workshop. We undertook the PL on the 26<sup>th</sup> October and this was well attended. Instructing us was Chef Danny Yeum from Roast and Noodle in Darwin. He taught us how to prepare the dumpling skins and filling and then more techniques in wrapping and cooking. A really interesting and worthwhile day for all.



Our second grant from PTANT was used to send our members to the HEIA(Q) *“Creative Cultures” State Conference*. Members who attended said it was a great conference and we were thrilled that some of the new, less experienced members had the opportunity to attend and network with so many other Home Economics professionals.

Membership numbers remained steady this year with 26 members. Our membership is based all around the Territory and it is good to have members of remote schools also contribute to our association.

Two of our members achieved significant awards this year. Firstly, Tina Sketchley was awarded a NESLI scholarship. This was presented to her at the HEIA(Q) Conference. Tina is our joint Council Member and displays such leadership in this role, in particular, in helping us to understand and move through the process of deregistration. The other award went to our Katherine based teacher, Adrienne McMahon, who won the VET Educator of the Year at the NT Teaching Awards in October this year. Adrienne is a very inspiring teacher which was evident in her session at the Festival of Teaching. Congratulations to both these amazing members.

Two more of our members had significant events where we were fortunate enough to be able to thank and celebrate their contributions to the HEIA(NT). Penny McIntyre is retiring. She will still be part of our membership but it is was great to recognise and celebrate all the work she has done for us over the years. Carmel Glasgow is leaving the Territory after many, many years and this sad event also allowed us to formally recognise and celebrate her contributions to Home Economics in the Territory. Good bye Carmel and thank you.

After a memorable Christmas catch up at the Ski Club, 2019 was recognised as a memorable year for our association and we are all looking forward to the changes that are coming in 2020.

**Mek Venes**  
President, HEIA(NT)

TINA SKETCHLEY,  
AWARDED A NESLI  
SCHOLARSHIP AT  
THE HEIA(Q)  
CONFERENCE



ADRIENNE  
MCMAHON, NT  
VET TEACHER OF  
THE YEAR

## Queensland (Q)

2019 was an exciting and constructive year for HEIA(Q). The year commenced with our Annual General Meeting, held on Tuesday 12 March, preceding our Committee of Management meeting. At the AGM, we farewelled committee member Sarah Brooks and departing President Kirsten McCahon. As a result of these departures, there were comprehensive changes to the executive structure of HEIA(Q). The AGM welcomed Rosie Sciacca to the role of President, Aileen Lockhart to the role of Vice-President, Nicole Stanway to the role of Secretary, Madeline Fagan to the role of Treasurer and Kirsty Mills to the role of National Council Representative. Continuing as members of the committee were Kay York, Bronte Wills, and Janet Reynolds, who continued in her role as Professional Development coordinator and Newsletter Editor. The committee also welcomed new members Nikki Boswell at the AGM and Sharyn Laidlaw over the course of 2019. Together, the committee initiated and trialled numerous ventures to support the needs of HEIA(Q) members and to bolster the effective operation of the committee. In regard to committee operations, 2019 saw the trial of online collaborative tools to facilitate easier access to required documents and the introduction of alternative ways to contribute to Committee of Management meetings when not able to be physically present.

To celebrate World Home Economics Day in 2019, HEIA(Q) hosted a function at the Museum of Brisbane in Brisbane City Hall on Friday 15 March. The event offered members an exclusive tour of The Designers' Guide: Easton Pearson Archive Exhibition where they explored a diversity of intricate designs and engaged in a hands-on exploration of the Easton Pearson design process.



At the celebration, we formally acknowledged the contributions of departing President Kirsten McCahon and celebrated the success of recipients of the King & Amy O'Malley Trust Scholarship for Queensland, Amelia Ingram, Bronte Wills, Ionia McLay and Phoebe Hanau.



The professional development program in 2019 was designed in response to members' needs and feedback from the 2018 professional development program and conference. Four workshops were crafted by members of our community to deliver across our regions. Jill Shehab presented 'Textiles and Fashion – Building capacity and creativity in Years 10, 11 and 12', Margaret Duncan presented 'Developing excellence in teaching and learning for Years 7-10', Michelle Harris presented 'A fresh approach to Design Technologies and Food', and Rosie Sciacca presented 'Delving into Design'. Feedback from these workshops was outstanding across the regions and we thank presenters, regional coordinators and participants for their valued contributions to collectively enhancing the Home Economics profession.

A highlight of the year was the 2019 HEIA(Q) State Conference 'Home Economics: Creative cultures. The conference was held on Saturday 10 August at the Brisbane Convention and Exhibition Centre with 370 delegates, presenters and exhibitors in attendance from across the state and across Australia. This year's conference was designed to create an 'atmosphere of generosity' in exchanging ideas as a pathway to creating creative cultures. Delegates were encouraged to offer ideas and to be open-minded when receiving ideas, to welcome flexibility and change, to be open to departure from doing things the way they've always been done, and to engage in healthy debate about new ideas. Within the many cultural contexts of home economics—for example, family, food, textiles, pedagogy and curriculum—delegates were encouraged to get the right balance of top-down and bottom-up ideas to develop real-world creative cultures in their personal and professional spaces.

The conference was a fantastic opportunity to delve into topics of professional interest, with keynotes from Catherine Saxelby and Jane Martine, for delegates to network and for HEIA(Q) to celebrate the work of our members. The opening sessions acknowledged the successes of the 2019 Queensland home economics graduating students and the NESLI scholarship recipients, including Queensland members Nikki Boswell who was awarded a full scholarship, and Ngaire Mayo and Danielle Gibson who were both awarded partial scholarships. Romana Wallace was presented with the HEIA(Q) 2019 Teacher Excellence Award and Derryn Acutt's sustained service to HEIA(Q) was acknowledged through being presented with the Dr Janet Reynolds Award for Service to HEIA(Q).

Developing and delivering a conference is the feat of many people. Without the contributions and generosity of presenters, ticket collectors, registration desk supporters, photographers and other such responsibilities, the conference would not run. The success of the conference would not have been possible without the dedication of the Conference committee, including Conference Convenor Ngaire Mayo, conference committee members Janet Reynolds, Lyn McErlean, Michelle Harris, Sue Smith, and the team at Expert Events who made the day flow effortlessly.



*Derryn Acutt, recipient of the Dr Janet Reynolds Award*

As has become tradition in August, a Retirees' High Tea was held on Tuesday 27 August at Keri Craig Emporium. The event was well attended, providing a fantastic opportunity for colleagues and friends to socialise and enjoy some delicious food and a glass of bubbles. Thank you to Denise McManus for her continuing role in organising this annual event and connecting HEIA(Q) past and present members.

Congratulations to the One School Global team who were the Queensland winners of the 2019 McCormick Flavour Forecast Recipe Challenge. These talented young people and their teacher created and refined 3 amazing dishes with judges commenting positively on their efforts.

To continue its support of the QCAA Food and Nutrition syllabus, The University of Queensland has continued its connection with HEIA(Q) by providing a day of subsidised professional learning at their St Lucia campus. Teachers were offered the opportunity to attend a 2.5 hour complimentary Food and Nutrition workshop on Thursday 28 November. The session explored the effects of temperature and manipulation on chemical and functional properties of food, concepts including viscosity, spherification and powderising, and food science experiments for the classroom. Feedback from delegates was overwhelmingly positive and HEIA(Q) looks forward to a continued association in 2020.

Prac Day Out had a slight twist in 2019. Rather than an entire day out, HEIA(Q) instead held an afternoon out to launch the revamped Fashion for the Sun resource. This exciting resource was developed by HEIA(Q) in conjunction with Queensland Health over the past number of years, with HEIA(Q) members Janet Reynolds, Jill Shehab, Kay York, Kylie King and Rosie Sciacca forming the development team. The Fashion for the Sun launch was held on Wednesday 20 November, with delegates and invited guests, including Cancer Council, Queensland Health representatives in addition to education authority representatives, exploring the revitalised resource and its connections to the Australian Curriculum. A highlight of the launch was the practical fashion illustration workshop, presented by fashion designer Rycki Symons, to compliment the sketching elements of the resource and curriculum.

2019 has certainly been a consistently busy year for HEIA(Q). The success of our member opportunities is attributed to the valued contributions of our members and our Committee of Management. Thank you to all who have supported HEIA(Q) and its members in 2019.

**Rosie Sciacca**  
**President, HEIA(Q)**



## South Australia (SA)

2019 was a busy and successful year for HEIA(SA), with lots of Professional Development opportunities on offer, a chance for members' concerns to be heard and discussed, fresh ideas, links created and plenty of networking. The executive team worked closely together to meet the changing needs of our members, using our regular meeting times to bounce ideas off of each other, brainstorm and problem solve.

The year began with a workshop on Stage 2 Food & Hospitality Investigations, hosted by Kathleen Dodgson and Leanne Jarvis. For the first time we offered this workshop as a webinar, where attendees could login to listen and interact with the presentation online. It was great that many of our country members could access the information through this format.

Home Economics professionals, past and present, from all over the state came together on March 30<sup>th</sup> to celebrate World Home Economics Day (WHED) at the Goodwood Community Centre. It was a fantastic opportunity to hear from d'Arcy Lunn and Serafina from Teaspoons of Change South Australia and the amazing work they are doing encouraging communities to meet the Global Goals. The HEIA(SA) Award for Excellence was awarded to Narelle Bennett for her long and valued contribution to the association. King and Amy O'Malley Scholarships were awarded to Chelsea Mauch, Georgia Middleton, Naomi Crosby, Gemma Lyons and Brittany Johnson. The Resek Award was presented to Waverley Palmer. Congratulations to all of our award winners.

Lunch was provided by Post Dining and was an interactive experience involving trading 'water miles food tokens' for various foods based on their water footprint. We also welcomed a number of stall holders to the event, promoting products such as reusable food packaging, new resources and Thermomix demonstrations.



In June, we held our major curriculum based workshop for the year, with a focus on Curriculum Planning. President, Sarah Hockey led the day, facilitating attendees to critically assess and then adjust their own unit plans and assessment tasks to ensure they align to the National Curriculum and provide reliable and relevant assessment. We were also fortunate to hear from Susan Brandt about her work in Clothing and Textiles at Brighton Secondary School and from Margaret Henry who is doing amazing things with textiles at Grange Primary School.



Once again, a big focus for the year was our practical workshops held at Regency TAFE during the school holidays. Courses included The World of Baking, Native Foods, Contemporary Plated Desserts and Plant Based Modern Cooking. Thank you again to Carole Holroyd for facilitating our relationship with TAFE SA – it has been a great opportunity to tap into the resources and expertise available.



In October, we held a STEM in Textiles Day at the amazing new Flinders Tonsley facility. Participants were able to play around with laser cutters, 3D printers and learn all about the future of design and technology. Thank you to Belinda Zanello who facilitated the day and organized the goody bags for attendees to take home with them.

The HEIA(SA) Facebook page has continued to grow and increase in activity, with regular links to curriculum based information as well as current topics and issues in the field. Our Hub Groups were busy all year, providing a chance for teachers to share ideas, network and learn from each other. Activities included making Bees Wax Wraps, Sewing 101, discussion about the SACE Assessor's Report and a visit to the Royal Adelaide Show.

Personally, I would like to take this opportunity to thank anyone who has contributed to HEIA(SA) over the last twelve months, but particularly to the members of the executive, who have been so supportive in what has been a fun, busy and challenging year!

**Sarah Hockey**  
President, HEIA(SA)



## Tasmania (Tas)

It is with pleasure that HEIA(Tas) shares this Annual Report of meetings and activities within HEIA Inc. for 2019.

Despite the small membership size, a varied Calendar of Events has been produced annually for members. Creating and mailing an electronic version has been an important communication tool for teachers/member schools, giving them advanced warning of special events/tours. Relevance to the Australian curriculum as well as providing an opportunity for up-skilling in both Food and Fibre production has meant many sessions were well attended.



KAREN WEITNAUER & MARIE  
PHILLIPS

Like many other divisions, the Committee of Management (COM) experienced difficulty in attracting members to take on roles as the work /family life balance means that most members are sympathetic but time poor. The outgoing COM have worked effectively over several years and leave the division in good hands, financially strong and with an energised new committee commencing their roles. Under the leadership of Amanda Sutton, innovations will be in place to assist the new committee, moving forward. Additionally, significant support will be available from HEIA Inc. and this will be a time saver for smaller divisions such as Tasmania.

HEIA(Tas) Executive planning meetings were held in January, August and November. The usual business occurred but 2019 had a special significance: the deregistration of divisions was a major decision for many states to ponder.

Vice-President Karen Weitnauer and the HEIA(Tas) Executive informed themselves on the necessary processes advised by Associations Forum to bring about deregistration of HEIA(Tas). The COM also consulted retired members who had a historical perspective on the formation of the divisions of the Home Economics Association (as HEIA was previously known). Updated information was shared with members through newsletters and at professional learning events. A final decision to deregister was voted unanimously on Saturday 23rd November 2019 in Launceston at the AGM and Special General Meeting.

A highlight of the 2019 Calendar of Events was the *Sustainable Living Day - Gala Day Professional Learning* attracting twenty-one attendees. With the guidance of Amanda Sutton and her year 9 and 10 Hospitality students, an exciting professional learning day for members was held on Saturday 30<sup>th</sup> March at Clarence High School, Hobart.

The day showcased Tasmanian food and textile artists working in sustainable ways in their particular area of expertise. Workshops included:

- Cookery demonstration by Clarence High Hospitality students making Pork Bao Buns using local produce and focusing on *no waste food for the whole day*
- Presenter Sue Hall from *Shall Design* making bags from recycled banners; no sewing, only rivets and studs
- Presenter Hilary Green making beeswax wraps and reusable food covers
- Presenter Amanda Sutton on *The Planetary Diet*

The latter curriculum-focused presentation included three student led activities. Amanda outlined the merits of a planetary diet for the environment and promoting a high plant diet as our first choice for good health. Students assisted teachers to complete each activity - designing a Buddha Bowl, tasting fermented foods in the *Good for the Gut* session, and later experience the sensory properties of a range of seeds and spices called *Seeds and More*.

Members also toasted World Home Economics Day, heard encouraging words from our Patron, Frances Underwood, and listened keenly to an address from King and Amy O'Malley Scholarship Awardee for 2019, Ms. Anke Reymann. Our day concluded with the sharing of some Curriculum Grabs – prior to the day, members were asked to forward a unit of work, a good idea or resource and these items were preloaded to a flash drive USB – featuring our HEIA Logo! It was a bold move sharing ideas, and as a reward, participant's names were added to a lucky draw. The winner of the Curriculum Grabs received a signed copy of the latest text on sustainable native home gardening called *Eat Wild Tasmanian*, by Rees Campbell. Feedback from the day was most encouraging and a new group of interested members offered to assist in creating further professional learning for teachers.

During the April holidays, HEIA(V) members made a Foodie Tour of Tasmania and Tasmanian members were invited to join them for a meal at *Etties* Restaurant in Hobart. Rhonda McInnes, a former Tasmanian, led the group and utilised her local knowledge to ensure they “ate their way” around our state.



In the latter half of the year, Vivienne Cox offered a sharing session on Japanese stitching. Vivienne's expertise and design skills are of the highest standard and many appreciate her work.



The year concluded with the Special General Meeting on 23<sup>rd</sup> November in Launceston with our National President, Kay York, as special guest. HEIA(Tas) is grateful for Kay's support and clear explanation of the process for deregistration. The 2019 Awardee for the King and Amy O'Malley Scholarship, Sandy Murray, talked to the group about her PhD research on 'Food Security in Tasmania'. A belated presentation was made to the 2018 Awardee for the King and Amy O'Malley Scholarship - Ms. Jillian Brandsema.

The final duties for the outgoing 2019 HEIA COM were to recognise longstanding service and dedication to Home Economics by Rita Cawley. Rita held positions as President, Secretary, Treasurer and Public Officer. She is a long standing member of HEIA TAS. Rita has performed Council duties as observer and delegate for Tasmania. She has organised or assisted with many professional learning activities in Tasmania for her colleagues. Rita's abilities were recognised when called upon to form a Tasmanian Conference Organising Committee for the 2005 National Conference held in Hobart. This Conference was legendary in setting a benchmark for other HEIA conferences where close collaboration with the local home economics professionals assisted the National Conference Committee on venues, speakers, tours, entertainment and excursions. For Rita and her team, the Hobart Conference is remembered as an outstanding success. Kay York and Karen Weitnauer presented Rita with a Service Award for her years of dedicated service to our profession.

As retiring Vice President and COM member, I wish to formally acknowledge the time and effort volunteers give so willingly to create a professional association for home economists in Tasmania: Julie Creed, Treasurer; Mary Williams, Minutes Secretary; Jo Bracken, Secretary and Public Officer; Kellie Adams, eNews facilitator; Amanda Sutton, Council Member; Cindy Skirving, Phoebe Menzie, and Alice Howell. They are a sincere and wonderful group of colleagues.

I welcome the new Committee, under the guidance of Amanda Sutton, and wish them well for an exciting 2020 in Home Economics!

**Karen Weitnauer**  
Vice President, HEIA(Tas)

RITA & RICHARD  
CAWLEY,  
SERVICE AWARD  
RECIPIENT



HEIA(TAS)  
LONGSTANDING  
MEMBERS



## Victoria (V)

The Victorian Committee of Management planned an exciting calendar of professional development events for Home Economics teachers in 2019, along with an undertaking to progress the divisions' discussion with members and vote on a transition to the new HEIA unified structure by the end of the year.

We started the year with our AGM meeting and lunch which we combined with the presentation of the scholarships for the King and Amy O'Malley Trust. This year saw six recipients in Victoria – one of whom, Ashlyn Burr, joined our committee. Congratulations to all! Over lunch we also had the opportunity to continue the discussion around the move to the unified structure with attendees.

March also saw committee members host a follow up of our successful Units 1 and 3 VCE Food Studies workshop day in 2018, with a second planning and interactive workshop day for the Units 2 and 4 VCE Food Studies curriculum. Rhonda McInnes and Sandra Fordyce-Voorham looked at the requirements of the VCE units, the possible assessment opportunities, learning activities and timelines for the units. Moderation and audits opportunities were also discussed. Resources used on the day by the presenters were provided in digital form to attendees to take home. This was very successful with a good turnout of both experienced and trainee teachers from metropolitan and regional Victoria attending. A number of attendees decided to join HEIA on the day as they could see the benefits of the association through these professional development activities and support in planning for the subjects that they teach.



In April, committee member Rhonda McInnes took a small group on an amazing journey '*Taste of Tasmania*', with members from four divisions enjoying a variety of what Tasmania has to offer. This included Kempton Distillery for a tour along with scones and whisky tasting; a Tassal demonstration; an incredible lunch at Frogmore winery; a visit to taste artisan cheeses; a tea tasting experience at the plantation; a day on Bruny Island; and to finish, lunch at Mathew Evans Fat Pig Farm. The group listened to how many of these producers have not only developed unique products and experiences but also their philosophy and approach to the sustainability that sits behind the enterprises.

A small group also had the amazing opportunity to spend a few nights at Cradle Mountain enjoying the scenery, the history of the area, and ever changing environment – a very special experience.

Given the success for the Taste of Tasmania tour, ideas of other potential tours were discussed, with Sri Lanka and Egypt food and textile tours being researched and planned as possible options over the next year or two.

In May, Robert Ford and Cheryl Sonter (immediate Past-President and immediate Past-National Treasurer) represented Victoria at a meeting arranged by HEIA National Council, with the five states who planned to move to the unified structure. The group developed a Procedures Manual for how the Divisions and the National Council would work under the new structure.



August saw our Committee member Janice Bulbul host a group of members for a Farm Gate Tour of the Mornington Peninsula – Janice along with Marlene Hoff of ‘100 mile Foodie’ welcomed us. The tour started with a breakfast feast in Marlene’s kitchen/demonstration space featuring an amazing range of local foods. From there we enjoyed a day traversing the region and visiting farm gate fresh produce, Hillock Downs produce store where we enjoyed lunch, followed by the bakery and chocolatiers at Flinders, and finally a wine tasting. This gave the attendees a valuable insight into the region’s diversity, ecology and approaches to sustainability – environmental and business.

In October, the committee hosted members at a Q&A session with National President Kay York about the upcoming restructure of HEIA and what it means for the Victorian Division. This was in preparation for our special general meeting (SGM) and vote on the proposed changes in November. Along with a display and sharing of resources there was a presentation of membership awards including 10, 15, 20 and 25 years of membership. It was also announced that the recipient of the Norma Jean Findlay Memorial Award for outstanding contributions in the field of Home Economics was presented to Cheryl Sonter – a very worthy winner – Congratulations Cheryl!



To end 2019, we held a successful SGM where members voted in favour of the move to the new unified structure. This was followed by a lunch at Stumpy Gully Winery, a presentation of recognition certificates to

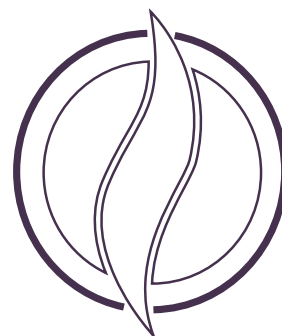
several of our members and a discussion around planning for 2020. Members can look forward to some exciting ideas for learning and support (and non-members) in Victoria in 2020.



Over the year the committee has intentionally involved some current students and recent graduates, such as Ashlyn Burr who has contributed to developing the Facebook page, to contribute to the committee and have a voice in the future of HEIA. The use of podcasts for future activities and for engagement of members, especially those in regional areas, is something that is being developed for future activities and workshops. Establishing communities of practice in the different regions is a focus for 2020.

I would like to thank those members of the Committee of Management who have worked tirelessly for HEIA(V), and for their families who supported them in the management of HEIA(V). While the learning curve continues, it is wonderful to see more members becoming involved and are prepared to contribute to HEIA(V) in numerous way, big and small. We look forward to another productive and exciting year in 2020.

**Robert Ford**  
President, HEIA(V)



## Western Australia (WA)

2019 was a challenging year for HEIA(WA). After 5 years, Lyn Dymond stepped down as president and the position remained vacant. Meetings were chaired on a rotational basis and tasks shared amongst committee members. At the AGM, Marilyn Yates tendered her resignation as the national council member and we were fortunate that Noelene Matthews agreed to represent WA on Council. This left the secretary position vacant and we were grateful to Liesel DeVries for taking on this role. Our thanks to Marilyn for the many hours she committed over the years as our representative to ensure that Western Australia has a 'voice' at the national level.

Professional development for our members was a priority and the year started well with WHED being celebrated on Wednesday 20<sup>th</sup> March 2019 at a Sundowner and Presentation, which was held at the WA SMEG Showroom. The theme for this year's WHED was *Creativity and Innovation in Kitchen Technology for Sustainable Development*. Attendees had the opportunity to relax and enjoy a social evening and catch up with colleagues while watching demonstrations of new products by SMEG Display Centre Presenters - Lisa Balbi, Diane Vardanega and Deb Capelli. They introduced members to some of the latest innovations in kitchen technology and explained how these latest advances impact on both cookery techniques and the sensory properties of foods.



THE MARILYN YATES  
ACADEMIC PRIZE  
AWARDED TO ERIN  
IMATDIEVA



At the WHED event, HEIA(WA) Recognition of Service Awards were presented to former presidents Noelene Matthews and Jennifer McGillivray, and our treasurer for the past 16 years - Barbara Woulfe. This is the first time these awards have been presented and were inaugurated to acknowledge the significant contribution that these members have made, and continue to make, to HEIA(WA) over an extended period of time. It was also an opportunity to present The Marilyn Yates Academic Prize to Erin Imatdieva for the student achieving the highest academic score in the Bachelor of Education (Home Economics) course.

HEIA(WA) is always keen to publicly acknowledge the contribution of members and in October 2019, the Professional Teaching Council of Western Australia presented an Outstanding Professional Service Award to Lyn Dymond. In 1991, Lyn joined HEIA(WA) as a student member on the Committee of Management (COM) and for the past five years held the position of President. As a former lecturer in Home Economics Education at Edith Cowan University (ECU), Lyn is committed to fostering in teachers the concept of us all as life-long learners.

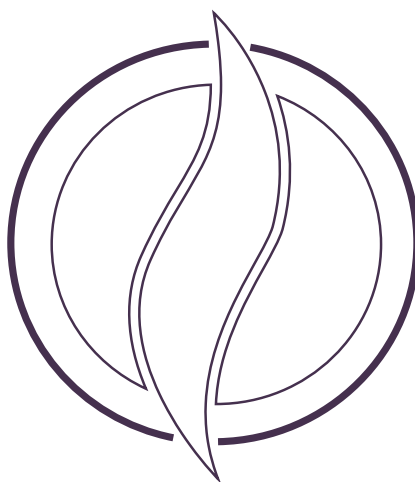


The three day conference for each of the three tertiary entrance subjects taught in Home Economics was once again very successful. Thanks are extended to those teachers who were brave enough to share with others the work they were doing in their schools. Many teachers reported that they ranked highly the quality of the presenters and appreciated the opportunity to network with colleagues. Enrolments were significantly higher than that of the previous year and HEIA(WA) is indebted to ECU for providing, as part of their commitment to engagement with the community, facilities that could accommodate all those who wanted to attend both the Children, Family and the Community and the Food Science and Technology seminars. Several teachers travelled long distances from the country with representatives from as far as Kununurra in the north to Esperance in the south and many places in between. Thanks are extended to all members of the COM, the conference convenor, Lyn Dymond, and a special thank you to our PL coordinator, Jen Rule.

2019 was another productive year for HEIA(WA). Although membership numbers remain buoyant, the challenge to find new people willing to be part of the management group is an ongoing concern.

'Team HEIA(WA)' is a small, committed group who are to be commended for the contribution they have made to the services we are able to offer our members.

**Lyn Dymond**  
**Past-President, HEIA(WA)**



## National and NSW/ACT State McCormick competition winner – 2019

*Congratulations  
to the Winners!!*



St Columba Anglican School  
Port Macquarie, NSW



## National Awards and Scholarships

### Fellowship Awards

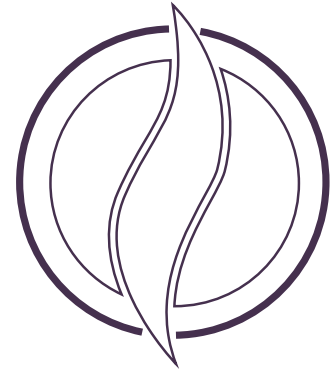
No Fellowship Awards were presented in 2019

### Leadership awards

No Leadership Awards were presented in 2019

### Service awards

No Service Awards were presented in 2019



## King and Amy O'Malley Trust Scholarships

In 2019, the King and Amy O'Malley Trust provided scholarships for 23 students undertaking undergraduate or postgraduate studies in home economics. The recipients were:

### New South Wales

Jordan Stanford

### Queensland

Amelia Ingram

Bronte Wills

Ionia McLay

Phoebe Hanau

### South Australia

Chelsea Mauch

Georgia Middleton

Naomi Crosby

Gemma Lyons

Brittany Johnson

### Western Australia

Tracy-Lee Fick

Lisa de Franck

Kayley Fisher

Courteney Ellett

### Tasmania

Sandy Murray

Holly Savill

### Victoria

Claire Bristow

Benjamin Costello

Gloria Leung

Alana Vallas

Isabella Maugeri

Ashlyn Burr

Ruth Walker

