



2018 ANNUAL REPORT



heia

Home Economics Institute of Australia Inc.

heia.com.au

Foreword

This year has been a year of challenge and visioning for the future of the Home Economics Institute of Australia (HEIA). A review of divisional activity during the year revealed that some divisions were struggling to keep office bearers. HEIA embarked on a process to discover the extent of the issue and look to a way forward to keep all divisions functioning into the future. It was decided to examine a Unified Structure for HEIA where each division examined the proposal and made decisions as to whether to move forward at a divisional level.

The two Standing Committees operated during the year, with plans in line with the 2017 to 2020 Strategic Plan. It has taken time to work through the processes and directions and take on the new challenges.

This report:

- provides evidence of HEIA's work throughout the year
- identifies initiatives designed to assist members
- demonstrates ways in which HEIA has been recognised as the peak professional body for Australian home economists.

The report has been prepared to serve two purposes. Firstly, by recording HEIA's major activities for the year, members are able to develop a picture of what has happened at national and divisional levels across Australia. Secondly, the Annual Report provides evidence of HEIA's structures and professionalism and is an important document used, for example, when advocating for the profession and when applying to funding authorities for grants to support our work.

Being recognised as an efficient and effective organisation capable of achieving our goals, by both members of HEIA and others in the wider community, is critical to achieving our mission - to enhance the professionalism and political legitimisation of Australian home economists. We welcome your constructive comments about this report and any suggestions you may have to further our work.

I am sure you will enjoy reading the report and will appreciate the achievements of the home economics community.

Kay York
President, HEIA Inc.

Home Economics Institute of Australia Inc.

The mission of the home economics profession in Australia is to educate, inform and act as an advocate to government, industry and the community for families and households, so that individuals can make informed choices in order to enhance their everyday living.

As the peak professional body for home economics professionals in Australia, the Home Economics Institute of Australia Inc. represents the interests of home economists working in education, industry, community services, public health, consumer affairs, and family and household management. The mission of the Institute is to enhance the professionalism and political legitimisation of Australian home economists.

The Institute was established to:

- provide a national focus for home economics and home economists
- promote public recognition of the role of home economists
- set professional standards for the practice of home economics and promote the professional standing of home economists
- encourage and assist home economists with ongoing education and professional development
- encourage, initiate and coordinate research into areas related to home economics
- co-operate and affiliate, at a state, national and international level, with organisations concerned with education and advocacy for families and households in their everyday living.

The mission and focus of the profession are reflected in the Institute's logo. The concentric circles symbolise the family unit within the community and the world as a whole. Through the centre runs the flame of the lamp of learning.



Council and the divisional presidents

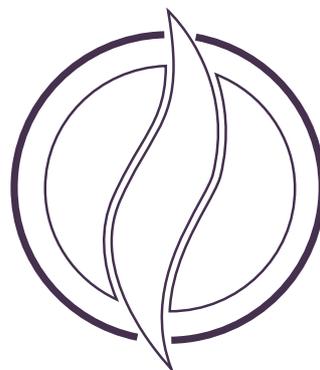
The year 2018 began with the following HEIA Council members:

President	Kay York
President-Elect	Vacant
Treasurer and Delegate, HEIA(V)	Cheryl Sonter
Executive Officer and Delegate, HEIA(Qld)	Amanda Sutton
Secretary and Delegate, HEIA(NT)	Carmel Glasgow
Delegate, HEIA(NSW)	Susannah Williams
Delegate, HEIA(SA)	Sarah Hockey
Delegate, HEIA(TAS)	Amanda Sutton
Delegate, HEIA(WA)	Marilyn Yates
Delegate, HEIA (ACT)	Parmilla Naidu

At the Annual General Meeting in March 2018, Carmel Glasgow HEIA (NT) was elected Secretary. Amanda Sutton took over the role of Executive Member.

The 2018 presidents of the divisions were as follows:

HEIA(ACT)	Janelle Maas
HEIA(NSW)	Susannah Williams
HEIA(NT)	Penny McIntyre
HEIA(Q)	Kirsten McCahon
HEIA(SA)	Sarah Hockey
HEIA(Tas)	Vacant; Committee of Management
HEIA(V)	Cheryl Sonter
HEIA(WA)	Lyn Dymond



EXECUTIVE

President

Kay York
HEIA(Q)

Past-President

Peta Craig
HEIA(ACT)

Secretary

Carmel Glasgow
HEIA(NT)

Treasurer

Cheryl Sontter
HEIA(V)

Executive member

Amanda Sutton
HEIA(Tas)

Parmilla Naidu
HEIA(ACT)

Susannah Williams
HEIA(NSW)

Kirsten McCahon
Rosie Sciacca
HEIA(Q)

Sarah Hockey
HEIA(SA)

Amanda Sutton
HEIA(Tas)

Marilyn Yates
HEIA(WA)

STANDING COMMITTEES

Professional Development

Marilyn Yates
Convenor

Membership

Kay York
Convenor

Highlights of 2018

January–March

- World Home Economics Day, 21 March 2018. *Home Economics literacy: Skills for Healthy and Sustainable Cooking*
- World Home Economics Day celebrations across the country, including presentation of the 2018 King and Amy O'Malley Trust scholars
- Restructure proposal presented to Council and voted on to filter out to divisions for perusal
- NSW Conference

April–June

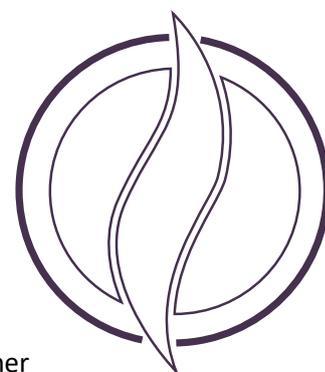
- 2018 HEIA and McCormick Flavour Forecast Recipe Challenge launched
- Wool4School Student Design Competition webinar, 14 March 2018
- HEIA/McCormick Flavour Forecast Recipe Challenge webinar, 8 May 2018

July–September

- Marilyn Yates inducted into the Associations Forum Hall of Fame for service to HEIA
- HEIA(Q) State conference Home economics, mindful practice and planetary health. The conference attracted a record number of delegates, 18 August 2018
- Divisions vote to make a decision as to whether they will move forward with restructure proposal – NT, SA, Vic, Tas and ACT decided to send out the proposal to members of their divisions. Other divisions Committees of Management decided not to continue the process.
- Refresh.ED webinar, 24 July 2018
- Consultation with ACARA about Initial teacher education and the Australian Curriculum: Technologies
- Responded to Queensland Health Department paper to strengthen efforts to support healthy eating in schools

October–December

- National Nutrition Week, 14-20 October 2018
- ICT in the classroom webinar, 22 October 2018
- World Food Day, *Our Actions Are Our Future, Ending World Hunger by 2030 is Possible*
- Judging of the 2018 HEIA and McCormick Flavour Forecast Recipe Challenge – Redbank Plains State High School, Queensland, announced as the national winner



Executive reports

President's report

Council continued to implement the recommendations from the Governance review. As with any organisational change there is a degree of disorder before the changes take place and are embedded. This is reflected in the changes that occurred 2018.

Council established that there were difficulties in some divisions with the retention of Committees of Management. It was decided to investigate a single entity structure as opposed to the current federated structure. Council held several meetings and engaged a consultant to manage the information gathering and subsequent meetings. Some divisions chose to continue towards a vote in their division while other divisions chose to continue as they currently operate. The divisions which chose to continue as they have will have no changes to the way they operate within HEIA Inc. Those which choose to continue with the process (NT, SA, Vic, ACT and Tas) will work with HEIA national to set up processes and procedures to ensure they offer their members the maximum benefits without the legal requirements of an Incorporation.

The website is being redeveloped and is at a stage where testing is able to take place. It is important that the security on the website is tight and therefore the website redevelopment has taken longer than expected. This is due to a number of factors including the financial security and the time taken to receive feedback and information for the site.

The international theme for the 2018 World Home Economics Day was *Home Economics literacy: Skills for Healthy and Sustainable Cooking*, which encompasses food, financial, consumer and environmental literacies. The occasion reminded us all that this is a great time to reflect on the importance of home economics literacy.

HEIA continued the monthly digital newsletters using the MailChimp platform and reviewed the content to bring more frequent and timely HEIA and home economics news to members. In between these newsletters members received HEIA digital alerts with more specific HEIA news.

Marilyn Yates from Western Australia was inducted into the Associations Hall of Fame in July. The presentation was conducted at the HEIA (Q) state conference as Marilyn was not available in July. The induction recognises Marilyn for her service to HEIA over an extended period of time.

Administration Manager, Kelly Lambropoulos continued to take on a broader role in the organisation working solidly on membership, newsletters and administration tasks. This has proved to be a very worthwhile step in our review process.

Throughout 2018 HEIA continued to support the relationship with McCormick and Wool4schools competitions by presenting learning webinars, which were well-received by members. Recordings of these are available on the website.

It has been a busy year in the Home Economics Institute of Australia Inc. with the review of the structure of HEIA Inc. The operation of our national organisation would not be possible without the dedication of our member volunteers at the national and divisional level and I sincerely thank all members who actively contribute to HEIA.

Kay York
President, HEIA Inc.

Treasurer's report

I am pleased to present the financial report for 2018. A variety of activities were undertaken by the National Council and despite some large expenses, HEIA has increased its asset position in 2018.

2018 was an eventful and busy year for HEIA as a decision was made to undertake a review of the structure of HEIA, so as to better utilise its resources and to alleviate the stress for small committees that is associated with managing the legal requirements of their division. HEIA believes that there may be advantages in changing the current structure from Federation to a Single Entity structure. The potential advantages of a Single Entity structure include better services to members, increased operational effectiveness and greater economies of scale, a single voice in advocacy and reduced workload on volunteers. Obviously this is not a process to be undertaken lightly, so a tender was put out to several entities and a decision was made to utilise Associations Forum as the guide for this review. After the initial stage was evaluated, National Council decided to progress to Stage 2 and a commitment was made to fund this primarily from one of the investment accounts. \$15,000 was transferred to the business account in accordance with this decision, in preparation for the invoice that was generated in February 2019. The Stage 2 expenses will primarily be evidenced in the 2019 report.

It was also the year of utilising a new financial, secretarial and membership management service, which enabled the members of the National Council to manage the business more efficiently. This new service has meant that Council made a decision to close the Canberra post office box and open a new one at Rhodes in Sydney. HEIA also closed the 1800 number listing with the White Pages and opted to utilise a \$30 a month mobile phone service, saving \$2900 a year. An accountant was contracted to set up a new accounting system using 'QuickBooks' so that the financial position could be tracked more easily and be compliant with current taxation and other legal entities. The storage locker was closed in Brisbane and a new storage locker located in Sydney was rented, with a saving of approximately \$1300 per year. All of these changes to centralise the management of HEIA have resulted in an overall saving for the organisation and a streamlining of the services provided to the members. In moving forward HEIA is aiming to automate membership within QuickBooks, so that all future renewals can be automatically generated within the new website and the accounting system, creating a further cost saving in monetary terms and manual handling.

Of concern is the increasing cost of members utilising credit cards when paying their membership fees. Over the last two to three years the utilisation of PayPal has increased rapidly, so a study was undertaken to compare the PayPal fees with those of the banks. The Commonwealth Bank program was found to be around half the amount of PayPal, so there will be the utilisation of their service attached to the new website in 2019.

Income has remained at a similar level to previous years, once the bump that occurs with conferences is accounted for. Interest rates on investment accounts have remained low, with the best that could be found was 2.6%, so that only \$8069 was gained from the various investment accounts. Despite the extra costs associated with the restructure, expenses have been reduced and streamlined in several areas, such as those mentioned above, resulting in only a \$742 drop in the overall net worth of HEIA. By the end of 2018 total assets for HEIA were \$394,538.

Cheryl Sonter
Treasurer

Home Economics Institute of Australia Inc.
Profit and Loss
January - December 2018

	Total
Income	
Billable Expense Income	273.64
Copyright	7,103.95
Interest on Term Deposits	8,068.84
Membership - Cheque	72,867.10
Membership - EFT	1,565.91
Memberships Fees - Paypal	7,234.09
Merchandise - General	2,160.55
Sales of Product Income	318.19
Services	55,131.31
Uncategorised Income	-73.09
Total Income	A\$154,650.49
Cost of Sales	
Cost of sales	0.00
Total Cost of Sales	A\$0.00
Gross Profit	A\$154,650.49
Expenses	
Accounting and bookkeeping	1,920.00
Advertising and marketing	1,700.00
Bank charges and fees	256.07
Capitation - ACT	910.60
Capitation - NSW	3,357.55
Capitation - NT	995.60
Capitation - QLD	20,201.02
Capitation - SA	10,921.62
Capitation - TAS	1,859.71
Capitation - VIC	1,705.42
Capitation - WA	15,336.15
Comm Biz Fees	70.00
Conference Attendance Expenses	2,955.16
Conference Expenses	5,099.17
Contractor Expenses (non salary)	24,137.30
Council Meeting Expenses	13,051.67
Insurance	778.50
Journal Expenses	6,359.36
Meals and entertainment	9.73
Memberships & Subscriptions	2,304.36
Office/General Administrative Expenses	1,214.82
Parking Charges	228.46
PayPal Fees	2,268.33
Postage & shipping	1,247.62
Printing, stationery & supplies	367.54
Professional Fees	20,034.53
Purchases	149.55

Rent and Storage	2,318.18
Salary and wages - staff	0.00
Shipping, Freight, and Delivery Postage & Handling	141.82
Subscriptions	665.88
Suspense	0.00
Telephone & internet expenses	109.08
Travel expenses	5,390.74
Uncategorised Expense	1,950.61
Website Charges	284.48
Total Expenses	A\$150,300.63
Net Earnings	A\$4,349.86

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Home Economics Institute of Australia Inc Balance Sheet As of December 31, 2018

	<u>Total</u>
Assets	
Current Assets	
Accounts receivable	
Accounts Receivable (A/R)	21,951.10
Total Accounts receivable	A\$21,951.10
CBA Account	32,017.86
CBA Conf Account	12,409.24
Pay Pal Account	0.00
Suncorp Bank 504817362	64.69
Cash Invt Account General Comm bank	41,593.77
Food Safety Matters - Cash Inv Account	52,440.01
Inventory	0.00
Inventory Asset	900.00
Term Deposits	
Beverly Dixon Fund - CBA	9,622.39
Isobel Horne Fund - CBA	45,137.73
Suncorp Bank - Term Deposit	121,500.60
Term Deposit CBA	67,487.21
Total Term Deposits	A\$243,747.93
Total Current Assets	A\$405,124.60
Total Assets	A\$405,124.60
Liabilities and shareholder's equity	
Current liabilities:	
BAS Liabilities Payable	2,183.00
BAS Suspense	34.00
Total current liabilities	A\$2,217.00
Shareholders' equity:	
Net Income	4,349.86

Opening balance equity	451,477.65
Retained Earnings	-52,919.91
Total shareholders' equity	A\$402,907.60
Total liabilities and equity	A\$405,124.60

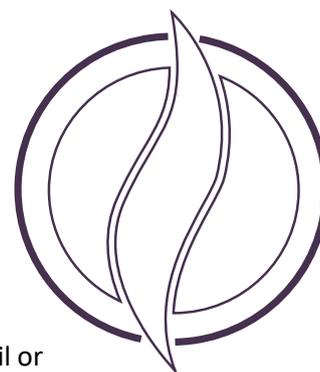
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Auditors Report: See separate tabled document.

Conducted by Colleen Hennequin & Associates
Tax accountants and business consultants
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Standing committee reports

Membership Standing Committee



2018 shows an increase in membership as work was done to ensure that the membership notifications and renewals are on track. Early in the month an invoice with a renewal link is sent for the following month. The invoices are created in QuickBooks where each member has been set up with an account. Members were contacted during the year to renew membership by either email or telephone.

Table 1: Membership summary December 2018

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate	0	1	0	2	2	0	0	0	5	0.38%
Full	3	17	12	99	51	12	27	79	300	22.56%
NIPE	4	10	1	18	3	7	6	7	56	4.21%
Overseas	0	0	0	1	0	0	0	0	1	0.08%
SMCP (contact person)	3	9	4	107	36	7	10	33	209	15.71%
SMNCP (non-contact person)	12	36	13	361	107	18	40	113	700	52.63%
Student (with journal)	0	2	0	7	7	1	10	12	39	2.93%
Student (no journal)	0	0	0	4	4	0	0	12	20	1.50%
TOTAL	22	75	30	599	210	45	93	256	1330	

Table 2: Membership summary December 2017

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate		2		1				3	6	0.56%
Full	2	11	7	81	36	17	11	55	220	20.9%
NIPE	1	5		12	3	5	2	4	32	3%
Overseas	1			1					2	0.18%
SMCP (contact person)	3	6	3	91	25	6	6	30	170	16.1%
SMNCP (non-contact person)	10	23	10	309	91	16	26	101	586	55.5%
Student (with journal)		1		6	4	1	7	8	27	2.5%
Student (no journal)				5	1			6	12	1.1%
TOTAL	17	48	20	506	160	45	52	207	1055	

The telephone interviews have proved fruitful with members renewing and giving feedback. This has been part of a new retention strategy along with benefits for members

The standing committee investigated ways to give members more benefits. Online membership continued with some issues due to the inability of the website to have a reliable membership platform. This will be rectified with the construction of a new website and its launch during 2019.

The Membership Standing Committee spent time working on a raft of member benefits such as an online community, recognition of membership and member discounts to be rolled out in 2019. The digital newsletter continued to be rolled out over 2018 using the platform Mail Chimp throughout the year. Feedback received on the new newsletter has indicated that it is well received by members. The new format allows for PDF documents to be linked to the newsletter making it more succinct and interesting for members.

Membership numbers have fluctuated in 2017, ending with 1055 members in December as shown in Table 2, with memberships being renewed online and through the post every day. Numbers have been compared and summarized for the corresponding two year period as evident in Tables 1 and 2. Therefore, from 2018 to 2017 the difference is 275. Rolling membership is now being used for members meaning that members have a 12 month renewal date from the date they join.

Kay York
Convenor Membership Standing Committee

Marilyn Yates inducted into the Associations Forum Hall of Fame 2018



Professional Development Standing Committee

The 2018 Annual report reflects the contribution made by the Professional Development Standing Committee (PDSC) in the second year of addressing the strategic priorities identified in the 2017-2020 Home Economics Institute Australia (HEIA) Strategic Plan.

Having developed in 2017 the outline describing the PDSC's proposed contribution to the achievement of the goals identified in HEIA's three-year strategic plan, the 2018 PDSC Management Plan described specific strategies to achieve the identified goals. The PDSC is required to address the following specific strategies identified in the HEIA strategic plan: Present an HEIA National conference; Deliver a webinar program; Promote the use of digital technologies; Collaborate with divisions in the design, implementation and evaluation of professional learning activities; Produce the HEIA journal; Research the need for the development of specific home economics resources.

The progress of the PDSC is a reflection of the leadership by those individuals who undertook an advertised task group or subcommittee convenor role. For each specific strategy, in consultation with the designated leader, the PDSC identified specific tasks, including how the committee, subcommittee or task groups would complete the tasks.

In summary, the PDSC's considerable role in 2018 involved planning to assure achievement of annual outcomes such as an annual webinar program and three-year planning exemplified by the HEIA triennial conference.

Present an HEIA national conference

During 2017, HEIA Council confirmed that the 2020 HEIA three-day national conference, will be held in Brisbane from Monday 28 to Wednesday 30 September 2020 at the Brisbane Convention and Exhibition Centre, Merivale St and Glenelg St, South Brisbane. Council also confirmed that the Professional Conference Organiser (PCO) Expert Events, will manage the conference.

Early in 2018, the Conference Steering Committee comprising Dr Janet Reynolds, Convenor of the Academic Program Committee; The Convenor of the Brisbane Host Committee and Marilyn Yates, Convenor of the PDSC, was established.

The PDSC is extremely pleased that Dr Jan Reynolds, Past President national HEIA and convenor of the HEIA national conference, Academic Program Committee for the 2014 and 2017 conferences, will once again undertake this hugely demanding role. The following HEIA members responded to an advertisement prepared by Jan Reynolds and published in the HEIA newsletter for membership of the committee: Leanne Compton, Victorian Curriculum and Assessment Authority, Past President national HEIA, member of national HEIA Academic Program Committee for 2014 and 2017; Lyn McErlean, St Benedict's College, member HEIA(Q) Conference Committee for three years and Ngaire Mayo, Innisfail State College, member of HEIA(Q) Conference Committee for several years. The Academic Program Committee began the process of deciding on the conference theme and title.

The 2020 Host Committee is still being formed. It currently comprises Michelle Harris, San Sisto College and current member of HEIA(Q) Conference Organising Committee; Kirsty Mills, Park Ridge SHS, current member of the Committee of Management, HEIA(Q) and Michelle Popplewell, Mt Alvernia College, with the convenor still to be appointed.

Deliver a webinar program

The PDSC sincerely thanks Peta Craig for managing the HEIA webinar program in 2018. The committee also thanks the presenters who staged the following four webinars:

1. Wool4School design competition
2. McCormick Flavour Forecast Competition
3. Refresh.Ed nutrition education resource for the classroom
4. ICT in the home economics classroom.

Thanks also go to the HEIA members who attended these webinars for their commitment to HEIA and the profession.

Two Wool4School webinars were held on Wednesday 4 March, with one at 4.00pm and another at 7.00pm, Australian Eastern Daylight Time (AEDT), largely to accommodate Western Australian members. Registration numbers were low, with eight for 4.00pm and thirteen for 7.00pm.

Two McCormick Flavour Forecast Competition webinars were held on Tuesday 8 May, one at 4.00pm and another at 6.00pm, Eastern Standard Time (EST) with seventeen attendees at 4.00pm and eleven at the 6.00pm session

One Refresh.Ed webinar was run on Tuesday 24 July from 4.00-5.00pm (EST). Academic, Margaret Miller from Edith Cowan University presented. There were one hundred and twenty registrants and sixty-eight attendees, which is the highest to date.

On 22 October 2018, Leanne Compton and Rachel Crellin presented on the use of ICT in the home economics classroom. This engaging presentation commenced with an overview of the wide range of programs available, which was followed by some specific tips on their use. The two webinars attracted forty-eight and fifty-four attendees respectively (4.00pm and 7.00pm – AEDT).

Webinars are advertised in the HEIA newsletter along with reminder alerts, as well as through the state and territory divisions. For the Refresh.Ed webinar, the reminder alert saw registrations increase from fifty to one hundred and twenty.

The webinars are recorded and details are published on the events page of the HEIA website. Information is also included in the HEIA newsletter. Attendees are emailed an HEIA participation certificate.

Promote the use of digital technologies

Task group leader Leanne Compton and Rachel Crellin from the Victorian Department of Education conducted a joint presentation on the use of digital technologies in the classroom. In order to reach a national audience, a webinar presentation was selected which focused on a general overview of a range of tools that can be used in the home economics classroom and the use of Excel to undertake sensory analysis tasks.

The number of participants in this webinar held in Term 4, 2018, (see webinar program section) is a demonstration of member interest in the effective use of digital technologies in the home economics classroom. Participant feedback was extremely positive.

The PDSC sincerely thanks long-term HEIA contributor Leanne Compton in her roles of task group leader and session presenter. Also thank you to Rachel Crellin for her ongoing contributions to HEIA.

Collaborate with divisions in the design, implementation and evaluation of professional learning activities

A PDSC- developed survey was distributed to each Council member to take back to their division. The purpose of the survey was to collect division-identified needs of members, and how each division addresses the professional learning needs of particular segments of their membership. This would, for example include, teachers working in metropolitan, country and remote schools and non-teacher members.

Disappointingly, information was not supplied by some division delegates, so the results were not collated in 2018. The aim is to share ideas and implementation strategies for professional learning activities delivered by divisions.

Produce the HEIA Journal

In 2017 Dr Janet Reynolds resigned from the position of HEIA Journal Editor. Jan has been the journal editor and produced the HEIA journal, uninterrupted from 1994, when the first four editions of the journal were published,

In 2018, a process for identifying a replacement editor was undertaken without success and Jan continued to work on the final issue for 2017. It was completed in September 2018 and distributed to all members. The first issue for 2018 had the wrong volume number that is number 24 instead of 25. This was corrected digitally and members were advised of the error via the newsletter. Jan has expressed her embarrassment and apologies for the error. Jan offered to publish another issue for 2018, and two issues for 2019 and 2020 if a replacement editor has not been identified. This time period would enable someone to come forward and work shadow Jan in the publication of the journal.

The PDSC appreciates Jan's support of the standing committee. Her professionalism and commitment to HEIA and our members is acknowledged and celebrated.

Research the need for the development of specific home economics resources.

The planning that was undertaken in 2017 to complete this strategy was not implemented in 2018 as the task group leader, Sandy Smith, HEIA (WA), was managing a significant health problem.

I thank Cheryl Sonter HEIA (V) and Susannah Williams HEIA(NSW) for their contribution to the Professional Development Standing Committee in 2018.

Marilyn Yates

Convenor Professional Development Standing Committee

Divisional reports

Australian Capital Territory (ACT)

No report

New South Wales (NSW)

This year saw the release of the much anticipated new technology mandatory syllabus which is the NSW version of the national syllabus for years 7-8. HEIA NSW has, and continues to, consult with NESAs (NSW Education Standards Authority) on all syllabus matters including the 9-10 syllabus.

As such, the COM prepared a conference focusing on meeting these requirements with a workshop of an e-textiles project. This was designed by Emily Taylor and was extensive to say the least. Jennifer McArthur organised all our conference logistics and Kelly Russell (and family) went to great lengths to ensure participants had everything they needed for the workshop. I gave a talk on Critical and Creative thinking and how this relates perfectly to home economics.

This year's conference was a sell-out success and attended by NESAs and ACARA representatives.

I would like to thank and acknowledge Tammie Jaktas for her work in the background and always being ready to lend a hand. I would like to thank Gail Clarkson, not only for her work this year with her many HEIA areas but for stepping up when I needed her support and guidance in this most difficult of days.

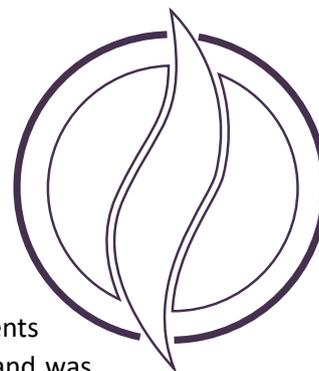
In October this year we lost Jennifer, our dear friend and leader. The grief of this loss hasn't finished with us yet. We expressed what we could to her husband Tony, who attends so many meetings and events he feels just as much a member of HEIA as any of us. We felt the love come in from all over Australia as the news of her passing spread.

Just a few days before her unexpected death I had the opportunity to nominate Jennifer for an Outstanding Professional Service Award from the Teachers Professional Council. Jennifer had wanted to be a teacher when she was younger but she was not permitted to because of her health. But Jennifer did become a teacher, lecturing at The Australian Catholic University, where she influenced many current Home Economics teachers in NSW. She was also our teacher, always explaining, motivating, guiding and serving. Always patient.

Jennifer was successful in receiving this award and I provide the text of the application as a tribute to her:

Outstanding Professional Service Award Dr Jennifer McArthur BSc DipNutrDiet MHPed PhD

Jennifer, in recognition of her significant and continuous contribution to the support of Home Economics teachers and education in NSW through Home Economics Institute of Australia (NSW Division), as a committee member from 2012 (president elect), 2013-2017 (president), 2018 (treasurer and past president mentor). Jennifer restructured the organisation in her time in leadership and created the stability needed for the HEIA (NSW division) to increase the size of the committee and to better meet the needs of members. During Jennifer's presidency the organisation resumed yearly state



conferences as well delivering numerous practical and low cost professional development events for teachers. During this time Jennifer completed her PhD on the interactions between social factors and nutrition. Because of her research and industry contacts, Jennifer has given HEIA a voice in the circles of public health and nutrition, particularly for adolescents. In the last twelve months Jennifer has mentored a new president, taken on the role of treasurer and organised the state conference logistics.

On February 20th, a number of members of HEIA NSW joined with Jennifer's husband and sister in law to celebrate her posthumous award at the Professional Teacher's Council annual dinner.

As we continue in this work we have many firsts to contend with, the first AGM without her, the first conference without her. We still feel like we should just dismantle the moon and pack up the sun but we will continue, even with tears, together.

VALE Dr Jennifer McArthur

28th May 1956 - 19th October 2018



Northern Territory (NT)

2018 has been a memorable and momentous year in HEIA (NT). We began the year, much like any other year, planning our activities, and acquitting grants. However, a defining moment that will affect us for some time to come was the unexpected death of our treasurer, Antony Vanderwey. This shocked and saddened us all but his spirit lives on in our organisation.

Our big event for 2018 was the Bali Symposium. After almost 18 months of planning, 11 members of HEIA (NT) embarked on a journey to Pondok Cocoa Learning Retreat in Kedetewan, near Ubud, Bali for 4 days of intense professional learning and



networking. Alongside the profession dialogue was travelling around the beautiful island of Bali, being immersed in the landscape, culture and agriculture; curriculum and cocktails sessions to get our creative juices flowing; an insight into sustainability education; a wonderfully memorable experience at a most exquisite cooking school; a traditional Balinese Blessing



Ceremony; stimulating conversations and lots of eating of delicious Balinese food. It was an engaging and memorable experience, with expenses being heavily subsidised with a grant from PTANT (Professional Teachers' Association of the Northern Territory). This funding allowed members from eight schools across the Territory to attend, which will definitely contribute to the ongoing development of the division. A report on what was achieved can be viewed on-line at <https://sway.office.com/KD09rND5BrwZrbGN?ref=Link>.



Whilst most of the Professional Learning revolved around the Bali Symposium, two other practical workshops were conducted. In late May, a fish filleting workshop was conducted by local Darwin Fish Market expert, Zirko. This was well



attended and participants learnt about the various types of locally caught fish and how best to fillet and cook them. Everyone was very happy with 'the catch' they took home from the day, not to mention the skills and confidence gained in working with fish.

In early November, another local expert, Gayle McQuinn from

Cakes NT guided us through creating and decorating a two-tiered cake using a new product which stands up to our NT climate. Participants each created a fondant



cake and a range of piped flowers to decorate our carefully iced cakes. It was enjoyed by all and gave us a range of skills and knowledge that could be used to create decorated cakes with students in the classroom, no matter the weather.



The HEIA (NT) Facebook page was also launched; thanks to Mek Venes for setting this up. This is a place where members can share resources and ask for

support. This brings us into line with many of the other divisions who also use Facebook as a means of communicating with members.

In November, Vicki Potter won a 2018 Professional Teachers' Association of the NT (PTANT) Award. These awards acknowledge the voluntary contributions individual educators make to the profession through a professional teaching association. As Professional Development officer she has organised regular professional learning activities for teachers around the NT and led the members of HEIA (NT) to experience a broad range of activities that highlight the importance of this ever changing and relevant profession, from using bush food to playing with chocolate. The HEIA (NT) community are very grateful for all the work Vicki has done for us and value all the knowledge and experience she has given us as a community over the past 7 years.



At the end of 2018, our membership stands at thirty one made up from a mixture of school and individual members and includes members from Alice Springs, Katherine, the rural area, Palmerston and Darwin, and from a range of schools – public and private; middle and senior. The Committee of Management is active, meeting eight times a year to plan professional learning and deal with the business of running an incorporated body. There is also a core group of around ten to twelve members who participate in professional learning where possible. The Committee strives to provide professional learning activities that meet the needs of Home Economics teachers in the NT.

The COM consists of Secretary, Natasha Johnston; Treasurer, Ruth Payne; PL Coordinator, Vicki Potter; Council Delegate, Carmel Glasgow; and Public Officer, Jenny Unwin. I would like to thank our hard working Committee of Management for all that they do to continue to promote and provide professional learning to the members of HEIA(NT) and to the Home Economics community in the NT in general.

Penny McIntyre
President HEIA (NT)



Vale Antony Vanderwey

Queensland (Q)

2018 has indeed been a busy year for all HEIA (Q) members, starting with World Home Economics Day celebrations on March 17 at Room with Roses. Our AGM welcomed members on the Committee of Management with myself continuing as President; Rosie Sciacca as both Vice-President and Treasurer, Aileen Lockhart as Secretary and Nicole Hiskins as Minutes Secretary. Rosie also stepped in as HEIA National Delegate for 2018, with Janet Reynolds continuing in her role as Professional Development Coordinator and Newsletter Editor. We welcomed Sarah Brooks and Kirsty Mills to COM. Continuing on the team for 2018 were Kay York who is also our National President and Cheryl Conroy, who retired from her position during the course of 2018. At this point I wish to voice my appreciation for the tireless amount of work done by our Committee of Management throughout 2018.

During our WHED celebrations, 25 people enjoyed a wonderful high tea at Room with Roses in the Brisbane Arcade and acknowledged the success of Bronte Wills, Phoebe Hanau and Lyn McErlean as recipients of the King and Amy O'Malley Trust Scholarship for Queensland. Lyn's acceptance speech on behalf of recipients displayed the passion that Home Economics educators live. Jay Deagon from CQUniversity also presented us with a brief update on what is occurring for the continued development of tertiary courses incorporating the Home Economics subject area. Thank you Jay.

The 2018 HEIA(Q) State Conference '**Home economics, mindful practice and planetary health**' was designed to inspire Home Economics professionals to embrace and proactively promote mindful ideas, attitudes and behaviours that contribute to personal and planetary health. 385 delegates and guest speakers attended the one day conference at the Brisbane Convention and Entertainment Centre, with attendees coming from all states. Congratulations to Kerry Braby, Michelle Harris, Belinda Ingram, Samantha Johnson and Jill Shehab who were presented with the HEIA(Q) 2018 Teacher Excellence Awards. Rosemarie Sciacca was presented with the Dr Janet Reynolds Award for Service to HEIA (Q). I also had the pleasure to welcome our new graduates of 2018 into the Home Economics teaching community.



Sincere thanks is extended to all the presenters for providing breadth and scope for all of our members. The success of the conference would not have been possible without the dedication of the Conference committee. Although we did acknowledge these wonderful people on the day, thanks again to Sue Smith and Janet Reynolds

who co-convened the conference, and to Cheryl Conroy, Michelle Harris, Margaret Duncan, Ngairé Mayo, Lyn McErlean and the team at Expert Events who made the day flow effortlessly. My personal thanks also to all those who although unnamed, assisted in the background and on the day of the conference. Recognition of every person's effort and time is important.



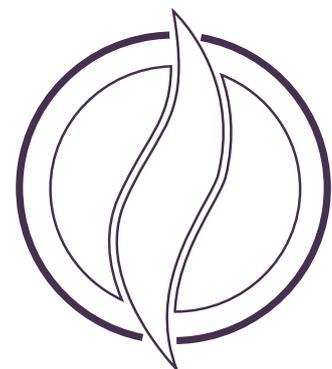
Also in August, Denise McManus organised the Retirees' High Tea held at Keri Craig Emporium. The event was well attended, providing a lovely social catch up occasion. Thank you Denise for your continuing role of connecting people in HEIA (Q).



Congratulations to the Redbank Plains State High School team who entered the McCormick Flavour Forecast Recipe Challenge and won not only the Queensland title but were also the national prize winners as well. These talented young people and their teacher created and refined 3 amazing dishes with judges commenting positively on their efforts. Kay York presented the prizes at a school assembly in November.

With the introduction of the new QCAA Food and Nutrition syllabus, HEIA (Q) has continued its connection with The University of Queensland. Teachers were offered the opportunity to attend a subsidised Food Science Day at their St Lucia campus in November. Sessions included food safety and spoilage, marketing, and a Q&A session presented by QCAA. As an attendee at these workshops I can attest to the high quality of the program and the effort that UQ made to accommodate HEIA (Q) participants. We look forward to a continued association in 2019.

Kirsten McCahon
President HEIA (Q)



South Australia (SA)

2018 has been another successful year for HEIA(SA), with lots of Professional Development opportunities on offer, a chance for members' concerns to be heard and discussed, fresh ideas, links created and plenty of networking. The executive team have worked closely together to meet the changing needs of our members, using our regular meeting times to bounce ideas off of each other, brainstorm and problem solve.

The year began with a workshop on Stage 2 Food & Hospitality and Child Studies Investigations. Over 30 people attended this event, and appreciated the chance to hear some helpful tips on guiding students through the task, as well as brainstorming different ways of structuring the task to suit specific contexts.

Home Economics teachers, past and present, from all over the state came together on March 24th to celebrate World Home Economics Day (WHED) with a lovely High Tea at the Mayfair Hotel in the centre of Adelaide. It was a fantastic opportunity to hear from Dr Cathy Tsoutouras from Ozharvest, who spoke about the important work the organization is doing to distribute food to those in need that would otherwise end up in landfill. We also learnt about the other aspects of the organisation that are perhaps less well known, including the important role they are playing in education. The HEIA(SA) Award for Excellence was awarded to Amanda Johnson, and received on her behalf by Jodi Monro. The King and Amy O'Malley Scholarship was awarded to Brittany Johnson. The Resek Award was presented to Alice Minchin. Congratulations to all of our award winners.



In May, the Council of Education Associations of SA (CEASA) held a ceremony to celebrate Volunteers Week. Narelle Bennett and Samantha Zimmermann were recognized for 10 years of service to HEIA(SA). Congratulations to both Narelle and Samantha for this amazing achievement.

In June we held our major curriculum based workshop for the year, with a focus on Aligning Evidence of Learning with Assessment. HEIA National President, Kay York flew down from QLD for the event to share her expertise in curriculum based issues and assessment. We were also fortunate to hear from our O'Malley scholarship recipient, Brittany Johnson, who shared the findings from her PhD work around supporting parents to reduce the provision of unhealthy foods to children. After a wonderful lunch prepared from the Hospitality students at Regency TAFE, there was then time for attendees to start critically analysing what is



currently happening in their own classrooms and share ideas about how assessment could be improved to align better with the curriculum.

Once again, a big focus for the year was our 'hands on' workshops held at Regency TAFE during the school holidays. Courses included Molecular Gastronomy, Gluten Free Cooking and Coffee Making. Thank you again to Carole Holroyd for facilitating our relationship with TAFE SA – it has been a great opportunity to tap into the resources and expertise available.



A huge thank you to the members of our executive team, including Belinda Zanello and Carole Holroyd, as well as former member Fern Hudson, who were also willing to share



their ideas and activities with our members, during a number of twilight sessions. These sessions created an opportunity for our members to develop a better understanding of the links between Food and Fibres in STEM.

Finally, The HEIA(SA) Facebook page has continued to grow and increase in activity, with regular links to curriculum based information as well as current topics and issues in the field.

Personally, I would like to take this opportunity to thank anyone who has contributed to HEIA(SA) over the last twelve months, but particularly to the members of the executive, who have been so supportive in what has been a fun, busy and challenging year!



Sarah Hockey
President HEIA (SA)

Tasmania (Tas)

In the absence of a President for our Division, I would like to submit this report to identify highlights and issues for HEIA TASMANIA in 2018.

This report encompasses the strength and commitment of our Committee of Management (COM) and members who have assisted us in various roles during 2018.

The 2018 HEIA Calendar of Events outlines opportunities for members to meet casually and/or professionally to engage in a range of activities from curriculum resource sharing to targeted professional learning in Food and Fibre production. Of note in **Term One** was the Northern Study Tour, a regional event in the North/North East organised by Julie Mansfield and Carol Ingram. This included visiting a variety of local industries with a food focus as well as fibre and agricultural production. Several businesses opened their doors to us on Saturday, and we would especially like to thank Jacquie Nicholson for hosting participants at her home, making bees wax wraps for food storage.

Term Two professional learning involved a team approach when HEIA partnered with the Tasmanian Agricultural Education Network, (TAEN) and hosted a specialised Cheesemaking for Senior Students workshop in Hobart during July school holidays. Nine teachers from all corners



of the state attended this professional learning. Graham Redhead, Master Cheesemaker from Brisbane ran the technical aspects of the course whilst Karen Weitnauer and Toni Gray prepared the supporting curriculum materials. (See attached booklet). Karen and Graham spoke on ABC Country Hour radio and the story was also featured in the Sunday Tasmanian and Advocate newspapers. Feedback from this event was collected

using Survey Monkey and one recipient completed a paper evaluation. Australian Teacher Magazine have contacted Karen this week for an interview.

Term Three professional learning at New Town High School was advertised event and poorly attended, yet Vivienne Cox showed an amazing array of fabrics highlighting intricate Japanese stitching techniques. **Also in Term Three**, members visited Eat Wild Tasmanian at Wynyard and enjoyed a fabulous day learning about Tasmanian bush foods at the home of Rees Campbell.



During Term Four the Annual General Meeting and General Meetings are a focus as well as the final Coffee and Conversation to share a Christmas drink.



The numbers engaged in professional learning are diminished this year as we did not run a specific Australian Curriculum Professional Learning workshop. Members of our small COM had overseas holidays planned and were travelling throughout the year. Kellie Adams, newsletter editor, also welcomed baby number 4 to her family. Despite all this, our planning ahead was adequate for members to be appraised of what was advertised and available.

HEIA Council: Amanda Sutton has represented our Division at the National Council meetings throughout the year and we thank her for this investment of time for HEIA TAS. Amanda will describe her councillor duties in a separate report. The major focus for HEIA national is the paper on restructuring HEIA, and as a representative of HEIA Tasmania I attended a "Presidents meeting" on 28 May 2018 in Sydney where the issues, as advantages and challenges were identified for our organisation. Voting will take place soon.

The ongoing future of HEIA TAS Division has to be addressed through action and advocacy to continually alert our small membership of the benefits by belonging to their professional association. A national professional learning program would benefit our division, allowing the COM to focus more on advocacy roles within HEIA Tasmania.

I would particularly like to thank 2018 office bearers in their roles, Julie Creed as Treasurer, Jo Bracken as Secretary, Mary Williams as Minute Secretary/Newsletter Coordinator, and Amanda Sutton as Council Delegate. Without your commitment to HEIA we would not have progressed our program this year.



To Rita Cawley, a long serving member, thank you for the advice you have given our COM in 2018. It is much appreciated. We also thank Kellie Adams for her commitment to the HEIA newsletter and website.

Karen Weitnauer
Vice President HEIA TAS

Victoria (Vic)

The Victorian Committee of Management planned a calendar of events for 2018, starting with a flourish in April with a celebration of Home Economics. This was a combined event of the AGM and with the presentations of the scholarships for the King and Amy O'Malley Victorian Trust. The recipients were Delaram Ansari, Gloria Leung, Ruth Walker. Congratulations! This celebration resulted in a slight changeover in committee members, and the addition of Dr Sandra Fordyce-Voorham, well known as a motivational speaker on food literacy, being elected on to the Victorian Committee. Thank you for joining the team Sandra.

A delightful May mushroom foraging excursion in the Macedon Ranges proved to be fun for those who joined the hunt. Many yummy mushrooms later, a lunch was prepared and shared that showcased the yield.

August saw HEIA (V) host Dr. Catherine Milte in a presentation on how to keep the brain healthy and how to prevent dementia and other brain degenerative diseases. Dr Catherine Milte is a Lecturer at Deakin University in Nutritional Sciences and Course Director for Postgraduate Human Nutrition. Dr Milte's research is primarily focused on understanding dietary behaviours and how these impact on the physical and mental health of our older generations. Her research includes both large scale population studies and intervention projects. A fascinating open discussion followed her presentation, with many questions asked as everyone sought to apply the knowledge to their own lives and families.

September's activity was a hands-on workshop that taught attendees how to recycle ordinary plastic bags into unique designer shopping bags – a very creative exercise.

A planning and interactive workshop day was organised in October for the new VCE Food Studies curriculum, Units 1 and 3. Rhonda McInnes and Sandra Fordyce-Voorham, two of the committee members, looked at the scope of what the VCE units require to be taught, the possible assessment opportunities, learning activities and timelines from these requirements. Moderation and audits were also discussed. Resources used on the day by the presenters were provided in digital form to take home. This initiative was very successful with a large turnout of both experienced and trainee teachers. A number of attendees decided to join HEIA on the day as they could see the benefits of the association, and wanted as much help as possible in planning for their subjects. Teachers came from all over Victoria to attend. A follow up session is planned for March 2019 for Units 2 and 4, due to the demand for assistance this subject area.



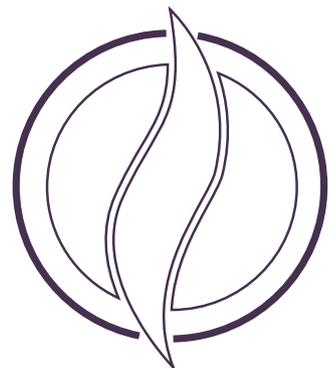
Planning for an April 2019 HEIA 'Taste of Tasmania' tour has been researched and initiated during the second half of 2018, with a full uptake of all the places available before Christmas 2018, and a waiting list created! We look forward to an exciting time in April!

At the National level of HEIA there has been much discussion around a possible unified structure, and Victoria has been receptive to the possible benefits to the Victorian division. Planning and discussion at the committee level has resulted in a positive step forward with a decision to explore fully what this could look like for Victoria. The next step is for the wider membership of Victoria to learn about the benefits of a unified structure and make a decision as to whether we take that step. This will happen during early 2019.

We finished the year with a brunch held at 'Little Things' café and coffee roaster in Blackburn, where the new and exciting range of 'lattes' was taste tested. It was agreed that while some looked amazing and very beautiful, the taste was not so great! Planning for 2019 happened, with some exciting plans being put in place for learning and support of the members in Victoria. I would like to thank those members of the Committee of Management who have worked tirelessly for HEIA, and for their families who supported them in the management of HEIA (V). While the learning curve continues, it is wonderful that more members are becoming involved and are prepared to contribute to HEIA (V) in numerous ways, big and small.

We look forward to another productive year in 2019.

Cheryl Sonter
HEIA (Vic) President



Western Australia (WA)

As I reflect on the past twelve months, I am reminded of the significant time commitment that so many people give to assist the members of the Institute and to each of them, my sincere thanks. At the AGM in March, Sandy Menagh, from Edith Cowan University (ECU) and three student representatives, Maryanne Wakefield, Ann-Marie Frazier and Jasmine Stone were welcomed to the WA Committee of Management (COM).

In Western Australia, HEIAWA is recognised by other teacher associations as a professional group that represents the majority of Home Economics teachers. It has, over many years, earned a reputation for being at the forefront of change by supporting members as they meet the challenges of the constant reforms in education. This year, HEIAWA has continued to build strong partnerships with ECU, the WA School Curriculum and Standards Authority (SCSA), and Prepare Produce Provide (PPP) in order to deliver relevant professional learning to address those changes.

Throughout the year, teachers indicated a need for support to implement the Technologies curriculum for years 7 – 10 and HEIAWA, ECU and SCSA collaborated to provide several workshops to address those needs. Attendees were encouraged to form proximity networking groups and to organise regular meetings for the sharing of ideas and resources. Anecdotal evidence from those groups that have continued to meet, indicates a strong correlation between an increase in confidence that their teaching programmes meet the requirements of the Technologies syllabus and a decrease in concerns about 'getting it right'.



Encouraged by the positive response at the end of 2018 to the half-day seminar for teachers of upper school Children, Family and the Community, HEIAWA offered full-day sessions in November for each of the three tertiary entrance subjects taught in Home Economic. Enrolments exceeded expectations and feedback from surveys after the events indicated that teachers felt that they were better informed and that they had enjoyed the day. They ranked highly the quality of the presenters and appreciated the opportunity to network with colleagues. Thanks

are extended to Jen Wheatley from SCSA, the members of the COM and in particular, our PL coordinator, Jen Rule.





The team at PPP, which is led by Cath McDougall, offered a wide range of food-related PL opportunities with a particular focus on workplace competency for teachers of vocational courses. These sessions were well-attended throughout the year culminating in December with an all-day workshop, which was attended by more than 70 people, including several country teachers and some Home Ec. technicians. This session brought together presenters from the hospitality industry, including high profile chefs, primary producers and local food manufacturers. It really was a ‘paddock to plate’ experience.

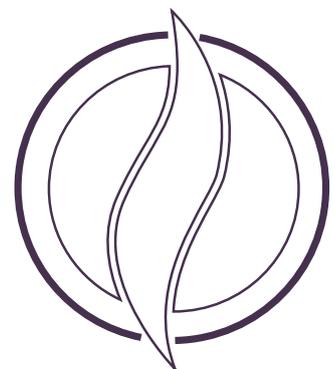
The quality of applicants for the O’Malley Scholarship for 2018 was so outstanding that the panel recommended four scholarships be awarded (three are usually allocated to WA). Congratulations are extended to Rielle Doick, Ann-Marie Frazier, Erin Imatdieva and Jasmine Stone. All students are undergraduate pre-service Home Economics teachers at Edith Cowan University. Guest speaker at the O’Malley Scholarship presentation was Marilyn Yates, who shared with those in attendance the highlights of her career in Home Economics over the past 50 years.



It is always satisfying to publicly acknowledge the contribution of members and in October 2018, the Professional Teaching Council of Western Australia presented an Outstanding Professional Service Award to Lyn Girvan. In 1977, Lyn joined HEIAWA and throughout her long and distinguished teaching career, she has held many leadership positions. In 2009, Lyn became the Convenor of the International Affairs Standing Committee for HEIA, a position she still holds. As convenor, she has represented Australia at IFHE conferences in Kyoto Japan, Lucerne Switzerland, Melbourne Australia and Dajeon South Korea. Congratulations and thank you Lyn for your support of Home Economics.

2018 was another productive year for HEIAWA. Although membership numbers remain buoyant, the challenge to find new people willing to be part of the management group is an ongoing concern. We have a small but dedicated team and to each of them, I extend my sincerest thanks for the contribution they have made to the services we offer our members.

Lyn Dymond
President HEIA (WA)



National and Queensland State McCormick competition winner -
2018

Redbank Plains State High School



Awards and scholarships

Fellowships

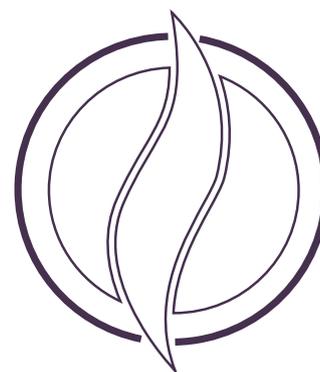
No Fellowship Awards were presented in 2018

Leadership awards

No Leadership Awards were presented in 2018

Service awards

No Service Awards were presented in 2018



King and Amy O'Malley Trust Scholarships

In 2018, the King and Amy O'Malley Trust provided scholarships for 12 students undertaking undergraduate or postgraduate studies in home economics. The recipients were:

New South Wales

Jordan Stanford

Queensland

Bronte Wills

Phoebe Hanau

Lyn McErlean

South Australia

Brittany Johnson

Tasmania

N/A

Victoria

Delaram Ansari

Gloria Leung

Ruth Walker

Western Australia

Rielle Doick

Ann-Marie Frazier

Erin Imatdieva

Jasmine Stone