

Home Economics Institute of Australia Inc.

Annual Report

2017



PO Box 3440, Rhodes, NSW 2138

Tel: 0484 143 795 Email: heia@heia.com.au

www.heia.com.au

Contents

Foreword	3
Council and the divisional presidents	5
Executive reports	8
President's report	8
Treasurer's report	10
Standing committee reports	15
Membership	15
Professional Development	17
Divisional reports	15
Australian Capital Territory (ACT)	19
New South Wales (NSW)	21
Northern Territory (NT)	23
Queensland (Q)	26
South Australia (SA)	30
Tasmania (Tas)	31
Victoria (V)	35
Western Australia (WA)	37
Awards and scholarships	40
King and Amy O'Malley Trust Scholarships	40

Foreword

This year has been a year of challenge and visioning for the future of the Home Economics Institute of Australia (HEIA). A Governance review was commissioned at the beginning of the 2016 drove our direction during 2017. With two Standing Committees operating during the year, plans were in line with the 2017 to 2020 Strategic Plan. As with any organisational change it takes time to work through the processes and directions and take on the new challenges. The year has been one of change as is evidenced in this Annual Report.

This report:

- provides evidence of HEIA's work throughout the year
- identifies initiatives designed to assist members
- demonstrates ways in which HEIA has been recognised as the peak professional body for Australian home economists.

The report has been prepared to serve two purposes. Firstly, by recording HEIA's major activities for the year, members are able to develop a picture of what has happened at national and divisional levels across Australia. Secondly, the Annual Report provides evidence of HEIA's structures and professionalism and is an important document used, for example, when advocating for the profession and when applying to funding authorities for grants to support our work.

Being recognised as an efficient and effective organisation capable of achieving our goals, by both members of HEIA and others in the wider community, is critical to achieving our mission - to enhance the professionalism and political legitimisation of Australian home economists. We welcome your constructive comments about this report and any suggestions you may have to further our work.

I am sure you will enjoy reading the report and will appreciate the achievements of the home economics community.

Kay York
President,
Home Economics Institute of Australia Inc.

The mission of the home economics profession in Australia is to educate, inform and act as an advocate to government, industry and the community for families and households, so that individuals can make informed choices in order to enhance their everyday living.

As the peak professional body for home economics professionals in Australia, the Home Economics Institute of Australia Inc. represents the interests of home economists working in education, industry, community services, public health, consumer affairs, and family and household management. The mission of the Institute is to enhance the professionalism and political legitimation of Australian home economists.

The Institute was established to:

- provide a national focus for home economics and home economists
- promote public recognition of the role of home economists
- set professional standards for the practice of home economics and promote the professional standing of home economists
- encourage and assist home economists with ongoing education and professional development
- encourage, initiate and coordinate research into areas related to home economics
- cooperate and affiliate, at a state, national and international level, with organisations concerned with education and advocacy for families and households in their everyday living.

The mission and focus of the profession are reflected in the Institute's logo. The concentric circles symbolise the family unit within the community and the world as a whole. Through the centre runs the flame of the lamp of learning.



Council and the divisional presidents

The year 2017 began with the following HEIA Council members:

President	Kay York
President-Elect	Vacant
Treasurer and Delegate, HEIA(V)	Cheryl Sonter
Executive Officer and Delegate, HEIA(Qld)	Delia Stecher
Secretary and Delegate, HEIA(NT)	Carmel Glasgow
Delegate, HEIA(NSW)	Susannah Williams
Delegate, HEIA(SA)	Narelle Bennett
Delegate, HEIA(TAS)	Emily Dobson/ Amanda Sutton
Delegate, HEIA(WA)	Marilyn Yates
Delegate, HEIA (ACT)	Parmilla Naidu

At the Annual General Meeting in March 2017, Carmel Glasgow HEIA(NT) was elected Secretary. Delia Stecher took over the role of Executive Member.

The 2017 presidents of the divisions were as follows:

HEIA(ACT)	Janelle Maas
HEIA(NSW)	Jennifer McArthur
HEIA(NT)	Penny McIntyre
HEIA(Q)	Kirsten McCahon
HEIA(SA)	Vacant; Committee of Management
HEIA(Tas)	Vacant; Committee of Management
HEIA(V)	Cheryl Sonter
HEIA(WA)	Lyn Dymond

EXECUTIVE

President
Kay York
HEIA(Q)

Past-President
Peta Craig
HEIA(ACT)

Secretary
Carmel Glasgow
HEIA(NT)

Treasurer
Cheryl Sonter
HEIA(V)

Executive member
Delia Stecher
HEIA(Q)

DELEGATES

Parmilla Naidu
HEIA(ACT)

Susannah Williams
HEIA(NSW)

Delia Stecher
HEIA(Q)

Marilyn Yates
HEIA(WA)

Amanda Sutton
HEIA(Tas)

Narelle Bennett
HEIA(SA)

Cheryl Sonter
HEIA(V)

STANDING COMMITTEES

Professional Development

Marilyn Yates

Membership

Kay York and Parmilla Naidu

Highlights of 2017

January–March

- National Conference 11-13 January at the Rydges Hotel, Exhibition Street Melbourne was an outstanding success
- World Home Economics Day, 21 March. *Home Economics literacy: Empowering for healthy and sustainable lifestyles*
- World Home Economics Day celebrations across the country, including presentation of the 2017 King and Amy O’Malley Trust scholars
- NSW Conference March 2017

April–June

- 2017 HEIA and McCormick Flavour Forecast Recipe Challenge launched
- Wool4School Student Design Competition webinar, 2 May 2017
- Flavour Forecast Recipe Challenge webinar, 15 May 2017.

July–September

- Dr Janet Reynolds inducted into the Associations Forum Hall of Fame for service to HEIA
- HEIA(Q) State conference Home Economics: Actions! Futures! The conference attracted a record number of delegates, 12 August.
- Consultation with ACARA about Initial teacher education and the Australian Curriculum: Technologies
- Responded to Queensland Health Department a report to strengthen efforts to support healthy eating in schools.

October–December

- Representation of HEIA at AAEA (Australian Alliance of Associations in Education) Forum at ACARA participating in a review of the Australian Curriculum and NAPLAN information session.
- Employment of Administration Manager by HEIA
- National Nutrition Week, 11-17 October
- World Food Day, *Changing the future of migration. Invest in food security and rural development.*
- Judging of the 2017 HEIA and McCormick Flavour Forecast Recipe Challenge – St Clare’s College, ACT, announced as the national winner.

Executive reports

President's report

2017 began with The HEIA National conference which was held at Rydges Hotel Exhibition Street, Melbourne. With over 200 delegates attending over the three days of the conference it was a huge success. The delegates reported wonderful opportunities to network with like-minded Home Economists as well as informative and interesting concurrent sessions. Our thanks go to Dr Janet Reynolds and her academic team as well as Marilyn Yates and her Professional Development team and the Host Committee from Melbourne without whom the conference would not have been such a great event.

Council continued to implement the recommendations from the Governance review. As with any organisational change there is a degree of disorder before the changes take place and are embedded. This is reflected in the changes that occurred during 2017 and will continue into 2018. Council decided to go ahead with the redevelopment of the website. The website redevelopment will take about 3 to 4 months so watch this space for updates.

The international theme for the 2017 World Home Economics Day was Home Economics literacy-Empowering for healthy and sustainable lifestyles, which encompasses food, financial, consumer and environmental literacies. The occasion reminded us all that this is a great time to reflect on the importance of home economics literacy.

HEIA continued the monthly digital newsletters and reviewed the content to bring more frequent and timely HEIA and home economics news to members. In between these newsletters members received HEIA digital alerts with more specific HEIA news.

Dr Janet Reynolds was inducted into the Associations Hall of Fame in July. at the Associations Forum conference dinner for her service to HEIA over an extended period of time.

Until October we continued to engage the services of Shanna Sheldrick, from Premier Event Concepts, to undertake the role of HEIA Secretariat. We thank Shanna for the work she has done for us over the last three years and wish her well in her future endeavours. In October we employed the services of an Administration Manager, Kelly Lambropoulos to take on a broader role in the organization as recommended in the governance review. This has proved to be a very worthwhile step in our review process.

Throughout 2017 HEIA continued to support the relationship with McCormick and Wool4schools competitions by presenting learning webinars, which were well-received by members. Recordings of these are available on the website.

It has been a busy year in the Home Economics Institute of Australia Inc with the implementing the recommendations of the Governance review. The operation of our national organisation would not be possible without the dedication of our member volunteers at the national and divisional level and I sincerely thank all members who actively contribute to HEIA.

**Kay York
President, HEIA**

National Conference 2017 – a snapshot



Treasurer's report

I am pleased to present the financial report for 2017. 2017 was an eventful year for HEIA starting with the National Conference in Melbourne. We had a target of 200 paying registrations (we had 176 in Perth) and by the start of the conference we had 209 paying delegates (mix of three-day and one-day). In planning for the budget for the conference we had allowed for an income of \$109,910 for registration, but this reached \$180,652, including an income of \$26,544 from sponsorship. After all the expenses were paid HEIA was left with just over \$17,000 in the Conference account, enabling the initial payment for the 2020 conference to be paid. Many thanks go to Expert Events who managed the Melbourne conference and kept within the budget set by the HEIA organising committee. On the Profit and Loss statement the income generated is only listed as \$10,577 but this was only the income generated within the 2017 year, with the remainder generated in 2016 and thus reflected in the 2016 financial documents. Consequently the financial statements for 2016 look very attractive with a \$64,225 net gain while 2017 appears to be on the loss side by \$67,444.

HEIA investigated, interviewed and then employed an Administration Manager to organise the day to day activities of HEIA. Kelly Lambropoulos brings a wealth of knowledge in membership organisation and is now organising the financial, secretarial and membership management service, thus enabling the members of the National Council to organise the business more efficiently. Many thanks go to Shanna Sheldrick who completed her contract with HEIA part way through the year and initiated the direction taken by HEIA of employing an assistant to manage the activities of the organisation. Obviously there is a cost involved in utilising these services but the organisation cannot grow and manage the various legal obligations without utilising the services of people outside the membership. With the change of Administration Officer HEIA has also changed its site of the storage locker and has completed an audit of the merchandise during this process.

The National Council investigated and then purchased a new accounting system on the recommendation of the auditor. There had been a variety of issues with the previous system, so it was decided to employ an accountant to assist in setting up of this new accounting system. Mitesh Modi has been employed by HEIA to set up 'Quickbooks' and to audit the accounts every quarter for the BAS submission to the ATO. He has transferred all the information from the previous system into this new accounting package, and has put in place all the Australian Tax Office requirements, so that calculating the GST each quarter is a simple process. He has linked all the bank accounts, investment accounts and PayPal into the system, so that HEIA can be assured that all finances are accounted for and correct very easily. As a result of this new system the Balance sheet and Profit and Loss statement will not reflect previous years, as only the 2017 transactions have been recorded in 'Quickbook's. It will also look different to previous years due to the new system. Many thanks go to Mitesh for the hours he has spent in ensuring the financial system is correct, up to date and easy to use for the Treasurer and the Administration Manager. Mitesh will also submit the BAS each quarter. Investment income has remained low, due to the very low investment rates climate, with the highest interest rate being 2.6%, giving a total of \$1378 for the year.

There have been several expenses that were not budgeted for in 2017, but which became necessary as the year progressed. HEIA decided to use a Human Resources company to employ an Administration Officer, thus ensuring a transparent selection of the best candidate for the position. The decision to employ of an accountant to set up the new accounting system and to lodge the BAS statements was another expense but one which allows the organisation to ensure compliance with the relevant financial organisations such as the Australian Tax Office and to comply with the legislation requirements of associations. HEIA National Council also decided to join Associations Forum, with the added benefit of accessing a wealth of experience in managing not-for-profit organisations.

As an organisation we are on track with the budget in terms of capitation, secretariat services and other general expenses even though the bottom line does not reflect this. One large saving has been the decision to discontinue the White Pages listing and the 1800 number, a saving of over \$2000 per year. A mobile phone and a \$30 a month mobile plan has replaced this system, enabling the Administration Officer to utilise the services associated with a mobile service rather than a stationary answering machine. A change in post office box is also underway, to streamline the receiving of postage from a post office box a large distance from the closest member.

Another saving has been in website maintenance due to HEIA committing to a new website for 2018, with the initial payment to the website developer contract being made in 2017. The contractor selected after gaining a number of quotes has assured HEIA that he can supply what is needed for around half the price of many web designers. This new website will enable the financial package to integrate with the membership and merchandising areas of the website, making the administration process a lot smoother and transparent.

Overall it has been an interesting and challenging year with many changes. The decisions to instigate change will result in a more robust and membership centred organisation in the future.

Details of the Balance Sheet and Profit and Loss of the organisation follow.

Cheryl Sonter,
Treasurer.

Dr Janet Reynolds accepting the Associations Hall of Fame Induction from John Peacock.



Home Economics Institute of Australia Inc

Balance Sheet

As of December 31, 2017

	Total
Assets	
Current Assets	
Accounts receivable	
Accounts Receivable (A/R)	5,440.00
Total Accounts receivable	A\$ 5,440.00
CBA Account	24,022.24
CBA Conf Account	17,893.33
Pay Pal Account	642.54
Suncorp Bank 504817362	64.69
Cash Invt Account General Comm bank	40,988.26
Food Safety Matters - Cash Inv Account	51,675.33
Inventory	0.00
Term Deposits	
Beverly Dixon Fund - CBA	9,410.65
Isobel Horne Fund - CBA	58,756.94
Suncorp Bank - Term Deposit	118,578.00
Term Deposit CBA	65,316.19
Total Term Deposits	A\$ 252,061.78
Total Current Assets	A\$ 392,788.17
Total Assets	A\$ 392,788.17
Liabilities and shareholder's equity	
Current liabilities:	
BAS Liabilities Payable	-3,066.80
BAS Suspense	0.00
Total current liabilities	-A\$ 3,066.80
Shareholders' equity:	
Net Income	-50,192.05
Opening balance equity	463,299.72
Retained Earnings	-17,252.70
Total shareholders' equity	A\$ 395,854.97
Total liabilities and equity	A\$ 392,788.17

Wednesday, Feb 14, 2018 03:07:16 PM GMT+11 - Accruals Basis

Home Economics Institute of Australia Inc

Profit and Loss

January - December 2017

	Total
Income	
Conference Registrations	10,577.27
Copyright	9,199.74
Interest on Term Deposits	3,134.68
Membership - EFT	72,327.82
Memberships Fees - Paypal	42,424.55
Merchandise - General	4,816.02
Sales of Product Income	2,016.25
Services	5,690.91
Sponsorship Income	3,000.00
Uncategorised Income	-772.73
Total Income	152,414.51
Cost of Sales	
Cost of sales	-5,999.11
Inventory Shrinkage	0.00
Total Cost of Sales	5,999.11
Gross Profit	158,413.62
Other Income(Loss)	
Interest income	1,378.84
Total Other Income(Loss)	1,378.84
Expenses	
Advertising and marketing	3,726.00
Audit Fees	550.00
Bank charges and fees	127.50
Capitation	60,468.71
Comm Biz Fees	276.79
Computer Expenses	235.35
Conference Attendance Expenses	5,795.69
Conference Expenses	54,952.89
Contractor Expenses (non salary)	3,408.16
Council Meeting Expenses	15,514.81
Gifts and donations	559.50
Insurance	722.68
Meals and entertainment	-318.64
Membership Management Services	25,479.65
Memberships & Subscriptions	10,208.67
Merchandise - Purchase	754.30

Newsletters	4,181.43
Parking Charges	40.91
PayPal Fees	1,448.00
PO Box Rental	173.64
Postage & shipping	5,272.81
Printing, stationery & supplies	7,996.25
Professional Fees	330.00
Purchases	248.18
Recruitment Expenses	3,000.00
Rent and Storage	1,638.18
Repairs and maintenance	37.27
Salary and wages - staff	6,496.69
Shipping, Freight, and Delivery Postage & Handling	41.82
Suspense	3,095.30
Telephone & internet expenses	3,020.78
Travel expenses	1,553.39
Uncategorised Expense	2,991.50
Website Charges	3,209.00
Total Expenses	A\$ 227,237.21
Net Earnings	-A\$ 67,444.75

Wednesday, Feb 14, 2018 03:19:46 PM GMT+11 - Accruals Basis

Accountant:

Mitesh Modi | MM Consultancy

CA SMSF Specialist

A : Suite 14 Level 11 56 Berry Street North Sydney NSW 2060

P : PO Box 6252 North Sydney NSW 2059

T : 02 8960 5702 M : 0405006698

E : mmodi@mmcpl.com.au | W : www.mmcpl.com.au

Standing committee reports

Membership

2017 was a frantic year for Membership. The standing committee investigated ways to give members more benefits. Online membership continued with some issues due to the inability of the website to have a reliable membership platform. This will be rectified with the construction of a new website and its launch during 2018. The changeover from Membership Secretariat to Administration Manager in October presented a few issues with Membership in the transition phase and these are still being worked on into 2018.

The Membership Standing Committee spent time working on a raft of member benefits such as an online community, recognition of membership and member discounts to be rolled out in 2018. The digital newsletter continued to be rolled out over 2017 with a change in platform to Mail Chimp in November. The newsletter has a bold new look and has been well received by members. The new format allows for PDF documents to be linked to the newsletter making it more succinct and interesting for members.

Membership numbers have fluctuated in 2017, ending with 1055 members in December as shown in Table 1 with memberships being renewed online and through the post every day. Numbers have been compared and summarized for the corresponding two year period as evident in Tables 1 and 2. Therefore, from 2017 to 2016 the difference is 273. Rolling membership is now being used for members meaning that members have a 12 month renewal date from the date they join.

Table 1: Membership summary December 2017

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate		2		1				3	6	0.56%
Full	2	11	7	81	36	17	11	55	220	20.9%
NIPE	1	5		12	3	5	2	4	32	3%
Overseas	1			1					2	0.18%
SMCP (contact person)	3	6	3	91	25	6	6	30	170	16.1%
SMNCP (non-contact person)	10	23	10	309	91	16	26	101	586	55.5%
Student (with journal)		1		6	4	1	7	8	27	2.5%
Student (no journal)				5	1			6	12	1.1%
TOTAL	17	48	20	506	160	45	52	207	1055	

Table 2: Membership summary December 2016

Membership Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Total	%
Associate		1		3	1			2	7	0.53%
Full	3	16	7	110	58	16	20	77	307	23.12%
NIPE	4	13	1	20	2	8	7	12	67	5.05%
Overseas							1		1	0.08%
SMCP (contact person)	3	11	4	99	39	8	6	35	205	15.44%
SMNCP (non-contact person)	14	37	13	328	139	25	22	124	702	52.86%
STWJ (with journal)				12	3	2	1	9	27	2.03%
STNJ (no journal)		1		4	4			3	12	0.90%
TOTAL	24	79	25	576	246	59	57	262	1328	

Kay York and Parmilla Naidu

Membership Standing Committee

NESLI Scholarships were awarded at the National Conference in January with Amanda Sutton (centre) being awarded a full scholarship and Kay York, Carla Wood, Leanne Compton and Stacey Rogers being awarded partial scholarships. Indji Hayrebet and Christine Prakash scholarships were announced at the conference.



Professional Development

Given that the PDSC has increased responsibilities as it is now one of only two standing committees, the Professional Development Standing Committee (PDSC) commenced 2017 planning with the goal of meeting members' needs. The 2017-20 HEIA Strategic Plan reflects the prioritising of the recommendations of the review of the governance of HEIA. The PDSC is required to address the following specific strategies identified in the HEIA strategic plan: Present an HEIA National conference; Deliver a webinar program; Promote the use of digital technologies; Collaborate with divisions in the design, implementation and evaluation of professional learning activities; Produce the HEIA journal; Research the need for the development of specific home economics resources; Investigate possible marketing strategies to promote HEIA; Promote existing marketing areas and strategies for IFHE.

During 2017, to address the specific strategies listed above, the PDSC developed the draft 2017-2020 PDSC Management plan aligned to the HEIA strategic plan. For each strategy, specific tasks were identified including how the committee, subcommittee or task groups would complete the tasks. In December 2017, the PDSC advertised in the HEIA News seeking volunteers to undertake task group leader roles and for the position of convenor of the journal subcommittee.

In summary, 2017 involved planning for the implementation of the PDSC's increased role, however, the presentation of a national conference, the delivery of a webinar program and the promotion of digital technologies continued as in 2016.

Present an HEIA National conference

2017 Conference

Conference production has been a primary responsibility of the PDSC following the first conference held in Perth WA in 1995. As reported in the HEIA 2016 Annual Report the planning and presentation of the HEIA 2017 conference was managed by a steering committee comprising Dr Jan Reynolds HEIA(Q) convenor of the academic program committee, Cheryl Sonter HEIA(V) convenor of the Victorian host/social committee, Karen Weitnauer HEIA(Tas) and Marilyn Yates HEIA(WA) convenor of the PDSC. The academic program committee also included Leanne Compton HEIA(V), Renae Knight HEIA(V), Miriam McDonald HEIA(NT), and Dr Donna Pendergast HEIA(Q). The HEIA(V) social committee also included HEIA(V) members Marion Brown, Renae Knight, Rhonda McInnes, and Carolyn Paulin.

The PDSC thanks all the volunteers including those listed above for their commitment to ensuring the success of the 2017 conference.

By any measure, the three-day 2017 conference, held 11-13 January at the Rydges Hotel, Exhibition Street Melbourne was an outstanding success. Sponsorship exceeded expectations as did the number of registrations, and the response to the SurveyMonkey conference evaluation demonstrated a high level of participant satisfaction. The formal program included six keynote addresses, thirty-one concurrent sessions, six sunrise sessions, five poster presentations and nine site visits offered over the three days. The welcome reception held in the gardens of Bishopscourt, East Melbourne and organised by the Victorian Division, set the positive tone of the conference. A highlight of the conference dinner, held in the Premiership Club Dining Room at the Melbourne Cricket ground, was the announcement of the National Excellence in School Leadership Initiative (NESLI) scholarships. The social program included seven restaurant dine -around options and a range of optional pre- and post-conference tours.

2020 Conference

During 2017, HEIA Council confirmed that the 2020 HEIA three-day national conference, will be held in Brisbane from Monday 28 to Wednesday 30 September 2020. Council also confirmed that the Professional Conference Organiser (PCO) Expert Events will manage the conference.

Deliver a webinar program

The PDSC sincerely thanks Leanne Compton (HEIA V) who managed the webinar program, along with the presenters and teachers from McCormick Flavour Forecast and Wool4School design competition for their commitment to HEIA and the profession.

Webinars were presented on two topics in May 2017. One topic provided an overview of the Wool4School design competition and how to implement it into the classroom; this webinar was presented on Tuesday 2 May by Katrina Wheaton-Penniall. On Monday 15 May, another topic focused on the HEIA/ McCormick Flavour Forecast Recipe challenge and provided advice for completing a successful submission.

By presenting webinars at 4.00pm EST and then again at 6.00pm EST, members across Australia could conveniently access the webinars according to times that suited individuals best. A further HEIA and McCormick Flavour Forecast Recipe challenge webinar was held on 29 August 2017.

Promote the use of digital technologies

The January 2017 conference was an excellent opportunity to promote the use of digital technologies in home economics. Long-term HEIA contributor, Leanne Compton, Curriculum Manager P-12 Design and Technologies and Nerida Matthews, Curriculum Manager Health & Physical Education, both with the Victorian Curriculum and Assessment Authority along with Kim Weston, Head of Home Economics and Hospitality, Methodist Ladies' College presented the following concurrent sessions at the conference.

DigPubs-Case studies of using digital technologies in the home economics classroom Leanne Compton and Nerida Matthews.

Be bolder in practical classes-Digital tools for students Kim Weston MLC and Leanne Compton.

Produce the HEIA Journal

The production of the 2017 HEIA journal was once again managed by Dr Jan Reynolds HEIA(Q). Since 1994, when the first four editions of the journal were published, Jan has continuously been the journal editor and produced the HEIA journal. Jan's superlative contribution to HEIA and its members will be recorded in the organisation's history as being exceptional.

In December 2017, the PDSC advertised for an individual to manage, in 2018, the HEIA PDSC Journal subcommittee which will be responsible for the production of the Journal of the Home Economics Institute of Australia.

I thank Cheryl Sonter HEIA(V) and Susannah Williams HEIA(NSW) for their support of the Professional Development Standing Committee in 2017.

Marilyn Yates

Convenor Professional Development Standing Committee

Divisional reports

Australian Capital Territory (ACT)

As the 2017 year drew to a close I began to reflect on the activities of the HEIA ACT with great pride. We have a small membership but we aim for high quality activities which will enhance learning and collaboration among teachers and educators. Our members met regularly throughout the year and had much to say about teaching Gen Z, new innovations and trends and the future direction of HEIA Canberra.

Canberra HEIA celebrated World Home Economics Day with dinner at D'Browes Restaurant in Narrabundah on Tuesday 21st March. Teachers of Food and Textiles gathered together to share stories of teaching, new directions and of course discuss Home Economics and what it means currently in our changing culture. The restaurant dishes had a classic European appeal with generous portion sizes. Osso bucco, seafood pie and pork cutlets were just a few of the tasty dishes we sampled. Prawns, watermelon and feta provided a very light and summery taste to the menu, perfect on a hot night.



World Home Economics Day at D'Browes Restaurant, Narrabundah



Information about truffles – Truffle Festival

As Canberra approached May we experienced one of the coldest starts to winter in 33 years with frosts of -6°C. This is excellent weather for growing of truffles which is a growing industry in the Canberra region. Each year Canberra is home to an annual Truffle Festival which begins in June and runs through to August. Local businesses and several pop up restaurants make use of the truffle season to bring truffles to the public and keen foodies from the local region. The event attracts people from around the world and is growing in size each year. Together with local Chef Paul Butler and great assistance from Monique Nutt a professional learning opportunity was developed to teach HEIA members and friends about

Truffles, and provide some hands on experiences using this versatile fungus in recipes which may be incorporated into a school setting. Our friends and colleagues from St Clare's College Canberra generously allowed the hospitality kitchens to be used as the venue for the event.

After a detailed and informative session about truffles and where they are grown, right here in Canberra, how they are harvested and importantly how much they cost \$\$\$ we got underway with cooking up a storm with truffles. Under guidance from Paul we made, scrambled egg with shaved truffle, brie sandwiched with truffle and drizzled with honey and barramundi, scallops and seasonal vegetables with truffle oil. St Clare's College in Griffith, Canberra were announced as the National Winners of the 2017 Recipe Challenge developed by McCormick Foods and HEIA. They were deserved winners from a wide range of schools across the country. The judges were impressed with the creativity, cooking skills and explanations of what the young students created.

While the criteria was challenging, the Year 9/10 students revelled in the challenge and showed what they could do when confronted with designing dishes with ingredients such as

Baharat Seasoning, Skhug Sauce, Sweet Pepper Syrup and incorporating culinary techniques such as smoking egg yolks. Now in its fifth year, the Challenge presented Year 9 and Year 10 Home Economics students with the opportunity to explore the McCormick® Flavour Forecast® 2017 Report in detail. The report is developed by home economists, sensory scientists, chefs and food experts from across the world and is a combination of emerging trends and flavours that offer a taste of what's predicted to be on the global menu.

The McCormick signature Flavour Forecast report is a global initiative, however, Australia is proud to be the first country taking the trends and flavours into the classrooms. McCormick has been inspired and impressed to see how the students have adapted the 2017 flavours to create their own original dishes with added ingredients of their choice. Students were also required to address the added constraints related to budget and health.

The students' written responses revealed that many of them had not heard of some of the ingredients, let alone tasted them. Totally fearless, students experimented with ideas and flavour combinations that produced amazing meals.

The HEIA judging panel felt the students excelled and exceeded all expectations for their age group. It was inspirational to see how young Year 9/10 Food Technology students used curriculum design processes to come up with innovative use of the set ingredients. Students used active reflection and evaluation at each stage of the process and acted on these to amend their recipe and presentation to come up with stunning results. For each team to do this for three different recipes was amazing.

Congratulations to staff and students from St Clare's College!

**Janelle Maas
President, HEIA(ACT)**



Scrambled egg with shaved truffle

New South Wales (NSW)

Where have the last four years gone? It feels like I only accepted office moments ago and yet my diary contains entries since 2013 directly related to this position. I would like to feel that I have met your expectations and increased the worth of our Association in both education and community forums.

I have been extremely fortunate to be the “front person” for a dedicated team of home economists, often receiving the praise for achievements that their hard work made possible. This was especially true during 2016 when I had an extended period of ill-health. During this time conference planning continued, the excursion to Vaucluse House was enjoyed by members and work with the SALSA team was initiated. My thanks go to all members of the COM but especially Tammie Jakstas who juggled secretarial and presidential responsibilities while completing her Masters in Nutrition and Dietetics.



Dr Jennifer McArthur NSW
President 2013-2017



Kurt Morton

This year we encouraged the participation of one of the 2017 King and Amy O’Malley recipients to nominate for the COM and primarily undertake the role of Minutes Secretary as a means of introducing them to the management of their professional association. In 2017 this role was fulfilled by Kurt Morton. The scholarship recipients for 2018 are Christine Williamson and Patrick Hu. We look forward to them being part of our 2018 Conference where they will be introduced to Home Economists teaching in our secondary schools.

The establishment of co-ordinated celebrations held on World Home Economics Day has been a worthwhile challenge. Events during the day bring members of our profession together to further their understanding of recent research findings, discuss the challenges facing our teachings and to participate in either a Q and A or a workshop session in the afternoon. Registration for the 2017 conference more than doubled the 2016 numbers! Planning for the 2018 conference is currently underway. This time our focus is not food but textile, specifically coding and the new technologies. Accreditation (BOSTES and now NESA) of our events has assisted members achieve their annual professional development / continuing education responsibilities while simultaneously broadening speakers’ understandings of our expertise. Links with like-minded organisations have been established and strengthened. Our profession not only benefits from attending the conference - the conference satchels in 2017, purchased from OzHarvest, provide over 400 meals to Australians in need. In the evening, over dinner, we presented and celebrated awards for scholarship recipients.



Professional Teachers Council Certificate of
Appreciation Presentation to Tammie Jackstas

Acknowledging World Home Economics Day, we will all agree, is important and so too is recognising World Food Day. This day has been established by the United Nations (specifically FAO) to draw attention to world hunger and strategies to provide foods for populations in need. Although we investigated and established a way to include HEIA (NSW) acknowledge this day we were insufficiently prepared to participate in 2017 however 2018 may be the year to start and all interested in recognising this day with school or other community activities should contact our secretary for assistance and further details.



Seafood cooking class

Our AGM was in July ... a little out of sync with our National AGM.... Su Williams commenced her service as NSW President in October 2017 and is already finalising our 2018 conference and professional development events.

**Prepared by Jennifer McArthur for Susannah Williams
President, HEIA(NSW)**

Many hands make light work and with this in mind I have tried to encourage more members to be involved with all things food, nutrition and textile so that members can be members of a groups developing their leadership skills rather than having single members bearing the burden of conference planning, celebrating events or representing HEIA (NSW) in other organisations. Our Network Map shows the many areas that have HEIA representation. The COM has proposed the development of 3 new subcommittees to provide the opportunity for interested members to do a little research, practice their organisational skills and demonstrate their leadership potential. Membership of subcommittees and working parties is an excellent way to develop and showcase your professional skills and make a difference.

The end of year as usual was celebrated by members and their guests over lunch. This year it was a Peruvian Restaurant in the inner city.

The meal and company were wonderful and so too the Pisco Sours that were enjoyed by several.



Susannah Williams

Northern Territory (NT)

HEIA (NT) increased its membership from 26 to 28 members in 2017. We ran four professional learning activities throughout the year catering for Home Economics teachers from Alice Springs, Wadeye, Katherine, Humpty Doo, Palmerston and Darwin.

In 2017, HEIA (NT) received two grants from PTANT to support us in providing professional development to Home Economics teachers in the Northern Territory. We received a \$1500 Governance Grant and a \$10 000 Professional Learning Grant.

The 2017 PTANT Governance Grant was used by HEIA (NT) to support remote members, Conor Fennell from Wadeye, and Evelyn Gaces and Vicky Howie from Alice Springs to attend the AGM. Also in attendance was Adrienne McMahon from Katherine. The occasion was also used to celebrate World Home Economics Day and for conference delegates to provide feedback and share learning from the HEIA National Conference with members.

Jenny Unwin shared her experiences from an on-site visit to a Greek garden in the Melbourne suburb of Hampton. We learnt that ‘there is no such thing as a Greek salad’ per se. Salads are a huge part of the Greek diet, mixed with a fork and spoon and good olive oil.

Natasha Johnston gave a very interesting presentation about the science of taste with some interesting experiments involving jellybeans, chocolate and salt that we can all try with students to surprise and delight them.

Conor Fennel gave us an in depth look at Charcoal Lane, a Mission Australia social enterprise restaurant that provides guidance and opportunity to young people, many of whom are aboriginal and in need of a fresh start in life. This high quality, family and community focused restaurant is inspiring people and changing lives.

Carmel Glasgow shared her major ‘take-aways’ from the conference. An app called ‘Wonder Weeks’ that is really helping young, inexperienced parents, navigate the minefield of the first weeks and months of parenting. She also gave us an overview of new VCE Food Studies course available resources and how we can use them here in the NT.

Penny McIntyre shared some interesting insights into the role of mushrooms in bone health. As a rich food source of vitamin D, mushrooms play an important role, but perform the magic of putting mushrooms in the sun for 15 minutes and the vitamin D content will increase to provide 100% of the daily needs. In addition, Penny prepared an in-depth presentation on the VCE Digi pubs resources. These show the various possibilities for using digital technologies in the Home Economics classroom.

Carolyn Knutsen wrote an overview of the whole conference program with web links which people could follow to get further information.



Natasha Johnston – the science of taste

Unfortunately, not all members could make it to the day. However, so they don't miss out, all of the presentations and notes from the day have been made available to members through a shared folder on the NT Schools One Drive system.

Our second major professional learning activity for the year was the Festival of Teaching where we contributed two workshops, both of which were attended by teachers outside of our organisation and from both remote and urban schools. Once again, Conor Fennell shared some of his expertise, this time in behaviour management, presenting CoachEd! The essential skills for classroom management. Conor is one of the few trained presenters in this approach so we are very fortunate to have him share his expertise with us. This approach enables teachers to effectively manage their classrooms, develop positive student behaviours, and encourage supportive relationships between teachers and students.

Indigenous Food Culture is all about. Zach demonstrated preparation and cooking of a number of different native foods whilst giving teachers the backstory of where that food fits into indigenous culture. Zach's aim is to give teachers strategies that will help them to better relate to their indigenous students and enlighten their non-indigenous students through indigenous food culture in the classroom.

Our next professional learning activity for the year was once again food based. One of our members, Sevi, a food and hospitality teacher at Darwin High School was joined and supported by her mother to share with us popular Greek mezede's (entree style tapas dishes) appropriate for teaching students within the constraints of the classroom. Cooking demonstrations and hands on practical experiences were provided. Main food demonstrations featured:

- Steamed vine leaf parcels filled with rice/meat and rice/veg
- Zucchini and cheese croquettes
- Greek fried calamari
- Bougatses - Semolina custard pastries

The workshop was attended by 10 participants – members and non-members. The responses were very positive and have given us many ideas for future professional development activities that we could run to enhance and develop the skills of our members and attract new members.

Participants at the Greek cookery class enjoying the fruits of their labour – a Greek mini feast.



Sevi and Ria shared Greek secrets at the Greek cookery class



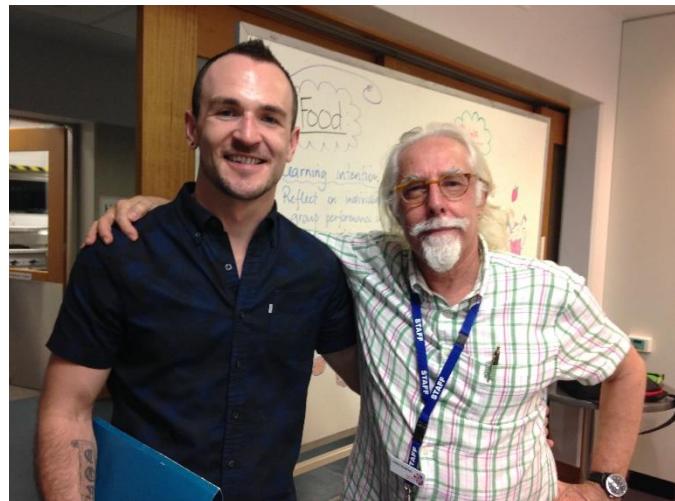
Our final professional learning activity for the year was a presentation by Karen Sheldon Catering (KSC). This presentation was most surprising because, whilst we knew that Karen Sheldon Catering was engaged in training young indigenous chefs, we had no idea of the extent to which her deeply held values and beliefs in indigenous self-determination and sustainable on-country employment drives their work. KSC is continuing to work with the University of Queensland to develop products that can provide employment on country for indigenous people through sourcing the native ingredients required for their production. The road is long, hard, expensive and beset with a myriad of roadblocks, but they have a deep conviction that this is what they are meant to do. Combining this with a successful business is a challenge and Karen and her business partner were very inspirational in sharing their journey with us.

As the year drew to an end, we firmed up a commitment to a very exciting professional learning activity for 2018. The HEIA (NT) Committee of Management endorsed a proposal to hold a 4 day symposium in the first week of the October break in 2018 at Pondok Cocoa Learning Retreat, Kedewatan, Ubud. The symposium will provide an invaluable networking opportunity for working with colleagues and engaging in a range of culturally relevant activities. We applied to PTANT for a variation to our application for professional learning to include payment of our accommodation to secure our dates for the symposium. As 2018 unfolds, the planning for this will get underway.

As president, I would like to thank the hard working committee: Secretary, Natasha Johnston; Treasurer, Antony Vanderwey; Professional Development Officer, Vicki Potter; Council Delegate, Carmel Glasgow; Public Officer, Jenny Unwin; and Council Delegate Elect, Conor Fennell.

Our other presenter was Zach Green, an indigenous chef who is championing the celebration of indigenous culture through food. Zach invited participants to “Come and learn the stories of one thousand generations” Zach showed us how to incorporate native foods into everyday cuisine in a way that celebrates indigenous cultures and gets to the heart of what For a small organisation, I believe we do well in providing professional learning opportunities for Home Economics teachers in the NT and look forward to continuing to improve this next year.

Penny McIntyre
President, HEIA(NT)



Conor and Antony – sharing Conference knowledge

Queensland (Q)

The Queensland division has indeed had a busy year of for all members, starting with WHED celebrations on March 18 at the Queensland club. Our AGM welcomed members on the COM with myself being elected as president; Rosie Sciacca as both Vice-President and Treasurer, and Aileen Lockhart as Secretary. Delia Stecher was elected as HEIA Delegate with Janet Reynolds continuing in her role as Conference, Professional development coordinator and Newsletter editor. We welcomed Cheryl Conroy back to COM, as well as new members Nicole Hiskins and Amanda Robertson.

Continuing on the team for 2017 are Belinda Ingram, Tiarni Twyford, and Tessa Lund. I wish to voice my appreciation for the hard work done by our committee of management in 2016.

Further, I would like to acknowledge and thank Kaitlyn Follett, Jo Andrews and Kylie Ackroyd for their dedication as they step down from the COM.

Finally, Kay York stepped down as Queensland president and continued in her role as National president. Her diligence and determined efforts in forming links with QCAA, CQU and promoting HEIA(Q) have been of great benefit to us as a profession. Thank you Kay on behalf of all HEIA Queensland members. We look forward to working with you as a member of COM Queensland.

During our WHED celebrations 35 people enjoyed a wonderful high tea and acknowledged the success of Kylie Ackroyd, Cheyanne Conroy, Millie Moss, Amanda Robertson, and Bronte Wills as recipients of the King & Amy O'Malley Trust Scholarship for Queensland. Bronte's acceptance speech on behalf of recipients was a truly inspiring reminder of what Home Economics is as a profession.



HEIA(Q) Committee of Management.

Below – O’Malley Scholars with Dr Jay Deagon and Rosie Sciacca



In 2017, HEIAQ was asked to present for a second year, a display of student textile work at the IntoCraft Live Exhibition held at the Brisbane Convention Centre in March. The display featured work from seven schools who volunteered products created by their students, demonstrating the diversity of textiles programs across schools in Queensland. Thanks go to Jill Shehab and the many people who volunteered to set up and man the display over the days of the exhibit.

Intocraft display

Our professional development program for 2017 was “Action! Futures! – Let’s work together”, and consisted of Brisbane and Regional workshops for Food Science in the senior school by Paula Star; Refashioning with Jane Milburn; Aligning assessment with Kay York; and New senior syllabi including Design & Food and nutrition by Penny Braithwaite. Feedback from those who attended, rated all workshops as interesting and engaging with plenty to take away and apply at a school level. Thanks to our ten regional coordinators who without your time and commitment we would not be able to deliver sessions across our state.



This theme carried onto the annual conference in August with record number of 396 delegates and speakers attending the 1-day conference at Southbank, with attendees coming from all states. Congratulations to Helen Willmett and Kay York who were presented with Excellence in

Teaching awards. Sue Smith was presented with the Dr Janet Reynolds award for her ongoing commitment to HEIAQ. I also had the pleasure to welcome our new graduates of 2017 into to the Home Economics teaching community. Our opening keynote speaker Dr Gie Liam spoke about food psychology, sensory marketing and its impact on children’s food choices. Later Jane Caro focussed on women, education and families in

contemporary Australia. Sincere thanks to all the presenters for providing breadth and scope for all of our members. The Conference committee devoted an enormous amount of time and talent to making this event the enormous success that was reflected, in the very positive feedback collected after the conference. So thanks again Janet Reynolds, Cheryl Conroy, Lyn McErlean, Sue Smith, and Naigre Mayo .



Sue Smith - awarded the Dr Janet Reynolds Award



Retirees' High Tea at Keri Craig Emporium

In August, Denise McManus organised the Retirees' High Tea held at Keri Craig Emporium which was well attended, providing a lovely social catch up occasion. Thanks Dennis for your continuing role of connecting people in HEIAQ.

World food day was acknowledged on 16th October with a walk along the Brisbane River through the historic Teneriffe / Newstead area. Visits to a Chocolatier, gelataria and Brewery gave participants an insightful look at the "niche" food market in Brisbane. Tessa Lund did a tremendous job of organising this day, thanks Tessa.

Practical Day out in November investigated the chemical and physical properties of food with teachers from Brisbane and surrounding areas working together with chefs Reg Morgan and Damian Tiedeman to reformulate baked products to be lower in fat and sugar. Other techniques investigated included pickling, confit salmon, Aquafaba foam and the clever use of nutritious foods for dessert preparation. Thanks to Tessa Lund and Belinda Ingram for organising such a successful day.



Practical Day out

It is not often that I have the opportunity to interact with talented students outside of my own school, but was honoured to present the McCormick Flavour Forecast Recipe Challenge to the winning Queensland team at Morton Bay College. These lovely young women and their teacher created and refined 3 amazing dishes with judges commenting positively on their variety of flavours and textures across their submission.

With the upcoming introduction of the new QCAA Syllabus Food and Nutrition, HEIAQ have formed new links with Universities in Queensland. 140 teachers were offered the

opportunity to attend a Food Science day at the University of Queensland- St Lucia in November. Places filled very quickly for an introduction to UQ courses and a hands on day with Dr Nidhi Bansal's session on food – product development and formulation with satay sauce. The second session with Professor Melissa Fitzgerald demonstrated the physical and chemical effects of different flours and leavening agents on sensory properties of bread. As an attendee at these workshops I can attest to the high quality of the program and effort that UQ made to accommodate HEIAQ participants, we look forward to a continued association in 2018.

HEIAQ is also in discussions with Queensland University of Technology to create links for teachers of the new Design syllabus. In early 2018 QUT held a 2-day Design Teachers Studio and have also developed an information sharing website linking the university to the school and teaching in an online discussion forum. The 2 days were really well received by attendees and helped to solidify the direction and techniques of Design. I hope that more Home Economics teachers have the availability to attend a similar event during the year.



UQ Food Science Day

Finally, I extend my appreciation to all HEIA members in Queensland who give us direction and support our association, as working together and helping each other both unites and strengthens our role as educators.

Kirsten McCahon
President, HEIA(Q)

South Australia (SA)

2017 was a successful year for HEIA(SA), with lots of Professional Development opportunities on offer, a chance for members' concerns to be heard and discussed, fresh ideas, links created and plenty of networking.

The year began with a wonderful celebration of World Home Economics Day (WHED) at 'The Farm' in the beautiful Barossa Valley. It was a fantastic opportunity to listen to the highly regarded Maggie Beer and of the work she is doing to improve food and nutrition standards in aged care facilities. This was also an opportunity to hold a 'special general meeting' to ratify our new constitution. Jean Fulwood was recognised not only for her work on this new constitution but for her long and valuable contribution to the HEIA(SA) executive committee. The King and Amy O'Malley Scholarship was awarded to Taylor Wilmott. The Resek Award was presented to Ruby Page.



Sausage making workshop



A big focus for the year was our 'hands on' workshops held at TAFE SA during the school holidays. Courses included Fermentation and Sour Dough, Chocolate

Tempering, and Sausage Making. It has been a tremendous opportunity to tap into the resources and expertise available at Regency TAFE – thank you to Carole Holroyd for her work in developing this connection.

Sarah Hockey, on behalf of the Committee of Management, HEIA(SA)

Tasmania (Tas)

It is with pleasure that I share with you, the activities of the Tasmania Division of HEIA.

Our division operates as a Committee of Management (COM) and this model has been very successful for a small division as we can share the executive roles and responsibilities. It is also an opportunity to offer roles to new committee members in a supportive manner.

Our membership, 76 as at December 2017 comprises predominately of home economics specialists working in secondary education. The membership is spread throughout three regional areas in Tasmania. The COM is mindful of trying to connect with teachers so meetings and professional learning sessions are held around the state, usually, Launceston, Hobart and the North West Coast.

HEIA TAS offered an exciting range of professional learning opportunities in 2017 focusing on curriculum, special events (Spring Study Tour of Tasmanian East Coast) awards and presentations as well as social gatherings.

Coffee and Conversations are an informal way to get together at the beginning and end of the year. Although the numbers attending are small, it is a social event where teachers can share a few ideas and of course photos of student work! The Southern group met at Zum Café Salamanca Place whilst the Northern group met at the Mud Café on the Tamar River in 2017.



The Spring Study Tour Tasmania



HEIA TAS with O'Malley Scholar
Phoebe Menzie

The first state meeting for the year on 18 March was held at the Royal Botanical Gardens in Hobart. The Annual Award for the King and Amy O'Malley Scholarship was presented to Phoebe Menzie, a talented young undergraduate studying at the University of Tasmania. The theme of World Home Economics Day (WHED) was focused on Home Economics Literacy. Using support material from the IFHE web site, Karen Weitnauer prepared a PowerPoint about empowering healthy and sustainable lifestyles. Members toasted WHED over lunch in the beautiful garden setting.

At this meeting we also recognized Amanda Sutton, as the 2017 recipient of the Ruth Mainsbridge Teacher Recognition Award. Amanda has made a significant contribution to Clarence High by creating a café culture in a high school. Amanda has a vision for her students built around the head, heart and hand framework creating sequential and developmental food studies programs from Year 7-10 culminating in a Year 10 only Hospitality and

Catering Class. The Arts team has established a Green Café Gallery space focusing on a celebration of student excellence through an exhibition called Masterworks, and set up two enterprises – coffee for staff and visitors and a packaged meal program for the elderly and isolated in collaboration with the Clarence Council and nearby neighbourhood houses. Amanda also explained that the Hospitality students run both enterprises as well as preparing for most school functions. It is a remarkable effort and Amanda is a very worthy recipient of the 2017 Teacher Recognition Award.



Professional Learning Day – Planning for Design and Technologies

48 teachers in Hobart at the Department of Education Professional Learning Institute. HEIA TASMANIA once again formed a partnership with the Department of Education to deliver this planning day. Presenters and teachers shared their resources online, using SharePoint and Office 365. We aimed to learn new skills, maximizing effort and sharing drafts as well as limiting paper use. We developed a model for sharing completed resources and met in regional areas in June as follow up to the full day session.

An after-school textile event at St Michael's Collegiate School in July focused on shifting the perceptions of textiles beyond sewing to embrace STEM (Science, Technology, Engineering, Mathematics)/STEAM (Science, Technology, Engineering, Art and Mathematics) as an art form. Julie Brock, HEIA TAS Ruth Mainsbridge Awardee in 2016 is a creative expert and advocate for Design in Textiles. The junior and senior work on display was outstanding, and gave us a fascinating window into collaborative



Amanda Sutton, 2017 recipient – Ruth Mainsbridge Teacher Recognition Award

The major curriculum Professional learning was held in May focusing on the Australian Curriculum: Planning for Design and Technologies. Curriculum Teacher Leader, Melinda Williams, and Principal Education Officer (Secondary) Anthony Crawford and Karen Weitnauer, Senior Project Officer Food and Fibre Production, facilitated a state wide collaborative planning day for



Year 7 Tote Bags – St Michael's Collegiate School

intergenerational sewing projects and using textiles as an artistic response to advocate for world environmental issues such as the Coral Reef Project. This large crocheted art response drapes the main hallway to the school library, impacting on the senses of those who walk beside it.

A weekend Spring Study Tour on the Tasmanian East Coast from Swansea to Bicheno and surrounds was billed as a Food Lovers Tour for September. It did not disappoint! Members brought along friends and we tasted the freshest oysters, local wines, berries and handmade chocolates, culminating in a formal dinner at a local restaurant showcasing seasonal produce from the East Coast region. Visits to local business were pre-arranged and owners were asked to discuss how their business has embraced technology and to identify sustainable practices when running successful small businesses. In all cases, the owners gave their time freely and we even had a visiting French chef cook our formal meal at Artefact restaurant in Swansea!



HEIA TAS AGM Luncheon

In October we held our AGM at Prospect High School in Launceston with a special guest from the University of Tasmanian - Peter Underwood Centre, Ms Marcel Kerrison. Marcel shared the program aims and innovations to increase educational opportunities for children in Tasmania. Improving the educational completion rates for Tasmanian children is a key driver of this program and our involvement as educators is paramount to building upon the engagement begun in the early years of schooling. The Peter Underwood Foundation provides after school and weekend programs building capacity and acceptance within the communities so

that families will encourage their children to complete their highest level of education. Frances Underwood is our proud patron of HEIA Tasmania, and wife of former Governor of Tasmania, the Late Peter Underwood.

On 22 November, I had the pleasure of presenting the State winners of the McCormick Recipe Challenge to The Friends School in Hobart. The Friends School entered four teams in the challenge and one team gained a Highly Commended award, whilst the Year 10 Team was the overall Tasmanian /Victorian winner.

Congratulations to HEIA members/ Food Technology teachers Sue Walker and Jane Smith for this outstanding result. Tasmania has won this



competition three of the five years it has been running, thus speaking volumes of the quality of teaching and learning in our State.

This year we said farewell to Elizabeth (Libby) Donnelly, a staunch advocate for home economics in Australia. Libby was a foundation member of Home Economics Association of Australia (HEAA), the forerunner of HEIA, and a long serving and active member in the Tasmanian Division as well as on HEIA Council, (delegate, member of several Conference Committees and National Newsletter editor). Her passion for teaching and improving the lives of others through education made Libby a most sincere colleague to have. Libby is sadly missed by us all.

Karen Weitnauer (Vice President) on behalf of COM HEIA Tasmania

National McCormick competition winner -

NATIONAL ACT/NSW: St Clare's College, ACT



Modern Med:

Mushroom Tortellini in lemon sauce, served with peas and parmesan chops



Egg Yolks: Poached egg yolks on spiced rump steak with pickled cucumber salad in egg white nest



Rise & Shine: Pap and Akara with Skhug yoghurt Sauce

Victoria (V)

Victoria hosted the National Conference in Melbourne in January 2017. The Victorian committee planned the Welcome to Melbourne reception which was held at Bishopscourt in East Melbourne on the eve of the conference. The committee members also actively researched and visited sites for possible excursions and events, and endeavored to put in place a showcase of Melbourne sights and talent for the attendees of the conference. The conference was a wonderful success and attracted over 220 delegates from around Australia and overseas, and cemented Melbourne as a wonderful place to visit.



The National Conference Host Committee

The committee planned a calendar of events for 2017 to carry on the momentum generated by the National Conference. HEIA(V) started to flourish, with a combination of celebrating of World Home Economics Day and the King and O'Malley Scholarship presentations with the AGM. This event was held at Charcoal Lane in Fitzroy, the Indigenous training restaurant whose chef was showcased at the recent National Conference. This combination draw many more people to the AGM, resulting in double the amount of committee members for 2017. The AGM was followed by a wonderful informative lunch held downstairs in the restaurant, show casing Indigenous ingredients. The recipients for 2017 were Joseph Pham, Jacqui Street, Justin Beckley, Kellie Lohrey.

In term 2 we had a delightful breakfast at The Glass Den at the old Pentridge Prison followed by a tour of the Royal Nut Company and the newly opened store Kitchen Warehouse. The Glass Den showcased a very forward looking menu, the Kitchen Warehouse provided a cheese making demonstration and the Royal Nut Company educated the members on how to store nuts and what to look for when choosing nuts. Most members went home with a stockpile of goodies!

Robert Ford represented the HEIAV at the student scholarship presentations at Deakin University in May. Each year HEIAV supports an undergraduate student at a Victorian University who is studying a Home Economics related course. Zoe Zapantis was the 2017 winner. HEIAV also decided to trial a new initiative and sponsor all 3rd year students undertaking the Home Economics degree at Victoria University with a student membership to HEIA. The purpose is to encourage the use of the Journal in tertiary study, and introduce the students to the benefits of belonging to a professional organization while still establishing contacts within the industry.

In the lead up to the McCormick Flavour Forecast Challenge, HEIAV organised a Professional Development afternoon at McCormick's with the organisers and judges. Each member experienced a professional chef's interpretation of the challenge and a large show bag of the selected herbs and spices to be used in the challenge.

The Prahan Market in July August proved popular also and sold out quickly. Members met at the markets and enjoyed a browse around the various food suppliers, taste testing as they went. Committee members used it as an opportunity to collect contacts and workshop ideas and to network with new members.

Hallam Secondary College hosted HEIAV in October for a sourdough workshop. Wolfgang Kessier took the members through everything they needed to know to start their own sourdough starter culture as well as tips and tricks for getting the best results with sourdough bread making. Everyone left with recipe and a load of sourdough which they had made – heavenly!

The final event of the year was a delightful afternoon tea at The Gables in December, a 100 year old mansion set in beautiful gardens. It gave members the opportunity to sit back, relax, socialise, and start planning for 2018.

I would like to thank those members of the committee who have worked tirelessly for HEIA, and for their families who supported them in the management of HEIA(V). While the learning curve continues, it is wonderful that more members are becoming involved, and are prepared to contribute to the Committee of Management.

We look forward to a productive year in 2018.

Cheryl Sonter
President, HEIA(V)



O'Malley Scholars at The Rialto

Western Australia (WA)

As I reflect on the past twelve months, I am reminded of the significant time commitment that so many people give to assist the members of the Institute and to each of them, my sincere thanks. At the AGM in March, Sandy Menagh, from Edith Cowan University (ECU) and three student representatives, Maryanne Wakefield, Ann-Marie Frazier and Jasmine Stone were welcomed to the WA Committee of Management (COM).

In Western Australia, HEIAWA is recognised by other teacher associations as a professional group that represents the majority of Home Economics teachers. It has, over many years, earned a reputation for being at the forefront of change by supporting members as they meet the challenges of the constant reforms in education. This year, HEIAWA has continued to build strong partnerships with ECU, the WA School Curriculum and Standards Authority, (SCSA) and Prepare Produce Provide (PPP) in order to deliver relevant professional learning to address those changes.

Throughout the year, teachers indicated a need for support to implement the Technologies curriculum for years 7 – 10 and HEIAWA, ECU and SCSA collaborated to provide several workshops to address those needs. Attendees were encouraged to form proximity networking groups and to organise regular meetings for the sharing of ideas and resources. Anecdotal evidence from those groups that have continued to meet, indicates a strong correlation between an increase in confidence that their teaching programmes meet the requirements of the Technologies syllabus and a decrease in concerns about ‘getting it right’.

Encouraged by the positive response at the end of 2016 to the half-day seminar for teachers of upper school Children, Family and the Community, HEIAWA offered full-day sessions in November for each of the three tertiary entrance subjects taught in Home Economic. Enrolments exceeded expectations and feedback from surveys after the events indicated that teachers felt that they were better informed and that they had enjoyed the day. They ranked highly the quality of the presenters and appreciated the opportunity to network with colleagues. Thanks are extended to Jen Wheatley from SCSA, the members of the COM and in particular, our PL coordinator, Jen Rule.

The team at PPP, which is led by Cath McDougall, offered a wide range of food-related PL opportunities with a particular focus on workplace competency for teachers of vocational courses. These sessions were well-attended throughout the year culminating in December with an all-day workshop, which was attended by more than 70 people, including several country teachers and some Home Ec. technicians. This session brought together presenters from the hospitality industry, including high profile chefs, primary producers and local food manufacturers. It really was a ‘paddock to plate’ experience.



Marilyn Yates Award

The quality of applicants for the O'Malley Scholarship for 2017 was so outstanding that the panel recommended four scholarships be awarded (three are usually allocated to WA). Congratulations are extended to Rielle Doick, Ann-Marie Frazier, Erin Imatdieva and Jasmine Stone. All students are undergraduate pre-service Home Economics teachers at Edith Cowan University. Guest speaker at the O'Malley Scholarship presentation was Marilyn Yates, who shared with those in attendance the highlights of her career in Home Economics over the past 50 years.

It is always satisfying to publicly acknowledge the contribution of members and in October 2017, the Professional Teaching Council of Western Australia presented an Outstanding Professional Service Award to Lyn Girvan. In 1977 Lyn joined HEIWA and throughout her long and distinguished teaching career, she has held many leadership positions. In 2009, Lyn became the Convenor of the International Affairs Standing Committee for HEIA, a position she still holds. As convenor, she has represented Australia at IFHE conferences in Kyoto Japan, Lucerne Switzerland, Melbourne Australia and Dajeon South Korea. Congratulations and thank you Lyn for your support of Home Economics.

2017 was another productive year for HEIWA. Although membership numbers remain buoyant, the challenge to find new people willing to be part of the management group is an ongoing concern. We have a small but dedicated team and to each of them, I extend my sincerest thanks for the contribution they have made

Lyn Dymond
President, HEIA(WA)



Awards and scholarships

Fellowships

No Leadership Awards were presented in 2017

Leadership awards

No Leadership Awards were presented in 2017

Service awards

No Leadership Awards were presented in 2017

King and Amy O'Malley Trust Scholarships

In 2016 the King and Amy O'Malley Trust provided scholarships for 18 students undertaking undergraduate or postgraduate studies in home economics. The recipients were:

New South Wales

Christine Williamson

Patrick Hu

Queensland

Kylie Ackroyd

Cheyanne Conroy

Millie Moss

Amanda Robertson

and Bronte Wills

South Australia

Taylor Wilmott

Tasmania

Phoebe Menzie

Victoria

Joseph Pham

Jacqui Street

Justin Beckley

Kellie Lohrey

Western Australia

Rielle Doick

Ann-Marie Frazier

Erin Imatdieva

Jasmine Stone